



1. General information

Course: PSYCHIATRIC AND MENTAL HEALTH NURSING

Type: CORE COURSE

Degree: 389 - UNDERGRADUATE DEGREE PROGRAMME IN NURSING (CU)

Center: 302 - FACULTY OF NURSING OF CUENCA

Year: 3

Main language: Spanish

Use of additional
languages:

Web site:

Code: 15315

ECTS credits: 6

Academic year: 2023-24

Group(s): 30

Duration: C2

Second language: English

English Friendly: Y

Bilingual: N

Lecturer: ESTELA JIMENEZ LOPEZ - Group(s): 30

Building/Office	Department	Phone number	Email	Office hours
Edificio Melchor Cano/Despacho 3.13	ENFERMERÍA, FISIOTERAPIA Y TERAPIA OCUP.	4675	Estela.JimenezLopez@uclm.es	

2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

Not established

4. Degree competences achieved in this course

Course competences

Code	Description
A24	To know the most relevant mental health problems in the different stages of the life cycle, providing comprehensive and effective care in the field of nursing.
B03	To demonstrate a correct oral and written communication.
B04	To demonstrate ethical commitment and professional deontology.
C01	Learning to learn.
C03	To apply critical, logical and creative thinking, demonstrating innovation skills.
C05	To work in a team in a collaborative way and shared responsibility.

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Perform the assessment of the individual with mental health disorders, establish nursing diagnoses and plan nursing care.

Know which are the most relevant mental health problems in the general population and in the different stages of the life cycle.

6. Units / Contents

Unit 1:

7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures	A24	1.44	36	N	-	
Workshops or seminars [ON-SITE]	Combination of methods	A24 B03 B04 C01 C03 C05	0.8	20	Y	N	
Final test [ON-SITE]	Assessment tests	A24 B03 C03	0.16	4	Y	Y	
Writing of reports or projects [OFF-SITE]	Self-study	A24 B03 B04 C01 C03 C05	0.8	20	Y	N	
Study and Exam Preparation [OFF-SITE]	Self-study	A24 B03 C01 C03 C05	2.8	70	N	-	
Total:			6	150			
Total credits of in-class work: 2.4			Total class time hours: 60				
Total credits of out of class work: 3.6			Total hours of out of class work: 90				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Final test	70.00%	100.00%	
Other methods of assessment	30.00%	0.00%	
Total:	100.00%	100.00%	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
Hours	hours
Unit 1 (de 1):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	36
Workshops or seminars [PRESENCIAL][Combination of methods]	20
Final test [PRESENCIAL][Assessment tests]	4
Writing of reports or projects [AUTÓNOMA][Self-study]	20
Study and Exam Preparation [AUTÓNOMA][Self-study]	70
Global activity	
Activities	hours
Class Attendance (theory) [PRESENCIAL][Lectures]	36
Final test [PRESENCIAL][Assessment tests]	4
Study and Exam Preparation [AUTÓNOMA][Self-study]	70
Workshops or seminars [PRESENCIAL][Combination of methods]	20
Writing of reports or projects [AUTÓNOMA][Self-study]	20
Total horas: 150	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
American Psychiatric Association	Guía de consulta de los criterios diagnósticos del DSM-5-TM	Médica Panamericana		978-8491105015	2014	
Jordan Halter, Margaret	Manual de Planes de Cuidados en Enfermería Psiquiátrica. Un enfoque interprofesional.	Elsevier		978-8941134732	2019	
Jordan Halter, Margaret	Foundations of Psychiatric Mental Health Nursing. A clinical approach.	Elsevier		978-1-4557-5358-1	2021	
Fornés Vives, Joana	Enfermería de salud mental y psiquiátrica: valoración y cuidados	Médica Panamericana		978-8491105015	2018	
Megías-Lizancos Francisco/Serrano Parra M Dolores	Enfermería en psiquiatría y salud mental I	Difusión Avances de Enfermería		978-84-947300-8-5	2018	
Megías-Lizancos Francisco/Serrano Parra M Dolores	Enfermería en psiquiatría y salud mental II	Difusión Avances de Enfermería		978-84-947300-9-2	2018	