



1. General information

Course: GERIATRIC NURSING

Type: CORE COURSE

Degree: 389 - UNDERGRADUATE DEGREE PROGRAMME IN NURSING (CU)

Center: 302 - FACULTY OF NURSING OF CUENCA

Year: 3

Main language: Spanish

Use of additional
languages:

Web site:

Code: 15316

ECTS credits: 6

Academic year: 2023-24

Group(s): 30

Duration: First semester

Second language: English

English Friendly: Y

Bilingual: N

Lecturer: CELIA ALVAREZ BUENO - Group(s): 30

| Building/Office | Department | Phone number | Email | Office hours |
|---|---|--------------|----------------------------|--------------|
| Edificio Melchor Cano. Despacho 3.04 | ENFERMERÍA, FISIOTERAPIA Y TERAPIA OCUP. | +34926053741 | celia.alvarezbueno@uclm.es | |

2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

Not established

4. Degree competences achieved in this course

Course competences

| Code | Description |
|------|--|
| A02 | To know the use and indication of health products linked to nursing care. |
| A04 | To know the use of medicines, evaluating the expected benefits and the associated risks and/or effects derived from their administration and consumption. |
| A05 | To know and assess the nutritional needs of healthy people and people with health problems throughout the life cycle, promoting and reinforcing patterns of healthy eating behavior. To identify the nutrients and foods in which they are found. To identify the most prevalent nutritional problems and select the appropriate dietary recommendations. |
| A06 | To apply the information and communication technologies in systems of health care. |
| A07 | To know the physiopathological processes, their manifestations and the risk factors that determine the health and disease states in the different stages of the life cycle. |
| A09 | To recognize life-threatening situations and know how to execute basic and advanced life support maneuvers. |
| A10 | To know and to identify psychological and physical problems derived from gender violence to train students in the prevention, early detection, assistance, and rehabilitation of victims of this form of violence. |
| A13 | To apply the nursing process to provide and guarantee the well-being, quality and safety of the people served. |
| A14 | To know and apply the principles that support comprehensive nursing care. |
| A15 | To direct, evaluate and provide comprehensive nursing care to the individual, the family and the community. |
| A17 | To know the health alterations of the adult, identifying the manifestations that appear in their different phases. To identify the care needs derived from health problems. To analyze the data collected in the assessment, prioritizing the problems of the adult patient, establishing and executing the care plan and perform its evaluation. To perform nursing care techniques and procedures, establishing a therapeutic relationship with patients and family members. To select interventions aimed at treating or preventing problems derived from health deviations. To have a cooperative attitude with the different members of the team. |
| A20 | To understand the changes associated with the aging process and its impact on health. To identify the structural, functional, psychological and lifestyle modifications associated with the aging process. |
| A21 | To know the most frequent health problems in the elderly. To select care interventions aimed at treating or preventing health problems and their adaptation to daily life through resources of proximity and support for the elderly. |
| A24 | To know the most relevant mental health problems in the different stages of the life cycle, providing comprehensive and effective care in the field of nursing. |
| A25 | To know palliative care and pain control to provide care that alleviates the situation of advanced and terminally ill patients. |
| A28 | To know the physical principles, clinical indications, norms of protection and care in radiological examinations and treatments, as well as in other techniques of diagnostic imaging. |
| B01 | To have proficiency in a second foreign language, preferably English, at the level of the Common European Framework of Reference for Languages. |
| B02 | To master the Information and Communication Technologies (ICT). |
| B03 | To demonstrate a correct oral and written communication. |
| B04 | To demonstrate ethical commitment and professional deontology. |
| C01 | Learning to learn. |
| C02 | To solve complex problems effectively in the nursing field. |
| C03 | To apply critical, logical and creative thinking, demonstrating innovation skills. |
| C04 | To work autonomously with responsibility and initiative. |
| C05 | To work in a team in a collaborative way and shared responsibility. |
| C06 | To communicate information, ideas, problems and solutions clearly and effectively in a specific public or technical field. |
| C07 | To show sensitization in environmental issues. |

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Know the health alterations and their manifestations in the adult and elderly.

Identify the structural, functional, psychological and lifestyle modifications associated with the aging process.

