

**1. General information****Course:** TEACHER TRAINING AND PROFESSIONAL DEVELOPMENT IN PHYSICAL EDUCATION (P.E.)**Code:** 46337**Type:** ELECTIVE**ECTS credits:** 6**Degree:** 393 - UNDERGRADUATE DEGREE IN PRIMARY EDUCATION (CR)**Academic year:** 2023-24**Center:** 102 - FACULTY OF EDUCATION OF CIUDAD REAL**Group(s):** 20**Year:** 4**Duration:** First semester**Main language:** Spanish**Second language:****Use of additional languages:****English Friendly:** Y**Web site:****Bilingual:** N**Lecturer:** FRANCISCA CHAPARRO AGUADO - Group(s): 20

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2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

This subject complements the training of future teachers in the area of Physical Education that they have received through the first and second year subjects, within the Degree. With this third contact in the didactics of Physical Education, we intend that the students do not only dominate the contents of the area of knowledge, but also be able to program and apply them in a critical and reasoned way in the various curricular levels.

Article 93.2 of Organic Law 2/2006 of May 3, on Education, referring to Primary Education Teachers, establishes that 'Primary education will be taught by teachers, who will have competence in all the areas of this level. The teaching of music, physical education, languages foreigners or those other teachings determined by the Government, after consulting the Autonomous Communities, will be taught by teachers with the corresponding specialization or qualification'. On the other hand, the Faculties of Education of the UCLM have accredited a long and fruitful experience in the training of Specialist Teachers in Physical Education, which make it very suitable to continue teaching the studies of mention that, in any case, they once again constitute a type of specialty similar to the previous one. Lastly, it must be pointed out that the demand for these studies is traditionally high, which makes us presume that there should be no problems to cover the places offered.

The subject will train the future teacher of Graduate in Primary Education, to promote and facilitate the learning and skills of Education Physics, of the boys and girls of the educational stage of their own work. For this, the subject has an adequate theoretical framework, and a wide range of practical proposals and seminars, which bring the student closer to the reality of their future teaching work.

Thus, through different types of tasks related to Physical Education, students will have to coherently manage the different elements that distinguishes the curriculum, and they will prepare examples of sessions and work units based on a competency-based methodology. Ultimately, you will experience a large part of the actions that the administration will request of them as future teachers in the development of their professional work.

4. Degree competences achieved in this course**Course competences**

Code	Description
CB02	Apply their knowledge to their job or vocation in a professional manner and show that they have the competences to construct and justify arguments and solve problems within their subject area.
CB03	Be able to gather and process relevant information (usually within their subject area) to give opinions, including reflections on relevant social, scientific or ethical issues.
CG02	Design, plan and evaluate teaching and learning processes, both individually and in collaboration with other teachers and professionals in the centre.
CG04	Design and arrange learning spaces, with consideration of diversity and gender equality, equity and respect for human rights, which constitute the values of citizenship.
CG05	Promote coexistence inside and outside the classroom, solve discipline problems and contribute to the peaceful resolution of conflicts. Boost and value pupils' effort, determination and self-discipline.
CG10	Reflect on classroom practice to allow innovation and improvement of the teaching practice. Acquire habits and skills for autonomous and cooperative learning and promote it among pupils.
CT03	Correct oral and written communication.

5. Objectives or Learning Outcomes**Course learning outcomes****Description**

Know and apply assessment instruments for the different content blocks included in the subject of Physical Education.

Have the capacity to prepare leisure, health or sports programmes as part of extracurricular activities.

Know the different educational planning systems and plan Physical Education didactic programmes.

Know the different methodologies, being able to choose the best methodology taking into account the group of students and their educational centre.

Teach educational values through Physical Education, knowing how to detect situations where there may be a risk of exclusion and propose solutions in order to either prevent or correct them.

Know how to analyse the social context and family background from a Physical Education perspective in any educational centre, training structure or institution.
 Know how to analyse healthy lifestyle possibilities as well as the drawbacks of not following those recommendations.
 Know how to analyze and put into practice the official curriculum of Physical Education for Primary School (6-to-12 year olds).

Additional outcomes

6. Units / Contents

Unit 1: Education for equal opportunities, values and ethic in Physical Education. Treatment of special education needs

Unit 2: Different programming models in Physical Education.

Unit 3: The objectives and competences in Physical Education.

Unit 4: Programming. Special consideration to the development of Unit blocks

Unit 5: Evaluation criteria and their specification

7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures	CB02 CB03 CG02 CG04 CG05 CG10 CT03	1.2	30	Y	N	Presentation of the concepts and procedures that must be learned in the course using the lecture methodology, discussion groups and critical analysis of documents
Class Attendance (practical) [ON-SITE]	Cooperative / Collaborative Learning	CB02 CB03 CG02 CG04 CG05 CG10 CT03	1.12	28	Y	Y	Active participation in the practical classes, where the student will have to show their skill as a teacher, in the correct design and management of a Physical Education class. Recoverable through a job in which you must design the elements indicated above and/or show your competence in terms of teaching and learning processes. The details or requirements of each one (or of this work) will be available in the Virtual Campus.
Writing of reports or projects [OFF-SITE]	Cooperative / Collaborative Learning	CB02 CB03 CG02 CG04 CG05 CG10 CT03	3.6	90	Y	Y	Preparation of a portfolio, of the theoretical works requested, as well as the resolution of cases and problems. The APA 6th Edition regulations will be respected in the preparation of this document. These works will be related to the practical class carried out. It will be necessary to participate actively in the preparation of the works and the presentation of the final product. Recoverable by carrying out a job in which the practices not carried out or carried out in an unsatisfactory manner are completed. The details or requirements of each one (or of this work) will be available in the Virtual Campus.
Final test [ON-SITE]	Assessment tests	CB02 CB03 CG02 CG04 CG05 CG10 CT03	0.08	2	Y	Y	Passing two final tests on the contents taught during the academic period. One of a theoretical nature in which knowledge about the conceptual contents of the syllabus will be assessed and a practical case in which the student must demonstrate their competence in the tasks of programming curricular elements, design of tasks, practical application of measures of inclusivity and evaluation. Recoverable.
Total:			6	150			
Total credits of in-class work: 2.4			Total class time hours: 60				
Total credits of out of class work: 3.6			Total hours of out of class work: 90				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
			Passing two final tests on the contents taught during the

