



## 1. General information

**Course:** PHYSICAL EDUCATION (P.E.) CURRICULUM DESIGN AND DEVELOPMENT IN PRIMARY EDUCATION

**Code:** 46312

**Type:** CORE COURSE

**ECTS credits:** 6

**Degree:** 392 - BACHELOR'S DEGREE IN PRIMARY EDUCATION (AB)

**Academic year:** 2023-24

**Center:** 101 - FACULTY OF EDUCATION IN ALBACETE

**Group(s):** 17 18 19 15

**Year:** 3

**Duration:** C2

**Main language:** English

**Second language:** Spanish

**Use of additional languages:**

**English Friendly:** N

**Web site:**

**Bilingual:** Y

**Lecturer:** MARIA REMEDIOS CHARCOS BUENO - Group(s): 18

Building/Office	Department	Phone number	Email	Office hours
Didáctica E.corporal (1ª planta)	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA	96213	Remedios.Charcos@uclm.es	

**Lecturer:** LUIS MIGUEL GARCIA LOPEZ - Group(s): 17

Building/Office	Department	Phone number	Email	Office hours
Facultad de Educación/ Educación Física (1ª planta)	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA	+34 926 05 33 73	luismiguel.garcia@uclm.es	

**Lecturer:** DANIEL LARA TORRES - Group(s): 17

Building/Office	Department	Phone number	Email	Office hours
	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA		Daniel.Lara@uclm.es	

**Lecturer:** ANTONIO PASCUAL PATERNA MARTÍNEZ - Group(s): 19

Building/Office	Department	Phone number	Email	Office hours
	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA		Antonio.Paterna@uclm.es	Remedios.Charcos@uclm.es

**Lecturer:** CELESTINO CARLOS PICAZO CORDOBA - Group(s): 15

Building/Office	Department	Phone number	Email	Office hours
	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA		Celestino.Picazo@uclm.es	

## 2. Pre-Requisites

Not established

## 3. Justification in the curriculum, relation to other subjects and to the profession

This course unit, "CURRICULAR DESIGN AND DEVELOPMENT OF PHYSICAL EDUCATION IN PRIMARY EDUCATION" complements the first year degree training of the future Physical Education teachers. With this second contact with PE Didactics, it is expected that students both master the contents of the course unit and are able to program and apply them in a reasonable and critical way at the different curriculum levels. So through these different kinds of tasks and activities related to Physical Education, the students will have to use with consistency the curriculum elements, lesson design and planning, use different teaching strategies or apply different assessment instruments, among other things. This course unit will qualify the future Primary teachers' training to promote and facilitate knowledge and competences from the Physical Education curriculum in Primary Education. To this end, the course unit shall provide a theoretical framework and a wide range of practical proposals that approach the student for their future teaching career.

## 4. Degree competences achieved in this course

## Course competences

Code	Description
1.2.5.II.01	Understand the principles that contribute to the social, personal and cultural development in the area of Physical Education.
1.2.5.II.02	Know the Physical Education curriculum in Primary schools.
1.2.5.II.03	Acquire resources to foster participation in lifelong learning music and arts activities in and out of the school
1.2.5.II.04	Design and evaluate curricular contents through suitable teaching resources and promote the corresponding competences among students.
CB01	Prove that they have acquired and understood knowledge in a subject area that derives from general secondary education and is appropriate to a level based on advanced course books, and includes updated and cutting-edge aspects of their field of knowledge.
CB02	Apply their knowledge to their job or vocation in a professional manner and show that they have the competences to construct and justify arguments and solve problems within their subject area.
CB03	Be able to gather and process relevant information (usually within their subject area) to give opinions, including reflections on relevant

