



## 1. General information

Course: PHYSICAL EDUCATION (P.E.) CURRICULUM DESIGN AND DEVELOPMENT IN PRIMARY EDUCATION  
Type: CORE COURSE  
Degree: 394 - UNDERGRADUATE DEGREE IN PRIMARY EDUCATION (CU)  
Center: 103 - FACULTY OF EDUCATION OF CUENCA  
Year: 3  
Main language: Spanish  
Use of additional languages:  
Web site:

Code: 46312  
ECTS credits: 6  
Academic year: 2023-24  
Group(s): 30 31 35  
Duration: C2  
Second language: English  
English Friendly: Y  
Bilingual: N

Lecturer: LETICIA FERNÁNDEZ BENITO - Group(s): 31 35				
Building/Office	Department	Phone number	Email	Office hours
	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA		Leticia.Fernandez@uclm.es	
Lecturer: ALEJANDRO PRIETO AYUSO - Group(s): 30				
Building/Office	Department	Phone number	Email	Office hours
Fray Luis de León / 0.15	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA		Alejandro.Prieto@uclm.es	It will be published in the office and in the webpage in September 2023/2024
Lecturer: GONZALO REQUENA RIVAS - Group(s): 31 35				
Building/Office	Department	Phone number	Email	Office hours
Fray Luis de León / 2.05	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA		Profesor.GRequena@uclm.es	It will be published in the office and in the webpage in September 2023/2024
Lecturer: LUIS ANTONIO ROSILLO ZAMORA - Group(s): 31 35				
Building/Office	Department	Phone number	Email	Office hours
Fray Luis de León / 2.04	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA		luisantonio.rosillo@uclm.es	It will be published in the office and in the webpage in September 2023/2024

## 2. Pre-Requisites

No essential prerequisites are established.

## 3. Justification in the curriculum, relation to other subjects and to the profession

This module offers basic knowledge and resources so that the future teacher can develop the Physical Education curriculum in Primary Education. The module is intended for students to understand the role of Physical Education in the current educational system and

## 4. Degree competences achieved in this course

## Course competences

Code	Description
1.2.5.II.01	Understand the principles that contribute to the social, personal and cultural development in the area of Physical Education.
1.2.5.II.02	Know the Physical Education curriculum in Primary schools.
1.2.5.II.03	
1.2.5.II.04	Design and evaluate curricular contents through suitable teaching resources and promote the corresponding competences among students.
CB01	Prove that they have acquired and understood knowledge in a subject area that derives from general secondary education and is appropriate to a level based on advanced course books, and includes updated and cutting-edge aspects of their field of knowledge.
CB02	Apply their knowledge to their job or vocation in a professional manner and show that they have the competences to construct and justify arguments and solve problems within their subject area.
CB03	Be able to gather and process relevant information (usually within their subject area) to give opinions, including reflections on relevant social, scientific or ethical issues.
CB04	Transmit information, ideas, problems and solutions for both specialist and non-specialist audiences.
CG02	Design, plan and evaluate teaching and learning processes, both individually and in collaboration with other teachers and professionals in the centre.
CG04	Design and arrange learning spaces, with consideration of diversity and gender equality, equity and respect for human rights, which constitute the values of citizenship.
CG05	Promote coexistence inside and outside the classroom, solve discipline problems and contribute to the peaceful resolution of conflicts. Boost and value pupils' effort, determination and self-discipline.
CG08	Critically and autonomously assess one's own knowledge, values and also those of the state, public and private social institutions.
CG10	Reflect on classroom practice to allow innovation and improvement of the teaching practice. Acquire habits and skills for autonomous and cooperative learning and promote it among pupils.
CG11	Know and apply information and communication technology in the classroom. Select audiovisual information which contributes to learning, civic training and cultural richness.
CG13	Promote respect for constitutional rights and equality between men and women.
CG14	Promote respect for Human Rights and the principles of universal design for everyone under the tenth final provision of Act 51/2003, of the 2nd December, of equal opportunities, anti-discrimination and accessibility for people with a disability.
CG15	Promote the values of a culture of peace and democratic values.
CT01	Master a second language, preferably English, at B1 level under the Common European Framework of Reference for Languages.
CT02	Master information and communication technology (ICT).
CT03	Correct oral and written communication.
CT04	Moral obligation and professional ethics.

