



## 1. General information

Course: PSYCHOLOGY

Type: BASIC

Degree: 332 - UNDERGRADUATE DEGREE PROGRAMME IN MEDICINE

Center: 9 - FACULTY OF MEDICINE OF CIUDAD REAL

Year: 1

Main language: Spanish

Use of additional  
languages:

Web site:

Code: 34307

ECTS credits: 6

Academic year: 2023-24

Group(s): 20

Duration: C2

Second language:

English Friendly: Y

Bilingual: N

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## 2. Pre-Requisites

Not established

## 3. Justification in the curriculum, relation to other subjects and to the profession

"Psychology" course belongs to Module III (Human Clinical Training) and specifically to 3.1 (Basics of Human Behavior) of the Medicine Teaching Plan. It is a basic course, with 6 ECTS and is taught during the second semester of the first year

Bases of Human Behavior is part of module III "Human Clinical Training". It is the only content in this module taught during the first academic year. All the courses included in Module III have a clinical content, and their objective is to train the student in the knowledge of the causes of diseases, their underlying mechanisms, their manifestations, their diagnosis and their treatment. More specifically, Bases of Human Behavior analyzes psychic phenomena and human behavior in a normal situation and includes the study of basic psychological processes, personality and individual differences, cognitive, emotional and psychosocial development in childhood and adolescence, attitudes, values and social beliefs, psychological assessment in medical practice and psychopathology, principles of cognitive-behavioral psychotherapy, stress and health, psychology of pain and coping with chronic illness.

The skills provided by Psychology course allow us to understand the psychological and social aspects that influence health and disease processes, paying special attention to the analysis of the interaction between the doctor and the patient, the promotion of healthy behaviors, the learning of main techniques of psychological intervention and the acquisition of knowledge, skills and attitudes related to the planning, coordination and leadership of work teams in the field of health sciences.

RELATIONSHIP WITH OTHER SUBJECTS. It is necessary to have passed this course in order to pass the Psychiatry course of this same degree.

## 4. Degree competences achieved in this course

## Course competences

Code	Description
3.28	Cognitive, emotional and psychosocial development in childhood and adolescence.
3.29	Knowledge of the biological, psychological and social foundations of personality and behavior.
3.31	Psychotherapy.
CT01	Proficiency in a second foreign language at level B1 of the Common European Framework of Reference for Languages.
CT03	Good oral and written communication skills.
G04	Develop professional practice with respect for the patient's autonomy, their beliefs and culture.
G05	Recognize their own limitations and the need to maintain and update their professional competence, giving special importance to autonomous learning of new knowledge and techniques and motivation for quality.
G06	Develop professional practice with respect to other health professionals, acquiring teamwork skills.
G08	Recognize the bases of normal human behavior and its alterations.
G10	Understand and recognize the causative agents and risk factors that determine health states and the development of the disease.
G13	Obtain and prepare a clinical history containing all relevant information.

## 5. Objectives or Learning Outcomes

### Course learning outcomes

#### Description

Learning to design and organize the work. Acquiring habits of perseverance in the study.

Acquisition of oral and/or written presentation and communication skills.

Cognitive, emotional and psychosocial development in childhood and adolescence. Knowledge of the biological, psychological and social foundations of personality and behavior.

### Additional outcomes

-Knowing the processes that influence the evaluation we make of ourselves and understand the different mechanisms used by people to manage the impressions they transmit to others.

-Analyzing schemes, prototypes and categories as strategies to order the social world, and understand their implications in health.

-Identifying people's psychosocial responses to different health and disease situations, selecting the appropriate actions to provide help to them.

-Understanding the multicausal nature of mental disorders and be able to identify the role of biological, psychological and social factors.

-Planning, coordinating and leading meetings and work teams in the field of health sciences.

## 6. Units / Contents

**Unit 1: Module 1. Introduction to psychology and basic psychological processes. Neuroscience foundations. Awareness and arousal. Attention, sensation and perception. Learning. Motivation. Emotion. Memory. Thought and language.**

