



1. General information

Course: GERIATRIC

Type: CORE COURSE

Degree: 382 - UNDERGRADUATE DEGREE IN OCCUPATIONAL THERAPY

Center: 16 - FACULTY OF SCIENCES OF THE HEALTH OF TALAVERA

Year: 3

Main language: Spanish

Use of additional
languages:

Web site:

Code: 64319

ECTS credits: 6

Academic year: 2023-24

Group(s): 60

Duration: C2

Second language: Spanish

English Friendly: Y

Bilingual: N

Lecturer: AINHOA ESTEVE ARRIEN - Group(s): 60

Building/Office	Department	Phone number	Email	Office hours
1.20	CIENCIAS MÉDICAS	654588436	Ainhoa.Esteve@uclm.es	

2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

Not established

4. Degree competences achieved in this course

Course competences

Code	Description
A03	Obtain and use epidemiological data and assess trends and risks to inform health decision-making.
B06	Understand the conceptual foundations of the occupational nature of human beings and the performance of their occupations throughout the life cycle.
B07	Understand and recognize the interrelationship between the concepts of well-being, health, meaningful occupation, dignity and participation.
B08	Understand and recognize the importance of contextual factors as determinants of occupational dysfunction.
B09	Recognize health determinants in the population, multiprofessional resources and equipment, and health prevention, maintenance and promotion actions, both at the individual and community levels.
B10	Carry out the assessment and adaptation of the environment to promote participation in meaningful occupations in the different facets of daily life, personal autonomy and quality of life.
C11	Obtain and elaborate, with relevant information, the history of occupational performance throughout the process.
C12	Conduct assessment of occupational functioning appropriate to the needs of individuals and populations.
C13	Determine occupational dysfunctions and needs, define planning and establish Occupational Therapy intervention, utilizing the therapeutic potential of meaningful occupation, through the use of activity, with the consent and participation of individuals and populations.
C14	Conduct occupational assessment, determine planning and establish Occupational Therapy intervention, utilizing the therapeutic potential of the meaningful occupation, through the use of the activity, with the consent and participation of individuals and populations.
C15	Know, select and apply appropriate theories, theoretical frameworks, models and practice methods of Occupational Therapy to choose or re-establish meaningful occupation, according to the health needs of individuals and populations.
C16	Collaborate with groups and communities to promote the health and well-being of their members through participation in the meaningful occupation.
C17	Understand the rationale for action, indications and effectiveness of Occupational Therapy interventions, based on available scientific evidence.
CB01	Prove that they have acquired and understood knowledge in a subject area that derives from general secondary education and is appropriate to a level based on advanced course books, and includes updated and cutting-edge aspects of their field of knowledge.
CB02	Apply their knowledge to their job or vocation in a professional manner and show that they have the competences to construct and justify arguments and solve problems within their subject area.
CB03	Be able to gather and process relevant information (usually within their subject area) to give opinions, including reflections on relevant social, scientific or ethical issues.
CB04	Transmit information, ideas, problems and solutions for both specialist and non-specialist audiences.
CB05	Have developed the necessary learning abilities to carry on studying autonomously
D18	Recognize the influence of individual, religious, cultural and customary differences on occupation and participation.
D19	Acquire and develop skills, abilities and practical experience in the socio-health and community context.
D21	To develop professional practice with respect to other professionals, by acquiring teamwork skills.
G06	Encourage user and family participation in the recovery process.
G07	To know, understand and apply the fundamentals of personal autonomy in activities of daily living with and without adaptations and/or technical aids in the life cycle.
G11	To know, evaluate, analyze, develop and participate in health education and promotion programs within the scope of Occupational Therapy to prevent occupational dysfunctions in general and subsequent to medical, surgical and psychiatric conditions and social maladjustment.
G12	To know, develop and implement management plans and health and social and health administration applied to the provision of services and improvement of the quality of Occupational Therapy.
G14	Explain the relationship between occupational performance, health and well-being.

G16	Work in partnership with individuals and groups to actively participate in the occupation through health promotion, prevention, rehabilitation and treatment.
G20	Adapt and apply the Occupational Therapy process in close collaboration with individuals and the population, building capacity to intervene in advocacy, prevention and protection projects with a community and public health focus.
G21	Appreciate and respect individual differences, cultural beliefs, customs and their influence on occupation and participation.
G28	Engage in a continuous process of evaluation and quality improvement in the delivery of Occupational Therapy services, involve people, patients and users where appropriate and communicate the results to stakeholders.

