



1. General information

Course: CULTURAL DIVERSITY AND SOCIAL INEQUALITIES IN HEALTH
Type: BASIC
Degree: 391 - UNDERGRADUATE DEGREE PROGRAMME IN NURSING (TA)
Center: 16 - FACULTY OF SCIENCES OF THE HEALTH OF TALAVERA
Year: 1

Main language: Spanish
Use of additional languages:
Web site:

Code: 15305
ECTS credits: 6
Academic year: 2023-24
Group(s): 60 61
Duration: C2
Second language: English
English Friendly: Y
Bilingual: N

Lecturer: CLARA MAESTRE MIQUEL - Group(s): 60 61

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2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

"Cultural diversity and social inequalities in health" is a subject that belongs to the compulsory training of Nursing Degree. This subject permits to analyze and reflect on nursing care, considering new sociocultural perspectives which have to be applied in health caring, in a multicultural society.

Understanding health/illness process is not an homogeneous issue, considering that there are social, cultural, politic and economic factors which have influence in diverse conceptual approaches. Moreover, health and illness are social constructions that go further than the biomedical model, and that have to be analyzed from the sociocultural and historical facts.

This subjects is related with other subjects about Nursing care, contributing with knowledge and skills related with cultural effects on patients, healers and self-percieved health. It is mainly related with subjects as Public Health Introduction, Health Psicology, Community Nursing, Ethics and Legislation, and Health services Managing.

In this subjects, undergraduates will have competencies to analyze the differences of atention/ health/illness processes, that come from cultural diversity and social inequalities and their effects as well, as inequality, discrimination and social exclusion, and margination. Contents in this subject will prepare undergraduates to carry out nursing interventions culturally appropriate.

4. Degree competences achieved in this course

Course competences

Code	Description
A08	To identify the psychosocial responses of people to different health situations (in particular, illness and suffering), selecting the appropriate actions to provide help. To establish an empathetic and respectful relationship with the patient and family according to the situation of the person, health problem and stage of development. To use strategies and skills that allow an effective communication with patients, families and social groups, as well as the expression of their concerns and interests.
A10	To know and to identify psychological and physical problems derived from gender violence to train students in the prevention, early detection, assistance, and rehabilitation of victims of this form of violence.
B04	To demonstrate ethical commitment and professional deontology.
C01	Learning to learn.
C03	To apply critical, logical and creative thinking, demonstrating innovation skills.
C04	To work autonomously with responsibility and initiative.
C05	To work in a team in a collaborative way and shared responsibility.
C06	To communicate information, ideas, problems and solutions clearly and effectively in a specific public or technical field.

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Analyze health strategies for the prevention and care of victims of social and gender-based violence.

Understanding health inequalities as a typical and group observable expression of sociocultural inequity.

Understanding without prejudice to people, considering their social and cultural aspects and respecting their opinions, beliefs and values ¿¿as autonomous individuals.

Identification of health problems / illness / socio-health care derived from cultural differences (gender, age, and ethnicity) and social inequalities (socioeconomic status).

Understand the interactive behaviour of the person according to gender, group or community, within their social and multicultural context.

Identification of strategies and skills that allow an effective communication with families and social groups, as well as the expression of their concerns and interests.

Understanding of alternative projects for collective health in our sociocultural context.

6. Units / Contents

Unit 1: Social and cultural factors that configure identity processes and expectations of quality of life.

Unit 2: Social inequalities and their impact in health/ illness process. Social disadvantage, vulnerability and social exclusion. Effects in morbidity, mortality and health assistance.

Unit 3: Gender and health, from difference to inequality. Health and social class. Well-being, life style and social support.

Unit 4: Health policy, institutional and professional strategies in assisting cultural diversity and social health inequalities.

