

**1. General information****Course:** COMMUNITY BASED OCCUPATIONAL THERAPY**Code:** 64326**Type:** CORE COURSE**ECTS credits:** 6**Degree:** 382 - UNDERGRADUATE DEGREE IN OCCUPATIONAL THERAPY**Academic year:** 2023-24**Center:** 16 - FACULTY OF SCIENCES OF THE HEALTH OF TALAVERA**Group(s):** 60**Year:** 4**Duration:** First semester**Main language:** Spanish**Second language:** English**Use of additional languages:****English Friendly:** Y**Web site:****Bilingual:** N**Lecturer:** PABLO ANTONIO CANTERO GARLITO - Group(s): 60

Building/Office	Department	Phone number	Email	Office hours
1.12	ENFERMERÍA, FISIOTERAPIA Y TERAPIA OCUP.	926051785	pablo.cantero@uclm.es	Mondays from 16:00 to 19:00 and Wednesdays from 12:00 to 15:00.

**2. Pre-Requisites**

No prerequisites are established but it is recommended to have passed the subjects: "Introduction to Occupational Therapy" and "Occupational Therapy in Mental Health".

**3. Justification in the curriculum, relation to other subjects and to the profession**

Sociocommunitarian Occupational Therapy has gained enormous relevance in recent years given the growing demand for intervention with groups of disadvantaged people with marked occupational dysfunction. In this way, occupational therapists are gradually expanding the areas in which they develop their intervention, their praxis is no longer based only in the institutional field but that work in the community is ceasing to be something strange to become more and more common. Through this subject, it is proposed that the students be able to put into practice the process of Occupational Therapy in the community environment and with groups in a situation of social exclusion or at risk of it. This requires the learning of a series of knowledge, skills and tools that allow the design, implementation and evaluation of effective, efficient and effective interventions. Likewise, the acquisition of attitudes related to intervention at the community level will be of special relevance.

**4. Degree competences achieved in this course****Course competences**

Code	Description
A02	To know the national and international health organizations, as well as the environments and conditioning factors of the different health systems.
A03	Obtain and use epidemiological data and assess trends and risks to inform health decision-making.
A04	Recognise their own limitations and the need to maintain and update their professional competence, with particular emphasis on autonomous learning of new knowledge and skills and on motivation for quality.
A05	To know, critically evaluate and know how to use information sources to obtain, organize, interpret and communicate scientific, health, social and health information, preserving the confidentiality of the data.
B06	Understand the conceptual foundations of the occupational nature of human beings and the performance of their occupations throughout the life cycle.
B07	Understand and recognize the interrelationship between the concepts of well-being, health, meaningful occupation, dignity and participation.
B08	Understand and recognize the importance of contextual factors as determinants of occupational dysfunction.
B09	Recognize health determinants in the population, multiprofessional resources and equipment, and health prevention, maintenance and promotion actions, both at the individual and community levels.
B10	Carry out the assessment and adaptation of the environment to promote participation in meaningful occupations in the different facets of daily life, personal autonomy and quality of life.
C11	Obtain and elaborate, with relevant information, the history of occupational performance throughout the process.
C12	Conduct assessment of occupational functioning appropriate to the needs of individuals and populations.
C13	Determine occupational dysfunctions and needs, define planning and establish Occupational Therapy intervention, utilizing the therapeutic potential of meaningful occupation, through the use of activity, with the consent and participation of individuals and populations.
C14	Conduct occupational assessment, determine planning and establish Occupational Therapy intervention, utilizing the therapeutic potential of the meaningful occupation, through the use of the activity, with the consent and participation of individuals and populations.
C15	Know, select and apply appropriate theories, theoretical frameworks, models and practice methods of Occupational Therapy to choose or re-establish meaningful occupation, according to the health needs of individuals and populations.
C16	Collaborate with groups and communities to promote the health and well-being of their members through participation in the meaningful occupation.
C17	Understand the rationale for action, indications and effectiveness of Occupational Therapy interventions, based on available scientific evidence.

