

**1. General information****Course:** INTRODUCTION TO PSYCHOLOGY**Type:** CORE COURSE**Degree:** 375 - UNDERGRADUATE DEGREE PROGRAMME IN HUMANITIES AND HERITAGE**Center:** 502 - FACULTY OF HUMANITIES IN TOLEDO**Year:** 2**Main language:** Spanish**Use of additional languages:****Web site:****Code:** 44314**ECTS credits:** 6**Academic year:** 2023-24**Group(s):** 40**Duration:** First semester**Second language:** English**English Friendly:** Y**Bilingual:** N**Lecturer:** MARIA JUANA AMERIGO CUERVO-ARANGO - Group(s): 40

Building/Office	Department	Phone number	Email	Office hours
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**2. Pre-Requisites**

Not established

**3. Justification in the curriculum, relation to other subjects and to the profession**

Not established

**4. Degree competences achieved in this course****Course competences**

Code	Description
E26	Be able to develop an articulated speech around ethical and political values while cultivating self-critical habits.
E28	Apply the basic theoretical concepts of anthropological, philosophical and psychological knowledge, identifying and placing in their temporal context the main schools and authors of the tradition of these disciplines.
E31	Understand from a scientific attitude the functioning of the human mind through basic cognitive and motivational processes.
E32	Understand basic and applied research in Social Psychology through its theoretical and methodological foundations.
G04	Ethical commitment and professional ethics.
G05	Possess and understand knowledge in Humanities at a higher level, including some cutting edge knowledge in the different fields of study within the Degree.
G07	Be able to develop and defend arguments and solve problems within the Humanities and Heritage field.
G08	Have the ability to gather and interpret relevant data to inform judgments that include reflection on relevant social, scientific or ethical issues.
G10	Ability to write a monograph, undertake field work or perform basic empirical study, using the methodological criteria of the disciplines of the Degree.
G11	Be able to communicate information, ideas, problems and solutions to both specialist and non-specialist audiences.
G12	Develop those skills needed to undertake further studies with a high degree of autonomy.
G15	Know, understand and interpret social and cultural diversity while respecting equality of opportunity among all human beings, valuing freedom, tolerance and the culture of peace.
G16	Open to approaches where paradoxes and human contradictions are transformed into necessarily complementary forces.
G17	Develop the ability to overcome stereotyped relationships and interpretations.

**5. Objectives or Learning Outcomes****Course learning outcomes****Description**

Put into practice the basic theoretical and methodological tools to start building their own critical analyses and judgments.

Possess an integral vision of the human being from the diverse, complementary and historically contextualized approaches of anthropology, philosophy and psychology.

Acquire a critical knowledge of human reality in its diversity, and an ethical commitment to the values of coexistence and dialogue between different individual and cultural life options.

Understand the variety of theoretical and methodological criteria that allow the study of human phenomena.

**Additional outcomes****6. Units / Contents****Unit 1:**

Unit 1.1

Unit 1.2

Unit 1.3

**Unit 2:**

Unit 2.1

Unit 2.2  
Unit 2.3  
Unit 3:  
Unit 3.1  
Unit 3.2  
Unit 3.3

## 7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Combination of methods	E26 E28 E31 E32 G04 G05 G07 G08 G10 G11 G12 G15 G16 G17	1.2	30	Y	N	
Problem solving and/or case studies [ON-SITE]	Project/Problem Based Learning (PBL)	E26 E28 E31 E32 G04 G05 G07 G08 G10 G11 G12 G15 G16 G17	0.8	20	Y	N	
Individual tutoring sessions [ON-SITE]	Other Methodologies	E26 E28 E31 E32 G04 G05 G07 G08 G10 G11 G12 G15 G16 G17	0.24	6	Y	N	
Study and Exam Preparation [OFF-SITE]	Self-study	E26 E28 E31 E32 G04 G05 G07 G08 G10 G11 G12 G15 G16 G17	1.8	45	Y	N	
Progress test [ON-SITE]	Assessment tests	E26 E28 E31 E32 G04 G05 G07 G08 G10 G11 G12 G15 G16 G17	0.12	3	Y	N	
Final test [ON-SITE]	Assessment tests	E26 E28 E31 E32 G04 G05 G07 G08 G10 G11 G12 G15 G16 G17	0.04	1	Y	Y	
Writing of reports or projects [OFF-SITE]	Combination of methods	E26 E28 E31 E32 G04 G05 G07 G08 G10 G11 G12 G15 G16 G17	1.8	45	Y	N	
<b>Total:</b>			<b>6</b>	<b>150</b>			
<b>Total credits of in-class work: 2.4</b>			<b>Total class time hours: 60</b>				
<b>Total credits of out of class work: 3.6</b>			<b>Total hours of out of class work: 90</b>				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

