



UNIVERSIDAD DE CASTILLA - LA MANCHA

GUÍA DOCENTE

1. General information

Course: HANDBALL PERFORMANCE

Type: ELECTIVE

Degree: 314 - DEGREE IN SCIENCES OF THE PHYSICAL ACTIVITY AND OF THE SPORT

Center: 8 - FACULTY OF SPORT SCIENCES

Year: 4

Main language: English

Use of additional languages:

Web site:

Code: 39336

ECTS credits: 6

Academic year: 2023-24

Group(s): 40

Duration: C2

Second language: Spanish

English Friendly: N

Bilingual: N

Lecturer: FRANCISCO SANCHEZ SANCHEZ - Group(s): 40

Building/Office	Department	Phone number	Email	Office hours
1.63	ACTIVIDAD FÍSICA Y CIENCIAS DEL DEPORTE	5524	fco.sanchez@uclm.es	

2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

Not established

4. Degree competences achieved in this course

Course competences

Code	Description
A01	Develop the ability to collect and interpret data to make judgments that include a reflection on relevant social, scientific or ethical issues.
A03	Understand the scientific literature in the field of physical activity and sport in the English language and in other languages of significant presence in the scientific field.
A09	Develop learning skills necessary to undertake further studies with a high degree of autonomy.
B10	Design, develop and evaluate the teaching-learning processes related to physical activity and sport, with attention to the individual and contextual characteristics of people.
B12	Plan, develop and control the training process at its different levels.
M1221	
M1223	
M1224	

5. Objectives or Learning Outcomes

Course learning outcomes

Description

6. Units / Contents

Unit 1:

Unit 1.1

Unit 1.2

Unit 1.3

Unit 1.4

Unit 1.5

Unit 1.6

Unit 2:

Unit 2.1

Unit 3:

Unit 3.1

Unit 3.2

Unit 4:

Unit 4.1

7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description

Class Attendance (theory) [ON-SITE]	Lectures	M1221 M1223	0.6	15	Y	Y
Class Attendance (practical) [ON-SITE]	Project/Problem Based Learning (PBL)	A09 M1221	1.2	30	Y	Y
Project or Topic Presentations [ON-SITE]	Debates	A01 A03	0.3	7.5	Y	Y
Study and Exam Preparation [OFF-SITE]	Self-study	B12 M1221 M1223	1.9	47.5	Y	N
Writing of reports or projects [OFF-SITE]	Self-study	A01 A03 A09	1.5	37.5	Y	Y
Analysis of articles and reviews [OFF-SITE]	Reading and Analysis of Reviews and Articles	A03	0.2	5	Y	Y
Final test [ON-SITE]	Assessment tests	B12 M1221 M1223	0.1	2.5	Y	Y
In-class Debates and forums [ON-SITE]	Debates	A01 A09	0.2	5	Y	Y
Total:			6	150		
Total credits of in-class work: 2.4			Total class time hours: 60			
Total credits of out of class work: 3.6			Total hours of out of class work: 90			

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System			
Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Final test	30.00%	100.00%	
Theoretical papers assessment	40.00%	0.00%	
Assessment of active participation	10.00%	0.00%	
Oral presentations assessment	20.00%	0.00%	
Total:	100.00%	100.00%	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
Hours	hours
Project or Topic Presentations [PRESENCIAL][Debates]	7.5
Study and Exam Preparation [AUTÓNOMA][Self-study]	15
Writing of reports or projects [AUTÓNOMA][Self-study]	34.5
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	5
Final test [PRESENCIAL][Assessment tests]	2.5
Unit 1 (de 4):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	9
Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]	15
Study and Exam Preparation [AUTÓNOMA][Self-study]	17.5
In-class Debates and forums [PRESENCIAL][Debates]	2
Group 40:	
Initial date: 30-01-2024	End date: 05-04-2024
Unit 2 (de 4):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]	7
Study and Exam Preparation [AUTÓNOMA][Self-study]	7
In-class Debates and forums [PRESENCIAL][Debates]	1
Group 40:	
Initial date: 08-04-2024	End date: 19-04-2024
Unit 3 (de 4):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]	5
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
In-class Debates and forums [PRESENCIAL][Debates]	1
Group 40:	
Initial date: 22-04-2024	End date: 10-05-2024
Unit 4 (de 4):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	2

Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]	3
Study and Exam Preparation [AUTÓNOMA][Self-study]	3
Writing of reports or projects [AUTÓNOMA][Self-study]	3
In-class Debates and forums [PRESENCIAL][Debates]	1
Group 40:	
Initial date: 13-05-2024	End date: 17-05-2024
Global activity	
Activities	hours
In-class Debates and forums [PRESENCIAL][Debates]	5
Class Attendance (theory) [PRESENCIAL][Lectures]	15
Study and Exam Preparation [AUTÓNOMA][Self-study]	47.5
Final test [PRESENCIAL][Assessment tests]	2.5
Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]	30
Project or Topic Presentations [PRESENCIAL][Debates]	7.5
Writing of reports or projects [AUTÓNOMA][Self-study]	37.5
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	5
Total horas: 150	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
	Asociación de Entrenadores de Balonmano www.aebm.com					
	European Handball Federation www.eurohandball.com					
	Real Federación Española de Balonmano www.rfebmn.net					
Manuel Laguna	Balonmano, fundamentos y especialización	RFEBM			2019	
Francisco Sánchez	Balonmano- Contenidos del juego	C.O.E.			1991	