## 5. Objectives or Learning Outcomes

## Course learning outcomes

## Description

Fluently manage different curricular elements, knowing their alternative use based on the chosen model and knowing how to apply the different teaching styles and techniques in Physical Education  
Handle concepts about the role of Physical Education in a comprehensive education that allow their participation in the school's curricular designs. Make individual critical judgements about the first level of curricular design.  
Know and apply assessment instruments appropriate to the different contents of Physical Education  
Know and engage in activities related to body image and body perception, the physical health components, fundamental movement skills, sport initiation and corporal expression  
Know how to implement strategies on class control in Physical Education  
Identify and understand the object of knowledge and the contribution of Physical Education to the educational and social purposes of the school  
Design Physical Education lessons in diverse contexts showing positive attitudes towards this phenomenon. Solve simulated issues of disruptive behaviour in Physical Education classes  
Critically compare and analyse texts on the role of the body and physical activity in different historical moments.  
Solve simulated motivation issues in sports practice after school hours

## 6. Units / Contents

Unit 1:  
Unit 2:  
Unit 3:  
Unit 4:  
Unit 5:

## 7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures	1.2.5.II.01 1.2.5.II.02 1.2.5.II.03 1.2.5.II.04 CB01 CB02 CB03 CB04 CG02 CG04 CG05 CG08 CG10 CG11 CG13 CG14 CG15 CT01 CT02 CT03 CT04	1.2	30	N	-	
Class Attendance (practical) [ON-SITE]	Practical or hands-on activities	1.2.5.II.01 1.2.5.II.02 1.2.5.II.03 1.2.5.II.04 CB01 CB02 CB03 CB04 CG02 CG04 CG05 CG08 CG10 CG11 CG13 CG14 CG15 CT01 CT02 CT03 CT04	1.12	28	Y	N	
Writing of reports or projects [OFF-SITE]	Guided or supervised work	CB02 CB03 CB04 CG02 CG04 CG05 CG08 CG10 CG11 CG13 CG14 CG15 CT01 CT02 CT03 CT04	2.6	65	Y	Y	
Final test [ON-SITE]	Assessment tests	CG02 CG04	0.08	2	Y	Y	
Study and Exam Preparation [OFF-SITE]	Self-study	CB02 CB03 CB04 CG02 CG04 CG05 CG08 CG10 CG11 CG13 CG14 CG15 CT01 CT02 CT03 CT04	1	25	N	-	
Total:			6	150			
Total credits of in-class work: 2.4			Total class time hours: 60				
Total credits of out of class work: 3.6			Total hours of out of class work: 90				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System			
Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Assessment of active participation	10.00%	10.00%	
Portfolio assessment	15.00%	15.00%	
Assessment of active participation	10.00%	10.00%	
Assessment of problem solving and/or case studies	15.00%	15.00%	
Final test	50.00%	50.00%	
<b>Total:</b>	<b>100.00%</b>	<b>100.00%</b>	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject , an ordinary and an extraordinary one (evaluating 100% of the competences).

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
<b>Hours</b>	<b>hours</b>
Final test [PRESENCIAL][Assessment tests]	2
<b>Unit 1 (de 5):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	6
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	16
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
<b>Unit 2 (de 5):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	6
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	16
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
<b>Unit 3 (de 5):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	6
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	13
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
<b>Unit 4 (de 5):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	4
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	16
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
<b>Unit 5 (de 5):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	6
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	4
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
<b>Global activity</b>	
<b>Activities</b>	<b>hours</b>
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	28
Study and Exam Preparation [AUTÓNOMA][Self-study]	25
Writing of reports or projects [AUTÓNOMA][Guided or supervised work]	65
Class Attendance (theory) [PRESENCIAL][Lectures]	30
Final test [PRESENCIAL][Assessment tests]	2
<b>Total horas: 150</b>	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	City	ISBN	Year	Description
Sicilia Camacho, Álvaro	Educación física y estilos de enseñanza	INDE			2002	
López Pastor, Víctor Manuel	La evaluación en educación física: revisión de los modelos	Miño y Dávila			2006	
Contreras Jordán, O	Didáctica de la educación física : un enfoque constructivista	INDE			2009	
Contreras Jordán, O. R., & García López, L. M.	Didáctica de la Educación Física. Enseñanza de los contenidos	Sintesis			2011	
Contreras Jordán, Onofre y Cuevas Campos, Ricardo	Las competencias básicas desde la educación física	INDE			2011	
Sicilia Camacho, Álvaro	La investigación de los estilos de enseñanza en la educación	Wanceulen Editorial Deportiva			2001	