



UNIVERSIDAD DE CASTILLA - LA MANCHA

GUÍA DOCENTE

1. General information

Course: PHYSICAL EDUCATION (P.E.) AS A SCHOOL SUBJECT
Type: CORE COURSE
Degree: 392 - BACHELOR'S DEGREE IN PRIMARY EDUCATION (AB)
Center: 101 - FACULTY OF EDUCATION IN ALBACETE
Year: 2

Code: 46306

ECTS credits: 6

Academic year: 2023-24

Group(s): 17 18 19 15

Duration: C2

Second language: English

English Friendly: N

Bilingual: Y

Main language: Spanish

Use of additional languages:

Web site:

Lecturer: JOSE JAVIER GARCIA SANCHEZ - Group(s): 18 19				
Building/Office	Department	Phone number	Email	Office hours
Facultad de Educación/ Educación Física (1ª planta)	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA		JJavier.Garcia@uclm.es	The information about timing and place of the meetings is included in Virtual Campus and on the Notice Board of the corresponding Department.
Lecturer: PABLO MIGUEL GARVÍ MEDRANO - Group(s): 15				
Building/Office	Department	Phone number	Email	Office hours
Gimnasio Facultad de Educación	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA	96273	Pablo.Garvi@uclm.es	The information about timing and place of the meetings is included in Virtual Campus and on the Notice Board of the corresponding Department.
Lecturer: RAÚL JAÉN JIMÉNEZ - Group(s): 18				
Building/Office	Department	Phone number	Email	Office hours
	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA		Raul.Jaen@uclm.es	
Lecturer: ALBERTO MORCILLO MARTÍNEZ - Group(s): 17				
Building/Office	Department	Phone number	Email	Office hours
	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA		Alberto.Morcillo@uclm.es	

2. Pre-Requisites

No pre-requisites

3. Justification in the curriculum, relation to other subjects and to the profession

This course unit is part of the module "Teaching and learning in physical Education", and aims to complement the future Primary teachers' training on the Physical Education area. Second year students can also find another course, which is "Design and curriculum Development in Physical Education".

With this first contact with the PE didactics, students are expected to understand the pedagogical and social role of Physical Education, and know its contributions to children's development and the educative system. Theoretical and practical lessons are combined in order to get these aims. Students will also experience learnings and practical knowledge through its main contents.

4. Degree competences achieved in this course

Course competences

Code	Description
1.2.5.II.01	Understand the principles that contribute to the social, personal and cultural development in the area of Physical Education.
1.2.5.II.02	Know the Physical Education curriculum in Primary schools.
1.2.5.II.03	Acquire resources to foster participation in lifelong learning music and arts activities in and out of the school
1.2.5.II.04	Design and evaluate curricular contents through suitable teaching resources and promote the corresponding competences among students.
CB02	Apply their knowledge to their job or vocation in a professional manner and show that they have the competences to construct and justify arguments and solve problems within their subject area.
CB03	Be able to gather and process relevant information (usually within their subject area) to give opinions, including reflections on relevant social, scientific or ethical issues.
CB04	Transmit information, ideas, problems and solutions for both specialist and non-specialist audiences.
CG10	Reflect on classroom practice to allow innovation and improvement of the teaching practice. Acquire habits and skills for autonomous and cooperative learning and promote it among pupils.
CG13	Promote respect for constitutional rights and equality between men and women.
CG15	Promote the values of a culture of peace and democratic values.
CT02	Master information and communication technology (ICT).
CT03	Correct oral and written communication.

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Identify and understand the scope of knowledge and the contribution of Physical Education to the social and educational aims of schools.

Compare and critically analyse texts on the role of the body and physical activity in different historical moments.

Have knowledge of and do activities related to one's image and body perception, the components of body health, basic skills, sports initiation and body expression.

Master concepts of the role of Physical Education in a comprehensive education allowing their inclusion in the curricular design of the centre. Critically assess curricular designs of first level individually.

6. Units / Contents

Unit 1: Purpose and knowledge of Physical Education.

Unit 2: Image and perception. Basic skills and abilities.

Unit 3: Health-related Exercise.

Unit 4: Games Teaching.

Unit 5: Body Language and Drama.