CB04	social, scientific or ethical issues. Transmit information, ideas, problems and solutions for both specialist and non-specialist audiences.
CG02	Design, plan and evaluate teaching and learning processes, both individually and in collaboration with other teachers and professionals in the centre.
CG04	Design and arrange learning spaces, with consideration of diversity and gender equality, equity and respect for human rights, which constitute the values of citizenship.
CG05	Promote coexistence inside and outside the classroom, solve discipline problems and contribute to the peaceful resolution of conflicts. Boost and value pupils' effort, determination and self-discipline.
CG08	Critically and autonomously assess one's own knowledge, values and also those of the state, public and private social institutions.
CG10	Reflect on classroom practice to allow innovation and improvement of the teaching practice. Acquire habits and skills for autonomous and cooperative learning and promote it among pupils.
CG11	Know and apply information and communication technology in the classroom. Select audiovisual information which contributes to learning, civic training and cultural richness.
CG13	Promote respect for constitutional rights and equality between men and women.
CG14	Promote respect for Human Rights and the principles of universal design for everyone under the tenth final provision of Act 51/2003, of the 2nd December, of equal opportunities, anti-discrimination and accessibility for people with a disability.
CG15	Promote the values of a culture of peace and democratic values.
CT01	Master a second language, preferably English, at B1 level under the Common European Framework of Reference for Languages.
CT02	Master information and communication technology (ICT).
CT03	Correct oral and written communication.
CT04	Moral obligation and professional ethics.

## 5. Objectives or Learning Outcomes

### Course learning outcomes

#### Description

Identify and understand the scope of knowledge and the contribution of Physical Education to the social and educational aims of schools.

Compare and critically analyse texts on the role of the body and physical activity in different historical moments.

Solve simulated motivation problems in extracurricular sports activities.

Know how to implement class control strategies in Physical Education.

Confidently use the different elements of the curriculum and understand their alternative use under the chosen implementation model. Know how to apply diverse teaching styles and techniques in Physical Education.

Have knowledge of and implement suitable evaluation tools for the different contents of Physical Education.

Have knowledge of and do activities related to one's image and body perception, the components of body health, basic skills, sports initiation and body expression.

Master concepts of the role of Physical Education in a comprehensive education allowing their inclusion in the curricular design of the centre. Critically assess curricular designs of first level individually.

Plan sessions for Physical Education in different contexts and show positive attitudes towards this topic. Solve simulated problems related to disruptive behaviour in the Physical Education classroom.

## 6. Units / Contents

**Unit 1: TOPIC 1. THE PHYSICAL EDUCATION LESSON. CLASSROOM MANAGEMENT.**

**Unit 2: TOPIC 2. THE CONTENTS IN THE PHYSICAL EDUCATION CURRICULUM IN PRIMARY EDUCATION.**

**Unit 3: TOPIC 3. TEACHING METHODS IN PHYSICAL EDUCATION.**

**Unit 4: TOPIC 4. ASSESSING STUDENTS' LEARNING IN PHYSICAL EDUCATION.**

**Unit 5: TOPIC 5. PLANNING AND DEVELOPING THE CONTENTS IN THE PHYSICAL EDUCATION CURRICULUM.**

## 7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures	1.2.5.II.02 1.2.5.II.03 1.2.5.II.04 CB01 CB02 CB03 CB04 CG02 CG04 CG05 CG08 CG10 CG11 CG13 CG14 CG15 CT01 CT02 CT03 CT04	0.8	20	Y	N	Presentation of the concepts and procedures that must be learnt in the course unit
Class Attendance (practical) [ON-SITE]	Practical or hands-on activities	1.2.5.II.01 1.2.5.II.02 1.2.5.II.03 1.2.5.II.04 CB01 CB02 CB03 CB04 CG02 CG04 CG05 CG08 CG10 CG11 CG13 CG14 CG15 CT01 CT02 CT03 CT04	0.72	18	Y	N	Group activities in the Gym through different practices. You must attend at least 80/100 of the lessons to have these points. No justification. These practices will be dated in advanced to the students. will be possible.
Final test [ON-SITE]	Assessment tests	1.2.5.II.01 1.2.5.II.02 1.2.5.II.03 1.2.5.II.04 CB01 CB02 CB03 CB04 CG02 CG04 CG05 CG08 CG10 CG11 CG13 CG14 CG15 CT01 CT02 CT03 CT04	0.08	2	Y	Y	Final exam.. It will be compulsory to have a minimum mark of 4 points it to take into account the rest of the assessed items and pass the subject.
Study and Exam Preparation [OFF-SITE]	Self-study	1.2.5.II.01 1.2.5.II.02 1.2.5.II.03 1.2.5.II.04 CB01 CB02 CB03 CB04 CG02 CG04 CG05 CG08 CG10 CG11 CG13 CG14 CG15	2.4	60	Y	N	Individual and independent students' study about the contents.

