



1. General information

Course: GERIATRIC NURSING

Type: CORE COURSE

Degree: 387 - UNDERGRADUATE DEGREE PROGRAMME IN NURSING (TO)

Center: 109 - FACULTAD DE FISIOTERAPIA Y ENFERMERÍA

Year: 3

Main language: Spanish

Use of additional
languages:

Web site:

Code: 15316

ECTS credits: 6

Academic year: 2023-24

Group(s): 41

Duration: First semester

Second language: Spanish

English Friendly: Y

Bilingual: N

Lecturer: MARIA VICTORIA GARCIA LOPEZ - Group(s): 41

Building/Office	Department	Phone number	Email	Office hours
Sabatini.1.9	ENFERMERÍA, FISIOTERAPIA Y TERAPIA OCUP.	5823	victoria.garcia@uclm.es	

2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

Not established

4. Degree competences achieved in this course

Course competences

Code	Description
A02	To know the use and indication of health products linked to nursing care.
A04	To know the use of medicines, evaluating the expected benefits and the associated risks and/or effects derived from their administration and consumption.
A05	To know and assess the nutritional needs of healthy people and people with health problems throughout the life cycle, promoting and reinforcing patterns of healthy eating behavior. To identify the nutrients and foods in which they are found. To identify the most prevalent nutritional problems and select the appropriate dietary recommendations.
A06	To apply the information and communication technologies in systems of health care.
A07	To know the physiopathological processes, their manifestations and the risk factors that determine the health and disease states in the different stages of the life cycle.
A09	To recognize life-threatening situations and know how to execute basic and advanced life support maneuvers.
A10	To know and to identify psychological and physical problems derived from gender violence to train students in the prevention, early detection, assistance, and rehabilitation of victims of this form of violence.
A13	To apply the nursing process to provide and guarantee the well-being, quality and safety of the people served.
A14	To know and apply the principles that support comprehensive nursing care.
A15	To direct, evaluate and provide comprehensive nursing care to the individual, the family and the community.
A17	To know the health alterations of the adult, identifying the manifestations that appear in their different phases. To identify the care needs derived from health problems. To analyze the data collected in the assessment, prioritizing the problems of the adult patient, establishing and executing the care plan and perform its evaluation. To perform nursing care techniques and procedures, establishing a therapeutic relationship with patients and family members. To select interventions aimed at treating or preventing problems derived from health deviations. To have a cooperative attitude with the different members of the team.
A20	To understand the changes associated with the aging process and its impact on health. To identify the structural, functional, psychological and lifestyle modifications associated with the aging process.
A21	To know the most frequent health problems in the elderly. To select care interventions aimed at treating or preventing health problems and their adaptation to daily life through resources of proximity and support for the elderly.
A24	To know the most relevant mental health problems in the different stages of the life cycle, providing comprehensive and effective care in the field of nursing.
A25	To know palliative care and pain control to provide care that alleviates the situation of advanced and terminally ill patients.
A28	To know the physical principles, clinical indications, norms of protection and care in radiological examinations and treatments, as well as in other techniques of diagnostic imaging.
B01	To have proficiency in a second foreign language, preferably English, at the level of the Common European Framework of Reference for Languages.
B02	To master the Information and Communication Technologies (ICT).
B03	To demonstrate a correct oral and written communication.
B04	To demonstrate ethical commitment and professional deontology.
C01	Learning to learn.
C02	To solve complex problems effectively in the nursing field.
C03	To apply critical, logical and creative thinking, demonstrating innovation skills.
C04	To work autonomously with responsibility and initiative.
C05	To work in a team in a collaborative way and shared responsibility.
C06	To communicate information, ideas, problems and solutions clearly and effectively in a specific public or technical field.
C07	To show sensitization in environmental issues.

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Communicate with clarity concepts related to care and use of technical terminology in another language, if necessary.

Know which are the most relevant mental health problems in the general population and in the different stages of the life cycle.

Identify the most prevalent nutritional problems, knowing the adequate dietary recommendations in the different health problems.

Identify and use health products linked to nursing care.

Act in the attention to situations that require palliative care and pain control.

Collaborate in the realization of techniques and procedures in an interdisciplinary way.

Understand the changes associated with the aging process and its impact on health.

Perform the assessment of the individual with mental health disorders, establish nursing diagnoses and plan nursing care.

Identify the most frequent health problems in the elderly.

Know the health alterations and their manifestations in the adult and elderly.

Identify the structural, functional, psychological and lifestyle modifications associated with the aging process.

Use the nursing care process holistically and ethically as a work tool, performing the assessment, identifying problems and prioritizing interventions in the adult and the elderly.

Use the different groups of drugs knowing their benefits and possible risks.

Use information and communication systems and technologies in health care.

Perform nursing techniques and procedures correctly.

Recognize situations of vital risk and know how to manage taking the necessary measures.

Select care interventions aimed at treating or preventing health problems and their adaptation to daily life through resources of proximity and support for the elderly.

Identify the physical problems arising from gender-based violence and act before them.