Perform the assessment of the individual with mental health disorders, establish nursing diagnoses and plan nursing care.

Select care interventions aimed at treating or preventing health problems and their adaptation to daily life through resources of proximity and support for the elderly.

Understand the changes associated with the aging process and its impact on health.

Communicate with clarity concepts related to care and use of technical terminology in another language, if necessary.

Know which are the most relevant mental health problems in the general population and in the different stages of the life cycle.

Use the nursing care process holistically and ethically as a work tool, performing the assessment, identifying problems and prioritizing interventions in the adult and the elderly.

Use the different groups of drugs knowing their benefits and possible risks.

Use information and communication systems and technologies in health care.

Perform nursing techniques and procedures correctly.

Identify the most frequent health problems in the elderly.

Identify the physical problems arising from gender-based violence and act before them.

Identify the most prevalent nutritional problems, knowing the adequate dietary recommendations in the different health problems.

Identify and use health products linked to nursing care.

Recognize situations of vital risk and know how to manage taking the necessary measures.

Act in the attention to situations that require palliative care and pain control.

Collaborate in the realization of techniques and procedures in an interdisciplinary way.

6. Units / Contents

Unit 1:

Unit 1.1

Unit 1.2

Unit 1.3

Unit 2:

Unit 2.1

Unit 2.2

Unit 2.3

Unit 2.4

Unit 2.5

Unit 2.6

Unit 3:

Unit 3.1

Unit 3.2

Unit 3.3

Unit 3.4

Unit 4:

Unit 4.1

Unit 4.2

Unit 4.3

Unit 4.4

Unit 4.5

Unit 4.6

Unit 4.7

Unit 5:

Unit 5.1

Unit 5.2

Unit 5.3

Unit 6:

7. Activities, Units/Modules and Methodology

| Training Activity | Methodology | Related Competences (only degrees before RD 822/2021) | ECTS | Hours | As | Com | Description |
|-------------------------------------|---------------------------|--|------|-------|----|-----|-------------|
| Class Attendance (theory) [ON-SITE] | Lectures | A02 A04 A05 A06 A07 A09 A10 A13 A14 A15 A17 A20 A21 A24 A25 A28 | 1.44 | 36 | N | - | |
| Workshops or seminars [ON-SITE] | Guided or supervised work | A02 A04 A10 A13 A14 A15 A17 A20 A21 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07 C08 | 0.6 | 15 | Y | Y | |
| Group tutoring sessions [ON-SITE] | Group Work | A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C03 C05 C06 | 0.24 | 6 | Y | N | |

| | | | | | | | |
|---|---|---|--------------------------------------|-----|---|---|--|
| Final test [ON-SITE] | Assessment tests | A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07 | 0.12 | 3 | Y | Y | |
| Writing of reports or projects [OFF-SITE] | Group Work | A02 A04 A07 A10 A13 A14 A15 A20 A21 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07 | 0.8 | 20 | Y | Y | |
| Study and Exam Preparation [OFF-SITE] | Self-study | A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07 | 2.4 | 60 | Y | N | |
| Other off-site activity [OFF-SITE] | Reading and Analysis of Reviews and Articles | A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 | 0.4 | 10 | Y | N | |
| Total: | | | 6 | 150 | | | |
| Total credits of in-class work: 2.4 | | | Total class time hours: 60 | | | | |
| Total credits of out of class work: 3.6 | | | Total hours of out of class work: 90 | | | | |

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

| 8. Evaluation criteria and Grading System | | | |
|---|-----------------------|----------------------------|-------------|
| Evaluation System | Continuous assessment | Non-continuous evaluation* | Description |
| Other methods of assessment | 30.00% | 0.00% | |
| Final test | 70.00% | 100.00% | |
| Total: | 100.00% | 100.00% | |