Analysis of articles and reviews [OFF-SITE]	Reading and Analysis of Reviews and Articles	1.2.5.II.01 1.2.5.II.02 1.2.5.II.03 1.2.5.II.04 CB01 CB02 CB03 CB04 CG02 CG04 CG05 CG08 CG10 CG11 CG13 CG14 CG15 CT01 CT02 CT03 CT04	0.6	15	Y	N	Readings suggested by the teacher and critically analyzed by the students, so that they form an opinion about it and debate it with the rest of the classmates.
Problem solving and/or case studies [ON-SITE]	Cooperative / Collaborative Learning	1.2.5.II.01 1.2.5.II.02 1.2.5.II.03 1.2.5.II.04 CB01 CB02 CB03 CB04 CG02 CG04 CG05 CG08 CG10 CG11 CG13 CG14 CG15 CT01 CT02 CT03 CT04	0.8	20	Y	Y	Practical problems about the different contents of the subject.It will be compulsory to have a minimus mark of 4 point to take it into account the rest of the assessed items and pass the subject.
Writing of reports or projects [OFF-SITE]	Guided or supervised work	1.2.5.II.01 1.2.5.II.02 1.2.5.II.03 1.2.5.II.04 CB01 CB02 CB03 CB04 CG02 CG04 CG05 CG08 CG10 CG11 CG13 CG14 CG15 CT01 CT02 CT03 CT04	0.6	15	Y	N	Written projects about the practical Workshops, supervised by the teacher.
Total:			6	150			
Total credits of in-class work: 2.4			Total class time hours: 60				
Total credits of out of class work: 3.6			Total hours of out of class work: 90				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System			
Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Assessment of problem solving and/or case studies	20.00%	20.00%	Practical case. (Questions about the practical contents of the course). Compulsory and rescheduling. Minimum mark required 4 points (5-10 points).
Final test	50.00%	50.00%	Theory and practical exam about all the contents. Compulsory and rescheduling. Minimum mark required 4 points (5-10 points exam).
Assessment of active participation	20.00%	20.00%	Written and oral presentations about the theory and practical lessons. contents learned at the practical lessons. Not just to attend all the lessons. Non compulsory. Non rescheduling. It will be necessary to attend at least 80% to the practical lessons to be assessed in this part. No justification permitted. This 20% will be reached when you participate in an active way in the practical lessons (gym and class lessons). It is not just to attend to the lessons, but participate in discussion groups, critical and reflective attitude towards the daily lessons.
Portfolio assessment	10.00%	10.00%	Collaborative work. Readings, reflections and theoretical works in the lessons. Non compulsory and rescheduling.
<b>Total:</b>	<b>100.00%</b>	<b>100.00%</b>	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

#### Evaluation criteria for the final exam:

##### Continuous assessment:

The ordinary assessment of the student will be according to these parts:

- 1.- 50%: Mark of the Theoretical exam about the studied contents.
- 2.- 20%: Practical case exam related with the physical Education curriculum design.
- 3.- 20%: Presentations of theoretical and practical contents learned during the practical lessons.
- 4.- 10%: Readings, reflections and theoretical contents in the lesson.

It will be necessary to demonstrate a minimum (4 out of 10 scale), both in the written final exam as in the practical case exam to be able to pass and take into account the rest of the assessed items.

For every mistake of those included in the "List of mistakes to avoid" (see Moodle), the student will miss 0.2 points in the corresponding activity (test, presentation or exam) up to a maximum of 1.6 points (8 mistakes). If the mistake is repeated, the repetition(s) will be also penalized.

and show progress in the performances of the practical lessons to achieve this 20% of the mark. It depends on the given Workshops and the attendance.

This 20% is not rescheduled. In case of no attendance, the students assume that they will have the final exam (50%), the practical was (20%) and both will take place the same day of the exam (Date of the faculty Calendar). And also they will have to submit all these projects on the last day of class. The students who cannot attend will have this 10% (Portfolio) will other Readings and Theoretical works.

The assessment of active participation in the practical lessons, as well as register information that can be extracted from it is a non recoverable activity (Art. 4.7. Reglamento de Evaluación del Estudiante), due to the need to get some learning outcomes in practical activities such as sport initiation, health and sport, body image and body language.

These learning outcomes are essential to get the key competences through the practical lessons : 1.2.3.II.03, 1.2.5.II.04, CB02,CB03,CB04,CG10,CT03.