CB01	Prove that they have acquired and understood knowledge in a subject area that derives from general secondary education and is appropriate to a level based on advanced course books, and includes updated and cutting-edge aspects of their field of knowledge.
CB02	Apply their knowledge to their job or vocation in a professional manner and show that they have the competences to construct and justify arguments and solve problems within their subject area.
CB03	Be able to gather and process relevant information (usually within their subject area) to give opinions, including reflections on relevant social, scientific or ethical issues.
CB04	Transmit information, ideas, problems and solutions for both specialist and non-specialist audiences.
CB05	Have developed the necessary learning abilities to carry on studying autonomously
D18	Recognize the influence of individual, religious, cultural and customary differences on occupation and participation.
D19	Acquire and develop skills, abilities and practical experience in the socio-health and community context.
D20	Acquire basic knowledge of management and improvement of the quality of Occupational Therapy services.
D21	To develop professional practice with respect to other professionals, by acquiring teamwork skills.
E22	Actively listen, obtain and synthesize relevant information about the occupational problems and demands of individuals and populations and understand the content of this information.
E23	Establish assertive interpersonal communication with all relevant interlocutors during the Occupational Therapy process.
E24	Develop and write Occupational Therapy histories and other records in an understandable form for both specialized and non-specialized audiences.
E25	Transmitting oral and written information to both specialized and non-specialized audiences.
G01	To know and understand the historical background, theoretical foundations and methodological principles: philosophical aspects, theoretical frameworks, models, techniques, evaluations and assessments of Occupational Therapy necessary to recognize and interpret occupational function-dysfunction processes.
G02	Understand the different theories of functioning, personal autonomy, functional adaptation of the environment, as well as the intervention models in Occupational Therapy, transferring them to daily professional practice.
G03	Promote health and prevent disability, acquire or recover the occupational performance necessary at each stage of the life cycle to achieve independence and autonomy in the areas of occupational performance of those people who suffer situations of risk, organic deficit, limitation in activity and participation and / or social marginalization.
G04	Perform an adequate treatment, respecting the different phases and basic principles, through therapeutic occupations and based on related knowledge such as the science of occupation, in the different areas of occupational performance, analyzing the performance components and the different existing environments and contexts.
G05	To know, design and apply the different modalities and general procedures of intervention in Occupational Therapy in their frames of reference, evaluating their effectiveness in a cooperative work environment.
G06	Encourage user and family participation in the recovery process.
G09	To know and understand the knowledge of Occupational Therapy for the integration of the individual in his environment throughout the life cycle.
G10	Apply the significant activity, ergonomic study, new technologies and existing technology in Occupational Therapy in the life cycle.
G11	To know, evaluate, analyze, develop and participate in health education and promotion programs within the scope of Occupational Therapy to prevent occupational dysfunctions in general and subsequent to medical, surgical and psychiatric conditions and social maladjustment.
G12	To know, develop and implement management plans and health and social and health administration applied to the provision of services and improvement of the quality of Occupational Therapy.
G13	To explain the theoretical concepts that sustain Occupational Therapy, specifically the occupational nature of human beings and the performance of their occupations.
G14	Explain the relationship between occupational performance, health and well-being.
G15	To make and defend logical and reasoned arguments related to human occupation and Occupational Therapy.
G16	Work in partnership with individuals and groups to actively participate in the occupation through health promotion, prevention, rehabilitation and treatment.
G17	Appropriately select, modify and apply theories, practical intervention models and methods to meet occupational and health needs of individuals and populations.
G18	Use ethical and professional reasoning effectively throughout the Occupational Therapy process.
G19	Utilize the therapeutic potential of occupation through the analysis and synthesis of occupation and activity.
G20	Adapt and apply the Occupational Therapy process in close collaboration with individuals and the population, building capacity to intervene in advocacy, prevention and protection projects with a community and public health focus.
G21	Appreciate and respect individual differences, cultural beliefs, customs and their influence on occupation and participation.
G25	Develop knowledge of the occupation and practice of Occupational Therapy.
G26	Determine and prioritize Occupational Therapy services.
G28	Engage in a continuous process of evaluation and quality improvement in the delivery of Occupational Therapy services, involve people, patients and users where appropriate and communicate the results to stakeholders.

