



1. General information

Course: TEACHER TRAINING AND PROFESSIONAL DEVELOPMENT IN PHYSICAL EDUCATION (P.E.)
Type: ELECTIVE
Degree: 394 - UNDERGRADUATE DEGREE IN PRIMARY EDUCATION (CU)
Center: 103 - FACULTY OF EDUCATION OF CUENCA
Year: 4

Main language: Spanish

Use of additional languages:
Web site:

Code: 46337
ECTS credits: 6
Academic year: 2023-24
Group(s): 30
Duration: First semester
Second language: English
English Friendly: Y
Bilingual: N

Lecturer: ALEJANDRO PRIETO AYUSO - Group(s): 30

Building/Office	Department	Phone number	Email	Office hours
Fray Luis de León / 0.15	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA		Alejandro.Prieto@uclm.es	It will be published in the office and the webpage during the first month of the academic course 2023/2024

2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

Article 93.2 of Organic Law 2/2006 of May 3, on Education, referring to Primary Education Teachers, establishes that 'Primary education will be taught by teachers, who will have competence in all areas of this level. The teaching of music, physical education, foreign

4. Degree competences achieved in this course

Course competences

Code	Description
CB02	Apply their knowledge to their job or vocation in a professional manner and show that they have the competences to construct and justify arguments and solve problems within their subject area.
CB03	Be able to gather and process relevant information (usually within their subject area) to give opinions, including reflections on relevant social, scientific or ethical issues.
CG02	Design, plan and evaluate teaching and learning processes, both individually and in collaboration with other teachers and professionals in the centre.
CG04	Design and arrange learning spaces, with consideration of diversity and gender equality, equity and respect for human rights, which constitute the values of citizenship.
CG05	Promote coexistence inside and outside the classroom, solve discipline problems and contribute to the peaceful resolution of conflicts. Boost and value pupils' effort, determination and self-discipline.
CG10	Reflect on classroom practice to allow innovation and improvement of the teaching practice. Acquire habits and skills for autonomous and cooperative learning and promote it among pupils.
CT03	Correct oral and written communication.
MEF.01.	
MEF.02.	
MEF.03.	
MEF.04.	
MEF.05.	
MEF.06.	
MEF.07.	

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Know different designs of educational planning and develop the Physical Education teaching plan
Analyse the social and familiar context of any educational center or a formative structure from Physical Education.
Analyse the possibilities of healthy lifestyles, as well as the disadvantages of not following the health recommendations
Know how to apply the assessment instruments for the different curricular contents of Physical Education
Teaching educational values through Physical Education, knowing how to notice situations of exclusion or risk of exclusion and suggesting actions to solve and prevent it.
Acquire the ability to develop leisure, health, and sports programs after school hours.
Analyse and put into practice the Physical Education curriculum for Primary Education (6-12 years)
Know the different methodologies to use, having the ability to choose the best of them according to the students' and school's characteristics

6. Units / Contents

Unit 1: Teaching programming as teacher decision-making. Different programming models in Physical Education

Unit 2: Special consideration to the development of the Didactic Units

Unit 3: The objectives and basic competences from Physical Education

Unit 4: Education for equal opportunities, values and morals in Physical Education. Treatment of special educational needs

Unit 5: Evaluation criteria and their concretization

ADDITIONAL COMMENTS, REMARKS

In addition to the five topics mentioned above, in consensus with the rest of the UCLM campus, this subject includes the teaching of three Pedagogical Models in Physical Education, such as the Cooperative Learning Model, the Personal and Social Responsibility Model

7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures	CB02 CB03 CG02 CG04 CG05 CG10 CT03 MEF.01. MEF.02. MEF.03. MEF.04. MEF.05. MEF.06. MEF.07.	1.2	30	N		Presentation of the topics of the subject.
Class Attendance (practical) [ON-SITE]	Cooperative / Collaborative Learning	CB02 CB03 CG02 CG04 CG05 CG10 CT03 MEF.01. MEF.02. MEF.03. MEF.04. MEF.05. MEF.06. MEF.07.	1.12	28	Y	N	Presentation of practical contents of the subject.
Writing of reports or projects [OFF-SITE]	Cooperative / Collaborative Learning	CB02 CB03 CG02 CG04 CG05 CG10 CT03 MEF.01. MEF.02. MEF.03. MEF.04. MEF.05. MEF.06. MEF.07.	1.2	30	Y	Y	Elaboration of group works.
Final test [ON-SITE]	Assessment tests	CB02 CB03 CG02 CG04 CG05 CG10 CT03	0.08	2	Y	Y	Theoretical-practical written exam on the contents taught during the academic period (individual).
Study and Exam Preparation [OFF-SITE]	Assessment tests	CB02 CB03 CG02 CG04 CG10	2.4	60	N		Study and exam preparation.
Total:			6	150			
Total credits of in-class work: 2.4			Total class time hours: 60				
Total credits of out of class work: 3.6			Total hours of out of class work: 90				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Assessment of active participation	10.00%	10.00%	
Oral presentations assessment	15.00%	15.00%	
Theoretical papers assessment	15.00%	15.00%	
Assessment of active participation	10.00%	10.00%	
Final test	50.00%	50.00%	
Total:	100.00%	100.00%	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

9. Assignments, course calendar and important dates

Not related to the syllabus/contents

Hours	hours
Final test [PRESENCIAL][Assessment tests]	2
Unit 1 (de 5): Teaching programming as teacher decision-making. Different programming models in Physical Education	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	3.75

Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	3.5
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.75
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	7.5
Unit 2 (de 5): Special consideration to the development of the Didactic Units	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	3.75
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	3.5
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.75
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	7.5
Unit 3 (de 5): The objectives and basic competences from Physical Education	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	7.5
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	7
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	7.5
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	15
Unit 4 (de 5): Education for equal opportunities, values and morals in Physical Education. Treatment of special educational needs	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	7.5
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	7
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	7.5
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	15
Unit 5 (de 5): Evaluation criteria and their concretion	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	7.5
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	7
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	7.5
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	15
Global activity	
Activities	hours
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	28
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	30
Final test [PRESENCIAL][Assessment tests]	2
Class Attendance (theory) [PRESENCIAL][Lectures]	30
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	60
Total horas: 150	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	City	ISBN	Year	Description
Contreras Jordán, Onofre Ricardo y García López, Luis Miguel	Didáctica de la educación física :enseñanza de los contenido	Sintesis		978-84-9756-745-9	2011	
Contreras Jordán, Onofre Ricardo y Cuevas Campos, Ricardo	Las competencias básicas desde la educación física	Inde		978-84-9729-264-1	2011	
Contreras Jordán, Onofre Ricardo	Didáctica de la educación física: un enfoque constructivista	INDE		84-87330-97-5	1998	
Blázquez Sánchez, Domingo	Descubre cómo es la Educación Física del s. XXI	INDE		978-84-9729-393-8	2020	
Blázquez Sánchez, Domingo	Diez competencias docentes para ser mejor profesor de educac	INDE		978-84-9729-325-9	2013	
Blázquez Sánchez, Domingo	Lo que funciona en tu clase: Educación Física basada en evidencias	INDE		978-84-9729-415-7	2022	