According to the 9.1. "Reglamento del Estudiante": "If any student is caught cheating or breaking the rules of any of the tests, works or projects, their make

will be 0"

\*\* If applicable, any modifications or adaptations needed in the teaching guides as a result of a change in the teaching or evaluation model derived from the evolution of the pandemic will be documented in a later addendum." If a fraudulent practice is detected in the evaluation test carried out by a student, the exam will result into failure, with a final grade of zero (0) in the corresponding subject.

The detection by the teacher that an assignment, essay or similar test has not been prepared by the student will result in a numerical grade of zero (0) both in the tests and in the subject in which it has been detected, regardless of the rest of the grades obtained by the student.

(See Article 8 of the UCLM Student Assessment Regulations)."

#### Non-continuous evaluation:

The ordinary assessment of the student will be according to these parts:

- 1.- 50%: Mark of the Theoretical exam about the studied contents.
- 2.- 20%: Practical case exam related with the physical Education curriculum design.
- 3.- 20%: Presentations of theoretical and practical contents learned during the practical lessons.
- 4.- 10%: Readings, reflections and theoretical contents in the lesson.

It will be necessary to demonstrate a minimum (4 out of 10 scale), both in the written final exam as in the practical case exam to be able to pass and take into account the rest of the assessed items. It will be necessary to participate.

For every mistake of those included in the "List of mistakes to avoid" (see Moodle), the student will miss 0.2 points in the corresponding activity (test, presentation or exam) up to a maximum of 1.6 points (8 mistakes). If the mistake is repeated, the repetition(s) will be also penalized. and show progress in the performances of the practical lessons to achieve this 20% of the mark. It depends on the given Workshops and the attendance. This 20% is not rescheduled. In case of no attendance, the students assume that they will have the final exam (50%), the practical was (20%) and both will take place the same day of the exam (Date of the faculty Calendar). And also they will have to submit all these projects on the last day of class. The students who cannot attend will have this 10% (Portfolio) will other Readings and Theoretical works.

The assessment of active participation in the practical lessons, as well as register information that can be extracted from it is a non recoverable activity (Art. 4.7. Reglamento de Evaluación del Estudiante), due to the need to get some learning outcomes in practical activities such as sport initiation, health and sport, body image and body language.

These learning outcomes are essential to get the key competences through the practical lessons: 1.2.3.II.03, 1.2.5.II.04, CB02,CB03,CB04,CG10,CT03.

For every mistake of those included in the "List of mistakes to avoid" (see Moodle), the student will miss 0.2 marks in the corresponding activity (test, presentation or exam) up to a maximum of 1.6 marks (8 mistakes). If the mistake is repeated, the repetition(s) will be also penalized. If a fraudulent practice is detected in the evaluation test carried out by a student, the exam will result into failure, with a final grade of zero (0) in the corresponding subject.

The detection by the teacher that an assignment, essay or similar test has not been prepared by the student will result in a numerical grade of zero (0) both in the tests and in the subject in which it has been detected, regardless of the rest of the grades obtained by the student.

(See Article 8 of the UCLM Student Assessment Regulations)."

#### Specifications for the resit/retake exam:

According to this: Mark of the Theory exam about the studied contents (50% of the mark). Mark of the practical case exam about the curriculum design in Physical Education (20% of the mark). The other 3 and 4 task (Practices attendance and Portfolio) will keep the mark to the extraordinary exam (30%). In case of no attendance the students assume that they will not have these 30%.

the final exam (50%), the practical case (20%), that which will take place the same date of the exam (Date of the Faculty Calendar).

#### Specifications for the second resit / retake exam:

Those that the Faculty and the UCLM determine." If a fraudulent practice is detected in the evaluation test carried out by a student, the exam will result into failure, with a final grade of zero (0) in the corresponding subject.

The detection by the teacher that an assignment, essay or similar test has not been prepared by the student will result in a numerical grade of zero (0) both in the tests and in the subject in which it has been detected, regardless of the rest of the grades obtained by the student.

(See Article 8 of the UCLM Student Assessment Regulations)."