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Additional outcomes

6. Units / Contents

Unit 1:
Unit 2:
Unit 3:
Unit 4:
Unit 5:
Unit 6:
Unit 7:
Unit 8:
Unit 9:
Unit 10:
Unit 11:
Unit 12:
Unit 13:
Unit 14:
Unit 15:
Unit 16:
Unit 17:
Unit 18:
Unit 19:
Unit 20:
Unit 21:
Unit 22:
Unit 23:
Unit 24:
Unit 25:

7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures	B06 B07 B08 B09	1.12	28	Y	N	
Class Attendance (practical) [ON-SITE]	Problem solving and exercises	G16 G20 G21 G28	1.2	30	Y	N	
Writing of reports or projects [OFF-SITE]	Cooperative / Collaborative Learning	B07 B08 B09 B10 C11 CB01 CB02 CB03 CB04 CB05	3.6	90	Y	N	
Final test [ON-SITE]	Assessment tests	C14 C15 C16 C17 D18 D19 D21 G06 G07 G11 G12 G14 G16 G20 G21 G28	0.08	2	Y	Y	
Total:			6	150			
Total credits of in-class work: 2.4			Total class time hours: 60				
Total credits of out of class work: 3.6			Total hours of out of class work: 90				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Oral presentations assessment	20.00%	0.00%	
Other methods of assessment	10.00%	30.00%	
Final test	70.00%	70.00%	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
Hours	hours
Unit 1 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 30-01-2024	End date: 30-01-2024
Unit 2 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 01-02-2024	End date: 01-02-2024
Unit 3 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 01-02-2024	End date: 01-02-2024
Unit 4 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 06-02-2024	End date: 06-02-2024
Unit 5 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 06-02-2024	End date: 06-02-2024
Unit 6 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 08-02-2024	End date: 08-02-2024
Unit 7 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 08-02-2024	End date: 08-02-2024
Unit 8 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08

Group 60:	
Initial date: 08-02-2024	End date: 08-02-2024
Unit 9 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 13-02-2024	End date: 13-02-2024
Unit 10 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 15-02-2024	End date: 15-02-2024
Unit 11 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 15-02-2024	End date: 15-02-2024
Unit 12 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 13-02-2024	End date: 13-02-2024
Unit 13 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 13-02-2024	End date: 13-02-2024
Unit 14 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 13-02-2024	End date: 13-02-2024
Unit 15 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 20-02-2024	End date: 20-02-2024
Unit 16 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 22-02-2024	End date: 22-02-2024
Unit 17 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6

Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 22-02-2024	End date: 22-02-2024
Unit 18 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 27-02-2024	End date: 27-02-2024
Unit 19 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 27-02-2024	End date: 27-02-2024
Unit 20 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 29-02-2024	End date: 29-02-2024
Unit 21 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 05-03-2024	End date: 05-03-2024
Unit 22 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 07-03-2024	End date: 07-03-2024
Unit 23 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 07-03-2024	End date: 07-03-2024
Unit 24 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 12-03-2024	End date: 12-03-2024
Unit 25 (de 25):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	1.12
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	1.2
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.6
Final test [PRESENCIAL][Assessment tests]	.08
Group 60:	
Initial date: 14-03-2024	End date: 14-03-2024
Global activity	
Activities	hours
Class Attendance (practical) [PRESENCIAL][Problem solving and exercises]	30
Final test [PRESENCIAL][Assessment tests]	2

Class Attendance (theory) [PRESENCIAL][Lectures]	28
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	90
Total horas:	150