**Unit 2: Module 2. Social Psychology. Social influence. Social cognition.**

**Unit 3: Module 3. Human development, personality and intelligence.**

**Unit 4: Module 4. Clinical Psychology. Psychotherapy.**

**Unit 5: Module 5. Health Psychology. Stress and coping. Chronic and terminal illnesses. Pain.**

## 7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (practical) [ON-SITE]	Practical or hands-on activities		0.6	15	Y	Y	
Class Attendance (theory) [ON-SITE]	Lectures		0.6	15	Y	Y	
Progress test [ON-SITE]	Assessment tests		0.1	2.5	Y	Y	
Final test [ON-SITE]	Assessment tests		0.1	2.5	Y	Y	
Project or Topic Presentations [ON-SITE]	Guided or supervised work		0.6	15	Y	Y	
Problem solving and/or case studies [ON-SITE]	Problem solving and exercises		0.4	10	Y	Y	
Writing of reports or projects [OFF-SITE]	Group Work		0.24	6	Y	N	
Study and Exam Preparation [OFF-SITE]	Self-study		2.56	64	Y	N	
Other off-site activity [OFF-SITE]	Self-study		0.8	20	Y	N	
<b>Total:</b>			<b>6</b>	<b>150</b>			
<b>Total credits of in-class work: 2.4</b>			<b>Total class time hours: 60</b>				
<b>Total credits of out of class work: 3.6</b>			<b>Total hours of out of class work: 90</b>				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

## 8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Progress Tests	50.00%	0.00%	THEORY: Module exams
Final test	20.00%	70.00%	THEORY: Final test
Assessment of active participation	5.00%	5.00%	PRACTICES: Participation and attitude
Practicum and practical activities reports assessment	10.00%	10.00%	PRACTICES: Practices, oral presentations, problems developed in the last non-recoverable ordinary call
Final test	15.00%	15.00%	PRACTICES: Practical test, recoverable.
<b>Total:</b>	<b>100.00%</b>	<b>100.00%</b>	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

### Evaluation criteria for the final exam:

#### Continuous assessment:

A student enrolled for the first time in a subject is entitled to two calls during the academic year:

1. Ordinary call: it comprises the continuous evaluation of all theoretical and practical activities reflected in the timetable attending to the conditions described in the teaching guide of the subject and the minimum attendance requirements to pass the subject.

2. Extraordinary call: It includes the evaluation exclusively of the failed part of the subject in the ordinary call. It consists of a theoretical exam and/or a practical exam. The rest of the marks of the practical part will be those obtained during the course in reports, seminars, presentations, assignments,

participation and attitude or OSCE.

In case of failing the course the first time it is taken, for the following academic year there will be two of this three options:

1. Ordinary call: within this call, two modalities can be chosen:

a. Attendance mode: It includes the continuous evaluation of all theoretical and practical activities reflected in the timetable, complying with the conditions described in the teaching guide of the subject, as if the subject was taken for the first time. Thus, the grades obtained in the previous year will not be taken into account.

b. Non-attendance mode: It includes the evaluation of only the failed part of the subject in the previous course through a theoretical exam and/or a practical exam per semester on the same date as the final exam of each semester. The marks for practical exams other than the practical exam will be kept from the previous course. This modality can only be chosen in the case of having taken the subject in the ordinary call in the previous academic year.

2. Extraordinary call: It includes the evaluation of only the failed part of the subject in the ordinary call either of the current academic year, if the student has chosen the ordinary on-site call, or of the previous academic year, in the rest of the cases. It will consist of a theoretical and/or a practical exam. The rest of the marks of the practical part will be those of the current or previous course. In the case of not having taken the ordinary on-site exam in the current or previous academic year, the grades of previous exams will not be taken into account, since only one course will be kept.

3. Special final exam: This includes the evaluation of only the failed part of the subject in the previous academic year. This call can only be requested in key subjects. It will consist of a theoretical exam and/or a practical exam. The rest of the marks of the practical part will be those of the previous course. In the case of not having taken the ordinary on-site exam in the current or previous course, the grades of previous exams will not be taken into account since only one course will be kept.

These conditions will only be maintained in the academic year consecutive to the ordinary on-site call of a subject. The grade of the practical or theoretical part passed will only be kept if the minimum attendance requirements to pass the subject described in the electronic guide have been met.

If the subject is not passed in the second academic year, the same biannual cycle criteria described for the first and second year of enrollment will be followed in the third and successive odd numbered years of enrollment.

#### ORDINARY CALL:

Theoretical evaluation:

70% distributed in:

- 50% module exams
- 20% final semester exams

To pass the course it will be necessary to obtain 40% of this 70%, which means, at least, 2.8 points in the theoretical part of the 10 total points of the course and to fulfill the requirements of the section "Evaluation criteria".

For the module exams (50% of the grade, i.e. 5 points) no minimum grade is established, so all grades obtained will be added together.

For the final exams (20% of the grade, i.e. 2 points) a minimum grade equal to 40% of the maximum grade to be achieved in each final exam is established.

In order to favor the weight of the continuous evaluation in the final grade, not reaching the minimum grade established will not mean the impossibility to pass the course, but the points of that final exam will not be added to the rest of the points obtained.

Evaluation of practices, presentations, problems, assignments, participation and attitude:

30% valued jointly as follows for basic subjects:

- Practical exams at the end of the semester: 15%.
- Presentations, papers and practices: 10%.
- Participation and attitude: 5%.