## 5. Objectives or Learning Outcomes

### Course learning outcomes

#### Description

The student will be able to acquire a series of basic theoretical knowledge that underpins the practice of Community Based Rehabilitation and Socio-Community Occupational Therapy.

Students will be able to understand the situations of occupational dysfunction of different groups: immigrants, prisoners, minors at risk and will be able to propose and implement effective interventions that improve their occupational functioning.

Students will be able to design, implement and evaluate social and community projects from the perspective of Occupational Therapy.

Students will be able to analyse reality from the perspective of Occupational Therapy.

## 6. Units / Contents

### Unit 1: An occupational look at our world

### Unit 2: Basis for the construction of Sociocommunitarian Occupational Therapy

### Unit 3: Theoretical Foundations of Sociocommunitarian Occupational Therapy

### Unit 4: Methodological proposals for the practice of Sociocommunitarian Occupational Therapy

### Unit 5: The practice of Sociocommunitarian Occupational Therapy: experiences

7. Activities, Units/Modules and Methodology							
Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Combination of methods	A02 A03 A04 A05 B06 B07 B08 B09 B10 C11 C12 C13 C14 C15 C16 C17 CB01 CB02 CB03 CB04 D19 D20 D21 E22 E23 E24 E25 G01 G02 G03 G04 G05 G06 G09 G10 G11 G12 G13 G14 G15 G16 G17 G18 G19 G20 G21 G25 G26 G28	1.42	35.5	Y	N	The theoretical contents of the course will be developed by means of oral exposition of the contents as well as activities to be carried out by the students in the classroom.
Class Attendance (practical) [ON-SITE]	Combination of methods	B09 C12 C13 C14 C15 C16 C17 E22 E23	0.5	12.5	Y	N	Practical activities for the acquisition of application tools related to Socio-Community Occupational Therapy.
Individual tutoring sessions [ON-SITE]	Guided or supervised work	G15 G16 G18 G21 G28	0.4	10	Y	N	Tutorials will be established so that students can deepen in the most relevant aspects of both the subject and the project to be carried out.
Portfolio Development [OFF-SITE]	Guided or supervised work	A02 A03 A04 A05 B07 B08 B09 B10 C11 C14 C15 C16 D19 D20 D21 G01 G02 G03 G09 G10 G11 G12 G13 G14	0.5	12.5	Y	N	The student will have to make a portfolio on various contents of the course that will be done individually, guided and supervised by the teacher. The due dates will be presented at the beginning of the course.
Other off-site activity [OFF-SITE]	Group Work	G12 G13 G14 G15 G16 G17 G18 G19 G25 G26 G28	1.6	40	Y	N	Group work in which students will have to design and develop a project related to the contents of the course.
Self-study [OFF-SITE]	Assessment tests	A02 A03 A04 A05 B06 B07 B08 B09 B10 C11 C12 C13 C14 C15 CB01 CB02	1.5	37.5	Y	Y	Students will carry out a process of revision of diverse materials (technical documents, articles, practical experiences, videos) in an autonomous manner, the results of which can be reflected in the portfolio.
Final test [ON-SITE]	Assessment tests	A02 A03 A04 A05 B10 C11 C12 C13 C14 C15 C16 C17	0.08	2	Y	Y	Final exam. It will consist of multiple choice multiple choice questions.
<b>Total:</b>			<b>6</b>	<b>150</b>			
<b>Total credits of in-class work: 2.4</b>			<b>Total class time hours: 60</b>				
<b>Total credits of out of class work: 3.6</b>			<b>Total hours of out of class work: 90</b>				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System			
Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Final test	30.00%	30.00%	Final exam. It will consist of 40 multiple-choice multiple-choice questions. The formula used to establish the score for the final test, which will be multiple choice, is as follows:  Correct answers-(Errors/2) ----- x 10 = NOTA EXAMEN TOSC  It will be necessary to obtain a minimum grade of 4 points to pass the final exam and to be able to make average with the rest of the evaluation systems.
Portfolio assessment	20.00%	20.00%	It will consist of different activities that will be indicated at the beginning of the course.
Other methods of assessment	40.00%	40.00%	Group project on Socio-Community Occupational Therapy.
Self Evaluation and Co-evaluation	10.00%	10.00%	Self-administered self-assessment questionnaire.
<b>Total:</b>	<b>100.00%</b>	<b>100.00%</b>	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