## 8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Projects	40.00%	40.00%	
Final test	50.00%	50.00%	
Assessment of active participation	10.00%	10.00%	
<b>Total:</b>	<b>100.00%</b>	<b>100.00%</b>	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

## 9. Assignments, course calendar and important dates

Not related to the syllabus/contents	
<b>Hours</b>	<b>hours</b>
Class Attendance (theory) [PRESENCIAL][Combination of methods]	30
Problem solving and/or case studies [PRESENCIAL][Project/Problem Based Learning (PBL)]	20
Individual tutoring sessions [PRESENCIAL][Other Methodologies]	6
Study and Exam Preparation [AUTÓNOMA][Self-study]	45
Progress test [PRESENCIAL][Assessment tests]	3
Final test [PRESENCIAL][Assessment tests]	1
Writing of reports or projects [AUTÓNOMA][Combination of methods]	45
<b>Global activity</b>	
<b>Activities</b>	<b>hours</b>
Class Attendance (theory) [PRESENCIAL][Combination of methods]	30
Problem solving and/or case studies [PRESENCIAL][Project/Problem Based Learning (PBL)]	20
Progress test [PRESENCIAL][Assessment tests]	3
Final test [PRESENCIAL][Assessment tests]	1
Study and Exam Preparation [AUTÓNOMA][Self-study]	45
Writing of reports or projects [AUTÓNOMA][Combination of methods]	45
Individual tutoring sessions [PRESENCIAL][Other Methodologies]	6
<b>Total horas: 150</b>	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
Lilienfeld, S. O.	Public Skepticism of Psychology. Why many people perceive the study of human behavior as unscientific.	American Psychological Association			2012	
Ferguson, Ch. J.	Everybody Knows Psychology Is Not a Real Science	American Psychological Association			2015	
Kahneman, D.	Pensar rápido, pensar despacio (7 ed.).	Debate			2015	
Myers, D. G y DeWall, N. C.	Exploring Psychology. Eleventh Edition in modules	Macmillan			2019	
Smith, E. E.; Nolen-Hoeksema, S.; Fredrickson, B. & Loftus, G.R.	Atkinson & Hilgard's Introducción a la Psicología	Thompson			2003	
Lilienfeld, S. O.; Lynn, S. J.; Ruscio, J.; Beyerstein, B.	50 grandes mitos de la psicología popular : las ideas falsas	Biblioteca Buridán		978-84-92616-53-4	2010	
Butler-Bowdon, Tom (1967-)	50 clásicos de la psicología /	Sirio,		978-84-7808-600-9	2015	
Méndez Paz, Cástor	Pensar la psicología /	Siglo XXI,		978-84-323-1777-4	2015	
Delgado Losada, M. L.	Fundamentos de Psicología para ciencias sociales y de la salud	Médica Panamericana,		978-84-9835-253-5 (r	2014	
Amérigo, M.	Modelos psicológicos de ser humano: Un perfil disciplinar de la Psicología contemporánea	Universidad de Castilla-La Mancha	Cuenca	84-89958-06-8	1997	
Myers, D. G.	Psicología (9ª ed.)	Médica Panamericana	Madrid:	84790939175	2011	
Psychology's Comprehensive Online Resources	Psychology.org				2011	
The British Psychological Society	<a href="http://www.psychology.org/">http://www.psychology.org/</a> Milgram's obedience studies. Not about obedience after all.				2011	
The British Psychological Society	<a href="http://bps-research-digest.blogspot.com/2011/02/milgrams-obedience-studies-not-about.html">http://bps-research-digest.blogspot.com/2011/02/milgrams-obedience-studies-not-about.html</a> The BBC Prison Study <a href="http://www.bbcprisonstudy.org/">http://www.bbcprisonstudy.org/</a>					
Rodríguez; A.; Morales, J. F.; Delgado, N.; Betancor, V.	50 experimentos imprescindibles para entender la Psicología Social	Alianza Editorial	Madrid	9788491044338	2016	