Final test	40.00%	40.00%	academic period. One of a theoretical nature in which knowledge about the conceptual contents of the syllabus will be assessed and a practical case in which the student must demonstrate their competence in the tasks of programming curricular elements, design of tasks, practical application of measures of inclusivity and evaluation. Recoverable.
Projects	10.00%	20.00%	Preparation of a portfolio, of the theoretical works requested, as well as the resolution of cases and problems. The APA 6th Edition regulations will be respected in the preparation of this document. These works will be related to the practical class carried out. It will be necessary to participate actively in the preparation of the works and the presentation of the final product. Recoverable by carrying out a job in which the practices not carried out or carried out in an unsatisfactory manner are completed. The details or requirements of each one (or of this work) will be available in the Virtual Campus.
Assessment of active participation	10.00%	0.00%	Active participation in the practical classes, where the student will have to show their skill as a teacher, in the correct design and management of a Physical Education class. Recoverable through a job in which you must design the elements indicated above and/or show your competence in terms of teaching and learning processes. The details or requirements of each one (or of this work) will be available in the Virtual Campus.
Final test	40.00%	40.00%	Passing two final tests on the contents taught during the academic period. One of a theoretical nature in which knowledge about the conceptual contents of the syllabus will be assessed and a practical case in which the student must demonstrate their competence in the tasks of programming curricular elements, design of tasks, practical application of measures of inclusivity and evaluation. Recoverable.
Total:		100.00%	100.00%

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

Evaluation criteria for the final exam:

Continuous assessment:

The evaluation of the contents will be carried out through a theoretical exam and a practical case (independent tests). To pass the subject you must obtain at least 4 points out of 10 in each one of them to make averages. The subject is passed if the sum of the different sections obtains an average of 5 or higher.

The approved part will be saved for the extraordinary call.

Any modification or adaptation of the guide as a consequence of the evolution of the pandemic will be duly documented.

Plagiarism of assessment tasks/activities will be penalized.

Non-continuous evaluation:

The same as for continuous assessment, taking into account the percentages established in each section.

Specifications for the resit/retake exam:

The grades obtained in the different sections of the ordinary call will be saved only once.

Passed grades will be saved for one academic year.

Any modification or adaptation of the guide as a consequence of the evolution of the pandemic will be duly documented.

Specifications for the second resit / retake exam:

The same as for continuous assessment, taking into account the percentages established in each section.

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
Hours	hours
Final test [PRESENCIAL][Assessment tests]	2
General comments about the planning: This planning can be modified depending on the needs and circumstances that arise and the pace of work of the group-class	
Unit 1 (de 5): Education for equal opportunities, values and ethic in Physical Education. Treatment of special education needs	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	5.6
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	18
Group 20:	
Initial date: 18-09-2023	End date: 29-09-2023
Comment: This planning can be modified depending on the needs and circumstances that arise and the pace of work of the group-class	
Unit 2 (de 5): Different programming models in Physical Education.	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	5.6
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	18
Group 20:	
Initial date: 02-10-2023	End date: 20-10-2023
Unit 3 (de 5): The objectives and competences in Physical Education.	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	6

Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	5.6
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	18
Group 20:	
Initial date: 23-10-2023	End date: 11-11-2023
Unit 4 (de 5): Programming. Special consideration to the development of Unit blocks	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	5.6
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	18
Group 20:	
Initial date: 11-12-2023	End date: 15-12-2023
Unit 5 (de 5): Evaluation criteria and their specification	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	5.6
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	18
Group 20:	
Initial date: 15-12-2023	End date: 21-12-2023
Global activity	
Activities	hours
Final test [PRESENCIAL][Assessment tests]	2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	90
Class Attendance (theory) [PRESENCIAL][Lectures]	30
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	28
Total horas: 150	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
Florence, J.	Tareas significativas en Educación Física	INDE			1991	
Contreras, Jordán, O. R.	Didáctica de la Educación Física desde un enfoque constructivista	INDE			1988	
Zabalza, M.A.	Diseño y Desarrollo Curricular	Narcea			1993	
Bayer, C.	La enseñanza de los juegos colectivos deportivos	Hispano-Europea			1986	
Contreras Jordan, O., Arribas Galarraga, S., Gutiérrez Díaz del Campo, D.	Didáctica de la Educación Física por modelos para educació primaria	Síntesis			2017	
Delgado Noguera, M. A.	Los estilos de enseñanza en la Educación Física. Propuesta para una reforma de la enseñanza	ICE de la Universidad de Granada			1993	
Contreras, Jordán, O. R.	Las competencias básicas desde la Educación Física	INDE			1998	
Siedentop, D.	Aprender a enseñar en Educación Física	INDE			1988	
Blázquez, D. y Amador, F	La iniciación deportiva y el deporte escolar	INDE			1995	
Escartí, A.	Responsabilidad personal y social a través de la Educación Física y el Grao deporte					
Blázquez, D. y Sebastiani, E.M.	Enseñar por competencias en Educación Física				2009	
García López, L.M., Gutiérrez Díaz del Campo, D.	Aprendiendo a enseñar deporte	INDE			2016	