#### Evaluation criteria for the final exam:

##### Continuous assessment:

The final grade of the course will correspond to the weighted sum of the grades obtained in all the evaluable activities.

##### Non-continuous evaluation:

The final grade of the course will correspond to the weighted sum of the grades obtained in all the evaluable activities. Group activities may be carried out individually.

**Specifications for the resit/retake exam:**

In the extraordinary call, the acquisition of the competences of the course will be evaluated through a final test composed of two parts (theoretical and practical section), which will serve as an alternative evaluation test to all the evaluable formative activities.

**Specifications for the second resit / retake exam:**

In the special call for completion, the acquisition of the competences of the course will be evaluated through a final test composed of two parts (theoretical and practical section), which will serve as an alternative evaluation test to all the evaluable formative activities.

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
<b>Hours</b>	<b>hours</b>
Other off-site activity [AUTÓNOMA][Group Work]	15
Unit 1 (de 5): An occupational look at our world	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Combination of methods]	8
Class Attendance (practical) [PRESENCIAL][Combination of methods]	2
Other off-site activity [AUTÓNOMA][Group Work]	2.5
Self-study [AUTÓNOMA][Assessment tests]	7
Group 60:	
<b>Initial date:</b> 11-09-2023	<b>End date:</b> 21-09-2023
Unit 2 (de 5): Basis for the construction of Sociocommunitarian Occupational Therapy	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Combination of methods]	6
Class Attendance (practical) [PRESENCIAL][Combination of methods]	2
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	4
Portfolio Development [AUTÓNOMA][Guided or supervised work]	2
Other off-site activity [AUTÓNOMA][Group Work]	2.5
Self-study [AUTÓNOMA][Assessment tests]	8
Group 60:	
<b>Initial date:</b> 25-09-2023	<b>End date:</b> 12-10-2023
Unit 3 (de 5): Theoretical Foundations of Sociocommunitarian Occupational Therapy	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Combination of methods]	6
Class Attendance (practical) [PRESENCIAL][Combination of methods]	2.5
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	2
Portfolio Development [AUTÓNOMA][Guided or supervised work]	2
Other off-site activity [AUTÓNOMA][Group Work]	2
Self-study [AUTÓNOMA][Assessment tests]	8
Group 60:	
<b>Initial date:</b> 16-10-2023	<b>End date:</b> 02-11-2023
Group 62:	
<b>Initial date:</b> 16-10-2023	<b>End date:</b> 02-11-2023
Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Combination of methods]	9.5
Class Attendance (practical) [PRESENCIAL][Combination of methods]	4
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	1
Portfolio Development [AUTÓNOMA][Guided or supervised work]	4
Other off-site activity [AUTÓNOMA][Group Work]	2.5
Self-study [AUTÓNOMA][Assessment tests]	8
Group 60:	
<b>Initial date:</b> 06-11-2023	<b>End date:</b> 30-11-2023
Group 62:	
<b>Initial date:</b> 06-11-2023	<b>End date:</b> 30-11-2023
Unit 5 (de 5): The practice of Sociocommunitarian Occupational Therapy: experiences	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Combination of methods]	6
Class Attendance (practical) [PRESENCIAL][Combination of methods]	2
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	3
Portfolio Development [AUTÓNOMA][Guided or supervised work]	4.5
Other off-site activity [AUTÓNOMA][Group Work]	15.5
Self-study [AUTÓNOMA][Assessment tests]	2
Self-study [AUTÓNOMA][Assessment tests]	6.5
Final test [PRESENCIAL][Assessment tests]	2
Group 60:	
<b>Initial date:</b> 04-12-2023	<b>End date:</b> 21-12-2023
Global activity	
<b>Activities</b>	<b>hours</b>
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	10
Portfolio Development [AUTÓNOMA][Guided or supervised work]	12.5