7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (practical) [ON-SITE]	Assessment tests	CB02 CB03 CB04	0.4	10	Y	Y	
Class Attendance (practical) [ON-SITE]	Practical or hands-on activities	1.2.5.II.01 1.2.5.II.02 1.2.5.II.03 1.2.5.II.04 CB02 CB03 CB04 CG10 CT02 CT03 CT04	1	25	Y	N	Practice in the gym and analysis of practice, linking with theory.
Writing of reports or projects [OFF-SITE]	Guided or supervised work	1.2.5.II.01 1.2.5.II.02 CT02 CT03 CT04	1	25	Y	Y	Critical analysis of your Physical Education experience comparing to the material presented in the course unit
Class Attendance (theory) [ON-SITE]	Lectures	1.2.5.II.01 1.2.5.II.02 1.2.5.II.03 1.2.5.II.04 CB04 CG10 CG13 CT02 CT03	1	25	Y	N	Introduction of theoretical concepts and its link with practice
Study and Exam Preparation [OFF-SITE]	Self-study	1.2.5.II.01 1.2.5.II.02 CG13 CG15 CT02 CT04	1.76	44	Y	N	Studying theory
Individual tutoring sessions [ON-SITE]	Guided or supervised work	1.2.5.II.02 CB02 CB03 CG10 CT02 CT03 CT04	0.12	3	Y	N	Case studies derived from theory and practice
Final test [ON-SITE]	Assessment tests	1.2.5.II.01 1.2.5.II.02 CB03 CG13 CG15 CT03 CT04	0.08	2	Y	Y	Written exam to assess conceptual learning
Analysis of articles and reviews [OFF-SITE]	Reading and Analysis of Reviews and Articles	1.2.5.II.01 1.2.5.II.02 1.2.5.II.03 1.2.5.II.04 CT02 CT03	0.5	12.5	Y	N	Core readings that complement theoretical and practical lessons
Individual tutoring sessions [ON-SITE]	Reading and Analysis of Reviews and Articles	1.2.5.II.02 1.2.5.II.03 CB02 CB04 CG10 CG13 CG15 CT03 CT04	0.14	3.5	Y	N	Time allocated to the guide for the elaboration of the practices to be carried out in the gym and the portfolio.
Total:			6	150			
Total credits of in-class work: 2.74							Total class time hours: 68.5
Total credits of out of class work: 3.26							Total hours of out of class work: 81.5

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Final test	40.00%	60.00%	This will be multiple choice exam about the theoretical and practical contents taught in the subject. Compulsory and recoverable activity.
Assessment of active participation	10.00%	10.00%	Students will hand-in a report after each practice, where it checks the learning outcomes during this practice. This report will content the activities and the reflections and conclusions after what you have experienced during this practice. It will be necessary to attend at least 80% of the practical lessons to be assessed in this part. Non recoverable activity.
Assessment of problem solving and/or case studies	20.00%	10.00%	Write a 700-word critical appraisal of your personal learning experiences (or a particular experience) in relation to one topic chosen by the professor. You should make comparisons between your experiences and the material

			presented in module lectures and core readings. Compulsory and recoverable activity.
Portfolio assessment	10.00%	10.00%	Each topic has associated one activity and reading paper linked to the practical lesson, which have to be included on this part. It will be necessary to attend at least 80% of the practical lessons to be assessed in this part. Non recoverable activity.
Oral presentations assessment	20.00%	10.00%	
Total:	100.00%	100.00%	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

Evaluation criteria for the final exam:

Continuous assessment:

To pass this subject, the student will have to pass the final test, as well as the Critical analysis.

1. Multiple choice test linked to the theory and practice content of the subject. To pass this final exam you will need at least a 4, in a 0-10 point exam. Compulsory and recoverable activity.

2.- Practices assessment: It will be necessary to attend at least 80% of the practical lessons to be assessed in this tasks. Non recoverable activity.

3.-Critical analysis: It will be necessary to pass with 4 points, in a 0-10 point system. Compulsory and recoverable activity.

4.- Portfolio. It will be necessary to attend at least 80% of the practical lessons to be assessed in this tasks.

This Portfolio has to do with the active participation in the practical lessons, as well as register information that can be extracted from it. Non recoverable activity.

* If a fraudulent practice is detected in the evaluation test carried out by a student, the exam will result into failure, with a final grade of zero (0) in the corresponding subject.

The detection by the teacher that an assignment, essay or similar test has not been prepared by the student will result in a numerical grade of zero (0) both in the tests and in the subject in which it has been detected, regardless of the rest of the grades obtained by the student.

(See Article 8 of the UCLM Student Assessment Regulations).

Non-continuous evaluation:

The students that choose this option or those that don't reach the minimum attendance required to the practical lessons, will have to pass a final test divided into two different types of tests such as a theory exam and a practical case. Each of these tests must have a minimum score of 4 out of 10 to be able to make an average. This final test will account for 60% of the course grade.

The other 40% will be assessed through a critical analysis (20%) adapted to this modality, previously explained by the teacher in a office hour. The student will need at least a 4 in each part to pass this subject. On the other hand, we have the assessment of practical lessons (10%) and portfolio assessment (10%) non recoverable activities in which it is needed to attend at least at 80% of practical lessons.

* If a fraudulent practice is detected in the evaluation test carried out by a student, the exam will result into failure, with a final grade of zero (0) in the corresponding subject.

The detection by the teacher that an assignment, essay or similar test has not been prepared by the student will result in a numerical grade of zero (0) both in the tests and in the subject in which it has been detected, regardless of the rest of the grades obtained by the student.