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	City	ISBN	Year	Description
Kane, Robert L. 1940-	Geriatría clínica	McGraw-Hill Interamericana		970-10-2818-X	2001	
Budson, Andrew E.	Pérdida de memoria, Alzheimer y demencia : una guía práctica	Elsevier,		978-84-9113-116-8	2016	
Abizanda, Rodríguez Mañas	Tratado de medicina geriátrica Fundamentos de la atención sanitaria a los mayores 2nd Edition - May 25, 2020	Elsevier	Madrid	9788491132981	2020	Resumen de TRATADO DE MEDICINA GERIÁTRICA: FUNDAMENTOS DE LA ATENCIÓN SANITARIA A LOS MAYORES (2ª EDICIÓN) La 2ª edición del Tratado de Medicina Geriátrica. Fundamentos de la atención sanitaria a los mayores aporta el core de conocimientos necesarios para los profesionales de habla hispana, siendo una herramienta imprescindible para la formación de geriatras, así como para la actualización de profesionales. Contenido eminentemente clínico y adaptado a la realidad asistencial tanto de España como de Latinoamérica que cuenta con la participación de destacados expertos en esta área tanto a nivel nacional como internacional,
Coordinadora: Ainhoa Esteve Arrien	https://www.elsevier.com/books/tratado-de-medicina-geriatrica/abizanda-soler/978-84-9113-298-1 Manual de manejo de las personas mayores que sufren caídas. De la evidencia científica a la práctica clínica. https://www.semeg.es/uploads/archivos/libro-caidas-semeg.pdf	Sociedad Española de Medicina Geriátrica		: 978-84-09-16089-1	2019	
Howard Fillit, Kenneth Rockwood, John B Young	Brocklehurst's Textbook of Geriatric Medicine and Gerontology 8th Edition	Elsevier		9780702063442	216	The leading reference in the field of geriatric care, Brocklehurst's Textbook of Geriatric Medicine and Gerontology, 8th Edition, by Drs. Howard M. Fillit, Kenneth Rockwood, and John B. Young, provides a contemporary, global perspective on topics of importance to today's gerontologists, internal medicine physicians, and family doctors. An increased focus on frailty, along with coverage of key issues in gerontology, disease-specific geriatrics, and complex syndromes specific to the elderly, makes this 8th Edition the reference you'll turn to in order to meet the unique challenges posed by this growing patient population.
	https://www.elsevier.com/books/brocklehursts-textbook-of-geriatric-medicine-and-gerontology/fillit/978-0-7020-6185-1					Esta nueva publicación de la SEMEG pone al día aspectos candentes de la

Coordinadores: Pedro López-Dóriga Bonnardeaux. Hospital Universitario de Getafe. Carlos de la Fuente Gutiérrez. Hospital Virgen del Mar. Sanitas. Madrid. Vicesecretario Sociedad Española de Medicina Geriátrica (SEMEG).	¿Atención sanitaria a la persona mayor en el siglo XXI¿. Desde la promoción de la salud hasta el final de la vida	Producción Editorial: Sanitas Hospitales, Sanitas Mayores y Hospital Sanitas Virgen del Mar	I.S.B.N.: 978-84-09-	2022	salud pública y de la atención geriátrica derivados del envejecimiento de la población, con un enfoque centrado en la estratificación e individualización de los cuidados y en el papel del servicio de Geriátria como promotor y garante de la interdisciplinaridad y continuidad en los cuidados en el ámbito hospitalario y comunitario. Este libro está hecho desde el rigor que da la experiencia unido al conocimiento y estoy seguro de que será de gran utilidad como referente en aspectos claves de la organización asistencial del mayor
https://www.semeg.es/uploads/archivos/libro-atencion-sanitaria-a-la-persona-mayor-en-el-siglo-xxi-version-digitalpdf-20220518142417.pdf					
Carlos de la Fuente Gutiérrez. Hospital Virgen del Mar. Sanitas. Madrid. Vicesecretario Sociedad Española de Medicina Geriátrica (SEMEG). Pedro López-Dóriga Bonnardeaux. Hospital Universitario de Getafe Exsecretario Sociedad Española de Medicina Geriátrica (SEMEG).	¿Fundamentos de la atención sanitaria a la persona mayor¿. Actualización 2020	Producción Editorial: Sanitas Hospitales, Sanitas Mayores y Hospital Sanitas Virgen del Mar	978-84-09-39009-0	2021	un libro cargado de datos, ante una apuesta por el conocimiento en los temas de mayor interés que atañen al envejecimiento. Una magnífica selección de capítulos y autores, digna sucesora de la edición anterior que ambos tuvimos el placer de coordinar. Un trabajo ingente de recopilación y ordenación de información que se ajusta a la apuesta por el rigor, por la huida de populismos o apriorismos que no pueden conducir más que a un éxito a muy corto plazo porque se dirigen a la propaganda, a ideas preconcebidas de lo que un anciano es y necesita (o somos y necesitamos)
https://www.semeg.es/uploads/archivos/libro-fundamentos-at-sanitaria-v3pdf-20211021151948.pdf					
I. Ruipérez	Tratado de Geriatria para residentes	Coordinación editorial: International Marketing & Communication, S.A. (IM&C)	84-689-8949-5	2005	
https://www.segg.es/tratadogeriatria/pdf/s35-05%2000_primeras.pdf					