6. Units / Contents

Unit 1:

Unit 1.1

Unit 1.2

Unit 1.3

Unit 2:

Unit 2.1

Unit 2.2

Unit 2.3

Unit 2.4

Unit 2.5

Unit 2.6

Unit 3:

Unit 3.1

Unit 3.2

Unit 3.3

Unit 3.4

Unit 4:

Unit 4.1

Unit 4.2

Unit 4.3

Unit 4.4

Unit 4.5

Unit 4.6

Unit 4.7

Unit 5:

Unit 5.1

Unit 5.2

Unit 5.3

Unit 6:

7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures	A02 A04 A05 A06 A07 A09 A10 A13 A14 A15 A17 A20 A21 A24 A25 A28	1.44	36	N	-	
Workshops or seminars [ON-SITE]	Guided or supervised work	A02 A04 A10 A13 A14 A15 A17 A20 A21 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07 C08	0.6	15	Y	Y	
Group tutoring sessions [ON-SITE]	Group Work	A02 A04 A05 A06 A07 A09 A10 A13 A14 A17 A20 A21 B01 B02 B03 B04 C01 C03	0.24	6	Y	N	

		C05 C06					
Writing of reports or projects [OFF-SITE]	Group Work	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07	0.8	20	Y	Y	
Study and Exam Preparation [OFF-SITE]	Self-study	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07	2.4	60	N	-	
Final test [ON-SITE]	Assessment tests	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07	0.12	3	Y	Y	
Other off-site activity [OFF-SITE]	Reading and Analysis of Reviews and Articles	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04	0.4	10	Y	N	
Total:			6	150			
Total credits of in-class work: 2.4			Total class time hours: 60				
Total credits of out of class work: 3.6			Total hours of out of class work: 90				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System			
Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Other methods of assessment	30.00%	0.00%	
Final test	70.00%	100.00%	
Total:	100.00%	100.00%	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
Hours	hours
Unit 1 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	4
Workshops or seminars [PRESENCIAL][Guided or supervised work]	3
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	8
Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	2
Group 41:	
Initial date: 04-09-2023	End date: 13-09-2023
Unit 2 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Workshops or seminars [PRESENCIAL][Guided or supervised work]	3
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	3
Study and Exam Preparation [AUTÓNOMA][Self-study]	10
Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	2
Group 41:	
Initial date: 14-09-2023	End date: 22-09-2023
Unit 3 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	8
Workshops or seminars [PRESENCIAL][Guided or supervised work]	3
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	4
Study and Exam Preparation [AUTÓNOMA][Self-study]	13
Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	2
Group 41:	
Initial date: 25-09-2023	End date: 29-09-2023
Unit 4 (de 6):	
Activities	Hours

Class Attendance (theory) [PRESENCIAL][Lectures]	10
Workshops or seminars [PRESENCIAL][Guided or supervised work]	3
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	5
Study and Exam Preparation [AUTÓNOMA][Self-study]	14
Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	2
Group 41:	
Initial date: 30-10-2023	End date: 17-11-2023
Unit 5 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Workshops or seminars [PRESENCIAL][Guided or supervised work]	2
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	4
Study and Exam Preparation [AUTÓNOMA][Self-study]	10
Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	2
Group 41:	
Initial date: 20-11-2023	End date: 08-12-2023
Unit 6 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Workshops or seminars [PRESENCIAL][Guided or supervised work]	1
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
Final test [PRESENCIAL][Assessment tests]	3
Group 41:	
Initial date: 12-12-2022	End date: 19-12-2022
Global activity	
Activities	hours
Final test [PRESENCIAL][Assessment tests]	3
Study and Exam Preparation [AUTÓNOMA][Self-study]	60
Class Attendance (theory) [PRESENCIAL][Lectures]	36
Workshops or seminars [PRESENCIAL][Guided or supervised work]	15
Group tutoring sessions [PRESENCIAL][Group Work]	6
Writing of reports or projects [AUTÓNOMA][Group Work]	20
Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	10
Total horas: 150	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
Villarejo Aguilar L.	Atención de Enfermería a anciano pluripatológico	MAD SL	Sevilla	978-84-676- 5620-6	2011	
García López, María Victoria. Rojas Ocaña, María Jesus	Enfermería del anciano Instituto nacional de Estadística https://www.ine.es/ Sociedad Española de Geriatria y Gerontología https://www.segg.es/ Sociedad Española de Enfermería Geriátrica y Gerontológica https://www.seegg.es/ Instituto de mayores y servicios sociales https://www.imserso.es/	DAE	MADRID	978-84-92815- 99-9	2017	
Misericordia García Hernández; Rosa Martínez Sellarés	Enfermería y Envejecimiento	Elsevier	Madrid	9788445821176	2012	
Charlotte Eliopoulos	Gerontological Nursing . Tenth edition	Wolters Kluwer	Madrid	13: 978-1975161002	2021	
Ortega Garcia, Alicia	Enfermería en Geriatria	Editorial Formación Alcalá, S.L		13 9788418418815	2021	
Abizanda-Soler P, Rodríguez- Mañas L	Tratado de medicina geriátrica: Fundamentos de la atención sanitaria a los mayores	2edición Elsevier	Barcelona	9788491132981	2020	