Other off-site activity [AUTÓNOMA][Group Work]	40
Class Attendance (theory) [PRESENCIAL][Combination of methods]	35.5
Class Attendance (practical) [PRESENCIAL][Combination of methods]	12.5
Self-study [AUTÓNOMA][Assessment tests]	37.5
Final test [PRESENCIAL][Assessment tests]	2
<b>Total horas: 150</b>	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
	Enabling Occupation II : Advancing an Occupational Therapy V	Canadian Association of Occupational Therapists		978-1-895437-76-8	2007	
	Terapia ocupacional sin fronteras : aprendiendo del espritu	Médica Panamericana		84-9835-008-5	2006	
Zango Martín, I.	Terapia Ocupacional comunitaria	Síntesis		8491710760	2018	
Pié Balaguer, Asun	Deconstruyendo la dependencia: propuestas para la vida cotidiana	Síntesis			2012	
Whiteford GE, Hocking C	Occupational Science: Society, Inclusion, Participation	Wiley - Blackwell			2012	
Pollard, Nick and Sakellariou, Dikaos	Politics of Occupation Centred Practice	Wiley - Blackwell			2012	
Padilla Bernáldez, Javier (1983-)	Epidemiocracia : nadie está a salvo si no estamos todos a sa	Capitán Swing,		978-84-121979-4-5	2020	
The Care Collective.	El manifiesto de los cuidados : La política de la interdepen	Bellaterra,		978-84-18684-07-4	2021	
	Trauma, occupation, and participation : foundations and popu	AOTA Press,		978-1-56900-599-6	2021	
Guerin, Bernard	Cómo repensar la salud mental : Los contextos humanos que ha	Ediciones Psara,		978-84-123231-7-7	2021	
Lopes, Roseli Esquerdo	Social occupational therapy : theoretical and practical desi	Elsevier,		978-0-323-69549-7	2020	
	The political practice of occupational therapy	Elsevier		978-0-443-10391-9	2009	
	Educación de calle y desarrollo comunitario : una experienci	Cáritas Fudación Foessa		978-84-8440-456-9	2010	
Augé, Marc	Los "no lugares" espacios del anonimato : una antropología d	Gedisa		978-84-7432-459-4	2005	
AMERICAN OCCUPATIONAL THERAPY ASSOCIATION	Occupational therapy practice framework: Domain and process.				2002	
Augé, Marc	¿Por qué vivimos? : por una antropología de los fines	Gedisa		978-84-9784-025-5	2004	
Blesedell Crepeau, Elizabeth	Willard and Spackman : Terapia ocupacional	Médica Panamericana		84-7903-872-1	2005	
Castillo Arredondo, Santiago	Evaluación de programas de intervención socioeducativa : age	Prentice Hall. Pearson		978-84-205-3832-7	2008	
Kielhofner, Gary	Fundamentos conceptuales de la terapia ocupacional	Médica Panamericana		950-06-1258-5	2006	
Kielhofner, Gary	Modelo de ocupación humana :teoría y aplicación /	Médica Panamericana,		9500612577 (Buenos A	2004	
López de Ceballos, Paloma	Un método de evaluación formativa en el campo social	Editorial Popular		84-7884-228-4	2001	
López de Ceballos, Paloma	Un método para la investigación-acción participativa	Popular		978-84-7884-187-5	2007	
Moruno Miralles, Pedro	Actividades de la vida diaria	Masson		978-84-458-1561-8	2008	
Rubio, María José	El análisis de la realidad en la intervención social : método	CCS		84-8316-041-2	1997	
Young, Iris Marion	La justicia y la política de la diferencia	Cátedra		84-376-1826-6	2000	