7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures	A08 A10	1.2	30	N	-	
Group tutoring sessions [ON-SITE]	Group tutoring sessions	C05	0.08	2	Y	N	
Project or Topic Presentations [ON-SITE]	Lectures	C06	0.08	2	Y	N	
In-class Debates and forums [ON-SITE]	project-based learning	C01	0.24	6	Y	N	
Individual tutoring sessions [ON-SITE]	Guided or supervised work	C04	0.08	2	N	-	
Study and Exam Preparation [OFF-SITE]	Self-study	C01	1.8	45	N	-	
Writing of reports or projects [OFF-SITE]	Self-study	C01 C03 C04	1.6	40	Y	N	
Workshops or seminars [ON-SITE]	Workshops and Seminars	C05	0.56	14	Y	N	
Final test [ON-SITE]	Assessment tests	A08 A10 B04 C03 C06	0.16	4	Y	Y	
On-line debates and forums [OFF-SITE]	Online Forums	B04 C06	0.2	5	Y	N	
Total:			6	150			
Total credits of in-class work: 2.4			Total class time hours: 60				
Total credits of out of class work: 3.6			Total hours of out of class work: 90				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Final test	70.00%	100.00%	Writing test (required).
Other methods of assessment	30.00%	0.00%	Other activities that could be in english as well, and that are related with the competencies of this subject.
Total:	100.00%	100.00%	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

9. Assignments, course calendar and important dates

Not related to the syllabus/contents	
Hours	hours
Group tutoring sessions [PRESENCIAL][Group tutoring sessions]	2
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	2
Final test [PRESENCIAL][Assessment tests]	4
On-line debates and forums [AUTÓNOMA][Online Forums]	5
Unit 1 (de 4): Social and cultural factors that configure identity processes and expectations of quality of life.	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	8
In-class Debates and forums [PRESENCIAL][project-based learning]	1
Study and Exam Preparation [AUTÓNOMA][Self-study]	10
Writing of reports or projects [AUTÓNOMA][Self-study]	10
Workshops or seminars [PRESENCIAL][Workshops and Seminars]	3
Unit 2 (de 4): Social inequalities and their impact in health/ illness process. Social disadvantage, vulnerability and social exclusion. Effects in morbidity, mortality and health assistance.	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	8
In-class Debates and forums [PRESENCIAL][project-based learning]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	15
Writing of reports or projects [AUTÓNOMA][Self-study]	10
Workshops or seminars [PRESENCIAL][Workshops and Seminars]	4
Unit 3 (de 4): Gender and health, from difference to inequality. Health and social class. Well-being, life style and social support.	

Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	8
Project or Topic Presentations [PRESENCIAL][Lectures]	1
In-class Debates and forums [PRESENCIAL][project-based learning]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	15
Writing of reports or projects [AUTÓNOMA][Self-study]	12
Workshops or seminars [PRESENCIAL][Workshops and Seminars]	4
Unit 4 (de 4): Health policy, institutional and professional strategies in assisting cultural diversity and social health inequalities.	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	6
In-class Debates and forums [PRESENCIAL][project-based learning]	1
Study and Exam Preparation [AUTÓNOMA][Self-study]	6
Writing of reports or projects [AUTÓNOMA][Self-study]	8
Workshops or seminars [PRESENCIAL][Workshops and Seminars]	3
Global activity	
Activities	hours
Class Attendance (theory) [PRESENCIAL][Lectures]	30
Group tutoring sessions [PRESENCIAL][Group tutoring sessions]	2
Project or Topic Presentations [PRESENCIAL][Lectures]	1
In-class Debates and forums [PRESENCIAL][project-based learning]	6
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	46
Writing of reports or projects [AUTÓNOMA][Self-study]	40
Workshops or seminars [PRESENCIAL][Workshops and Seminars]	14
Final test [PRESENCIAL][Assessment tests]	4
On-line debates and forums [AUTÓNOMA][Online Forums]	5
Total horas: 150	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
Daponte A, et al.	Las desigualdades sociales en salud.	Escuela Andaluza de Salud Pública			2008	
Esteban ML.	Introducción a la Antropología de la Salud. Aplicaciones teóricas y prácticas.	Osalde			2007	
Martínez Hernández A.	Antropología médica.	Anthropos			2011	
Perdiguer E, Comelles JM	Medicina y cultura	Ediciones Bellaterra			2000	
Spensor RE.	Las culturas de la salud.	PEARSON			2002	
Buchbinder, M.	Understanding health inequalities and justice.	Open University			2011	
Sigerist, Marmot	Social inequalities in health	Open University			2006	
Graham, H.	Understanding health inequalities	Open University			2011	