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

| 9. Assignments, course calendar and important dates | |
|--|--------------|
| Not related to the syllabus/contents | |
| Hours | hours |
| Unit 1 (de 6): | |
| Activities | Hours |
| Class Attendance (theory) [PRESENCIAL][Lectures] | 4 |
| Workshops or seminars [PRESENCIAL][Guided or supervised work] | 3 |
| Group tutoring sessions [PRESENCIAL][Group Work] | 1 |
| Writing of reports or projects [AUTÓNOMA][Group Work] | 2 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 8 |
| Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles] | 2 |
| Unit 2 (de 6): | |
| Activities | Hours |
| Class Attendance (theory) [PRESENCIAL][Lectures] | 6 |
| Workshops or seminars [PRESENCIAL][Guided or supervised work] | 3 |
| Group tutoring sessions [PRESENCIAL][Group Work] | 1 |
| Writing of reports or projects [AUTÓNOMA][Group Work] | 3 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 10 |
| Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles] | 2 |
| Unit 3 (de 6): | |
| Activities | Hours |
| Class Attendance (theory) [PRESENCIAL][Lectures] | 8 |
| Workshops or seminars [PRESENCIAL][Guided or supervised work] | 3 |
| Group tutoring sessions [PRESENCIAL][Group Work] | 1 |
| Writing of reports or projects [AUTÓNOMA][Group Work] | 4 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 13 |
| Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles] | 2 |
| Unit 4 (de 6): | |
| Activities | Hours |
| Class Attendance (theory) [PRESENCIAL][Lectures] | 10 |
| Workshops or seminars [PRESENCIAL][Guided or supervised work] | 3 |
| Group tutoring sessions [PRESENCIAL][Group Work] | 1 |
| Writing of reports or projects [AUTÓNOMA][Group Work] | 5 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 14 |
| Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles] | 2 |
| Unit 5 (de 6): | |

| Activities | Hours |
|--|-------|
| Class Attendance (theory) [PRESENCIAL][Lectures] | 6 |
| Workshops or seminars [PRESENCIAL][Guided or supervised work] | 2 |
| Group tutoring sessions [PRESENCIAL][Group Work] | 1 |
| Writing of reports or projects [AUTÓNOMA][Group Work] | 4 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 10 |
| Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles] | 2 |
| Unit 6 (de 6): | |
| Activities | Hours |
| Class Attendance (theory) [PRESENCIAL][Lectures] | 2 |
| Workshops or seminars [PRESENCIAL][Guided or supervised work] | 1 |
| Group tutoring sessions [PRESENCIAL][Group Work] | 1 |
| Final test [PRESENCIAL][Assessment tests] | 3 |
| Writing of reports or projects [AUTÓNOMA][Group Work] | 2 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 5 |
| Global activity | |
| Activities | hours |
| Class Attendance (theory) [PRESENCIAL][Lectures] | 36 |
| Group tutoring sessions [PRESENCIAL][Group Work] | 6 |
| Final test [PRESENCIAL][Assessment tests] | 3 |
| Writing of reports or projects [AUTÓNOMA][Group Work] | 20 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 60 |
| Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles] | 10 |
| Workshops or seminars [PRESENCIAL][Guided or supervised work] | 15 |
| Total horas: 150 | |

| 10. Bibliography and Sources | | | | | | |
|---|--|---|------|------------------|------|-------------|
| Author(s) | Title/Link | Publishing house | Citv | ISBN | Year | Description |
| Abizanda Soler, Pedro; Rodríguez Mañas, Leocadio | Tratado de medicina geriátrica: fundamentos de la atención sanitaria a los mayores | Elsevier, Barcelona | | 9788491132981 | 2020 | |
| Eliopoulos, Charlotte | Gerontological Nursing | Wolters Kluwer Health/Lippincott Williams & Wilkin | | 9781975161002 | 2020 | |
| García López, María Victoria; Rojas Ocaña, María Jesus | Enfermería del anciano | DAE | | 9788492815999 | 2017 | |
| Villarejo Aguilar, Luis | Atención de Enfermería a anciano pluripatológico | MAD SL | | 9788467656206 | 2021 | |
| Ortega Garcia, Alicia | Sociedad Española de Geriatria y Gerontología | https://www.segg.es/ | | | | |
| | Enfermería en Geriatria | Formación Alcalá | | 13 9788418418815 | 2021 | |
| | Instituto Nacional de Estadística | https://www.ine.es/ | | | | |
| | Sociedad Española de Enfermería Geriátrica y Gerontológica | https://www.seegg.es/ | | | | |
| | Instituto de mayores y servicios sociales | https://www.imserso.es | | | | |