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
Hours	hours
Final test [PRESENCIAL][Assessment tests]	2
<b>General comments about the planning:</b> The temporal development of this subject will be able to be modified according to the teaching requirements. All the dates of the practical lessons and the oral presentations will be dated in advance with the students.	
Unit 1 (de 5): TOPIC 1. THE PHYSICAL EDUCATION LESSON. CLASSROOM MANAGEMENT.	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	4
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	4
Study and Exam Preparation [AUTÓNOMA][Self-study]	12
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	4
Problem solving and/or case studies [PRESENCIAL][Cooperative / Collaborative Learning]	3
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	3
<b>Teaching period:</b> Second semester	
Unit 2 (de 5): TOPIC 2. THE CONTENTS IN THE PHYSICAL EDUCATION CURRICULUM IN PRIMARY EDUCATION.	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	4
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	3
Study and Exam Preparation [AUTÓNOMA][Self-study]	12
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	4
Problem solving and/or case studies [PRESENCIAL][Cooperative / Collaborative Learning]	3
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	3
<b>Teaching period:</b> Second semester	
Unit 3 (de 5): TOPIC 3. TEACHING METHODS IN PHYSICAL EDUCATION.	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	4
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	3
Study and Exam Preparation [AUTÓNOMA][Self-study]	12

Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	4
Problem solving and/or case studies [PRESENCIAL][Cooperative / Collaborative Learning]	3
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	3
<b>Teaching period:</b> Second semester	
<b>Unit 4 (de 5): TOPIC 4. ASSESSING STUDENTS' LEARNING IN PHYSICAL EDUCATION.</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	4
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	3
Study and Exam Preparation [AUTÓNOMA][Self-study]	12
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	4
Problem solving and/or case studies [PRESENCIAL][Cooperative / Collaborative Learning]	3
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	3
<b>Teaching period:</b> Second semester	
<b>Unit 5 (de 5): TOPIC 5. PLANNING AND DEVELOPING THE CONTENTS IN THE PHYSICAL EDUCATION CURRICULUM .</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	4
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	5
Study and Exam Preparation [AUTÓNOMA][Self-study]	12
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	4
Problem solving and/or case studies [PRESENCIAL][Cooperative / Collaborative Learning]	3
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	3
<b>Teaching period:</b> Second semester	
<b>Global activity</b>	
<b>Activities</b>	<b>hours</b>
Study and Exam Preparation [AUTÓNOMA][Self-study]	60
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	20
Problem solving and/or case studies [PRESENCIAL][Cooperative / Collaborative Learning]	15
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	15
Final test [PRESENCIAL][Assessment tests]	2
Class Attendance (theory) [PRESENCIAL][Lectures]	20
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	18
<b>Total horas: 150</b>	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
Contreras Jordán, Onofre Ricardo	Didáctica de la educación física :enseñanza de los contenido	Síntesis		978-84-9756-745-9	2011	
Delgado Noguera, Miguel Ángel	Los estilos de enseñanza en la Educación Física: propuesta p	Instituto de Ciencias de la Educación		84-86848-04-0	1991	
Delgado Noguera, Miguel Ángel	Los estilos de enseñanza en la Educación Física: propuesta p	Instituto de Ciencias de la Educación		84-86848-04-0	1991	
Flecha García, J. Ramón	Comunidades de aprendizaje	Fundación Ecoem		978-84-92411-57-3	2008	
Premio Nacional Educación para el Desarrollo "Vicente Ferrer	I Premio Nacional de Educación para el Desarrollo "Vicente F	Agencia Española de Cooperación Internacional para		978-84-8347-118-0	2010	
Sicilia Camacho, Álvaro	Educación física y estilos de enseñanza: análisis de la part	INDE		84-9729-017-8	2002	
Sicilia Camacho, Álvaro	La investigación de los estilos de enseñanza en la educación	Wanceulen Editorial Deportiva		84-87520-84-7	2001	
Hellison, Donald R.	Goals and strategies for teaching physical education	Human Kinetics		0-931250-74-9	1985	
Tinning, Richard	Learning to teach physical education	Prentice Hall		0-7248-1197-4	1993	
Graham, George	Children moving: a reflective approach to teaching physical education	McGraw-hill		978-0-07-802259- 3	2013	
Metzler, Michael W.	Instructional models in physical education	Holcomb Hathaway		978-1-934432-13- 6	2011	
Hellison, Donald R.	A reflective approach to teach physical education	Human Kinetics		0-87322-311-X	1991	
Graham, George	Teaching children physical education: becoming a master teacher.	Human Kinetics		978-0-7360-6210- 7	2008	
Contreras Jordán, Onofre Ricardo	Didáctica de la educación física : un enfoque constructivist	INDE,		978-84-9729-167-5	2009	