(See Article 8 of the UCLM Student Assessment Regulations).

Specifications for the resit/retake exam:

Critical analysis hand-in date is the same as the exam (Faculty Calendar established).

Specifications for the second resit / retake exam:

The Faculty and UCLM pre- established.

Critical analysis hand-in date is the same as the exam (Faculty Calendar established).

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
Hours	hours
Unit 1 (de 5): Purpose and knowledge of Physical Education.	
Activities	Hours
Class Attendance (practical) [PRESENCIAL][Assessment tests]	2
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	5
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	5
Class Attendance (theory) [PRESENCIAL][Lectures]	5
Study and Exam Preparation [AUTÓNOMA][Self-study]	8.8
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	.25
Final test [PRESENCIAL][Assessment tests]	.4
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	.5
Individual tutoring sessions [PRESENCIAL][Reading and Analysis of Reviews and Articles]	.75
Unit 2 (de 5): Image and perception. Basic skills and abilities.	
Activities	Hours
Class Attendance (practical) [PRESENCIAL][Assessment tests]	2
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	5
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	5
Class Attendance (theory) [PRESENCIAL][Lectures]	5
Study and Exam Preparation [AUTÓNOMA][Self-study]	8.8
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	.5
Final test [PRESENCIAL][Assessment tests]	.4
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	3
Individual tutoring sessions [PRESENCIAL][Reading and Analysis of Reviews and Articles]	.65
Unit 3 (de 5): Health-related Exercise.	
Activities	Hours

Class Attendance (practical) [PRESENCIAL][Assessment tests]	2
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	5
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	5
Class Attendance (theory) [PRESENCIAL][Lectures]	5
Study and Exam Preparation [AUTÓNOMA][Self-study]	8.8
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	.75
Final test [PRESENCIAL][Assessment tests]	.4
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	3
Individual tutoring sessions [PRESENCIAL][Reading and Analysis of Reviews and Articles]	.75
Unit 4 (de 5): Games Teaching.	
Activities	Hours
Class Attendance (practical) [PRESENCIAL][Assessment tests]	2
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	5
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	5
Class Attendance (theory) [PRESENCIAL][Lectures]	5
Study and Exam Preparation [AUTÓNOMA][Self-study]	8.8
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	.75
Final test [PRESENCIAL][Assessment tests]	.4
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	3
Individual tutoring sessions [PRESENCIAL][Reading and Analysis of Reviews and Articles]	.7
Unit 5 (de 5): Body Language and Drama.	
Activities	Hours
Class Attendance (practical) [PRESENCIAL][Assessment tests]	2
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	5
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	5
Class Attendance (theory) [PRESENCIAL][Lectures]	5
Study and Exam Preparation [AUTÓNOMA][Self-study]	8.8
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	.75
Final test [PRESENCIAL][Assessment tests]	.4
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	3
Individual tutoring sessions [PRESENCIAL][Reading and Analysis of Reviews and Articles]	.65
Global activity	
Activities	hours
Class Attendance (practical) [PRESENCIAL][Assessment tests]	10
Final test [PRESENCIAL][Assessment tests]	2
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	25
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	12.5
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	25
Class Attendance (theory) [PRESENCIAL][Lectures]	25
Study and Exam Preparation [AUTÓNOMA][Self-study]	44
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	3
Individual tutoring sessions [PRESENCIAL][Reading and Analysis of Reviews and Articles]	3.5
Total horas: 150	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
Mitchell, Stephen A.	Teaching sport concepts and skills: a tactical games approach.	Human Kinetics		0-7360-5453-7		
Mitchell, Stephen A.	Sport foundations for elementary physical education.	Human Kinetics		0-7360-5453-7	2003	
Graham, George	Children moving: A reflective approach to teaching physical education	Mc Graw Hill		978-0-07-802259-3	2013	
Graham, George	Teaching children physical education:becoming a master teacher	Human Kinetics		978-0-7360-6210-7	2008	
Siedentop, Daryl	Complete guide to sport education	Human Kinetics		0-7360-4380-2	2004	
Tinning, Richard	Learning to teach physical education	Prentice Hall		0-7248-1197-4	1993	
Hellison, Donald R.	a reflective approach to teaching physical education	Human Kinetics		0-87322-311-X	1991	
Hellison, Donald R.	Goals and strategies for teaching physical education	Human Kinetics		0-931250-74-9	1985	
Metzler, Michael W.	Instructional models for physical education	Holcomb Hathaway		978-1-890871-58-1	2005	
García López, Luis Miguel.	Aprendiendo a enseñar deporte. Modelos de Enseñanza comprensiva y Educación deportiva	Inde		978-84-9729-540-6	2021	
Contreras Jordán, Onofre Ricardo	Didáctica de la educación física: enseñanza de los contenidos desde el constructivismo	Síntesis		978-84-9756-745-9	2011	