#### Non-continuous evaluation:

Theoretical evaluation: exam with a weight of 70%. To pass the course it will be necessary to obtain 40% of this 70%, which means at least 2.8 points in the theoretical part of the 10 total points of the course and meet the requirements of the section "Evaluation criteria". In case of having passed the theoretical part of the course in the current or previous year, the grade obtained in the last exam will be maintained.

Practical evaluation: to pass the course it will be necessary to obtain 40% of the 30%, which means at least 1.2 points in the practical part of the 10 total points of the course and to fulfill the requirements of the section "Evaluation criteria". In case of having passed the practical part in the current or previous course, the grade obtained in the last exam will be maintained.

#### Specifications for the resit/retake exam:

See what is described in the previous point.

#### Specifications for the second resit / retake exam:

See what is described in the previous point.

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
Hours	hours
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	15
Class Attendance (theory) [PRESENCIAL][Lectures]	15
Progress test [PRESENCIAL][Assessment tests]	2.5
Final test [PRESENCIAL][Assessment tests]	2.5
Project or Topic Presentations [PRESENCIAL][Guided or supervised work]	15
Problem solving and/or case studies [PRESENCIAL][Problem solving and exercises]	10
Writing of reports or projects [AUTÓNOMA][Group Work]	6
Study and Exam Preparation [AUTÓNOMA][Self-study]	64
Other off-site activity [AUTÓNOMA][Self-study]	20
<b>Unit 1 (de 5): Module 1. Introduction to psychology and basic psychological processes. Neuroscience foundations. Awareness and arousal. Attention, sensation and perception. Learning. Motivation. Emotion. Memory. Thought and language.</b>	
Group 20:	
Initial date: 05-02-2024	End date: 23-02-2024
<b>Unit 2 (de 5): Module 2. Social Psychology. Social influence. Social cognition.</b>	

Group 20:	
<b>Initial date:</b> 26-02-2024	<b>End date:</b> 15-03-2024
<b>Unit 3 (de 5): Module 3. Human development, personality and intelligence.</b>	
Group 20:	
<b>Initial date:</b> 18-03-2024	<b>End date:</b> 12-04-2024
<b>Unit 4 (de 5): Module 4. Clinical Psychology. Psychotherapy.</b>	
Group 20:	
<b>Initial date:</b> 15-04-2024	<b>End date:</b> 03-05-2024
<b>Unit 5 (de 5): Module 5. Health Psychology. Stress and coping. Chronic and terminal illnesses. Pain.</b>	
Group 20:	
<b>Initial date:</b> 06-05-2024	<b>End date:</b> 24-05-2024
<b>Global activity</b>	
<b>Activities</b>	<b>hours</b>
Problem solving and/or case studies [PRESENCIAL][Problem solving and exercises]	10
Writing of reports or projects [AUTÓNOMA][Group Work]	6
Study and Exam Preparation [AUTÓNOMA][Self-study]	64
Other off-site activity [AUTÓNOMA][Self-study]	20
Class Attendance (theory) [PRESENCIAL][Lectures]	15
Progress test [PRESENCIAL][Assessment tests]	2.5
Final test [PRESENCIAL][Assessment tests]	2.5
Project or Topic Presentations [PRESENCIAL][Guided or supervised work]	15
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	15
<b>Total horas: 150</b>	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
Taylor, S.E.	Psicología de la Salud 6ª Ed.	Piramide	Madrid	978-97-0106-238-8	2007	Lectura básica Módulo 5
American Psychiatric Association	Manual Diagnóstico y Estadístico de los Trastornos Mentales IV-TR.	Elsevier-Mason	Madrid	978-84-4581-087-3	2009	Lectura básica Módulo 4
Blanco, A.	Psicología Social (2ª ed.)	CEF	Madrid	978-84-4541-550-4	2009	Lectura básica Módulo 2
Díaz, D. y Latorre J.M.	Psicología Médica. 2ª Ed.	Elsevier	Barcelona		2021	Manual General de la Asignatura
Fiske, S.T., Gilbert, D.T. & Lindzey, G.	Handbook of social psychology (5th ed.)	Wiley	New York	978-0-470-13748-2	2010	Lectura básica Módulo 2
Moreno-Jiménez, B. y Díaz, D	Psicología de la Personalidad y las Diferencias Humanas.	CEF	Madrid	978-84-454-1594-8	2010	Lectura básica Módulo 3
Smith, E. y Kosslyn, S.	Procesos cognitivos: Modelos y bases neurales.	Pearson Education	Madrid	978-84-8322-396-3	2008	Lectura básica Módulo 1
Myers, D.G.	Psicología (7ª Edición).	Editorial Médica Panamericana	Mexico	84-7903-917-5	2008	Manual de consulta