



UNIVERSIDAD DE CASTILLA - LA MANCHA

GUÍA DOCENTE

1. General information

Course: PLAY AREAS
Type: ELECTIVE
Degree: 301 - UNDERGRADUATE DEGREE IN EARLY CHILDHOOD EDUCATION
Center: 101 - FACULTY OF EDUCATION IN ALBACETE
Year: 4

Main language: Spanish
Use of additional languages:
Web site:

Code: 47334
ECTS credits: 4.5
Academic year: 2023-24
Group(s): 12
Duration: First semester
Second language: Spanish
English Friendly: Y
Bilingual: N

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2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

Not established

4. Degree competences achieved in this course

Course competences

Code	Description
2.3.II.01.	Know and apply the elements of the curriculum related to Physical Education in Early Childhood Education, as well as the theories on the acquisition and development of the corresponding learning.
2.3.II.02.	Prepare didactic proposals that use motor skills for the overall development of Early Childhood Education pupils.
2.3.II.06.	Analyse the possibilities that the different school spaces (classroom, gym, playground, etc.) and the nearby environment offer to carry out motor activities for educational purposes, being able to propose educational activities and innovations in their use.
CB02	Apply their knowledge to their job or vocation in a professional manner and show that they have the competences to construct and justify arguments and solve problems within their subject area.
CB04	Transmit information, ideas, problems and solutions for both specialist and non-specialist audiences.
CG02	Encourage and facilitate learning in early childhood, from a perspective that is globalised and integrates the different cognitive, emotional, psychomotor and volitional dimensions.
CG03	Design and regulate learning spaces within the context of diversity that attend to the singular educational necessities of the pupils, gender equality, equity, and respect for human rights.
CG11	Reflect upon the practices of the classroom to innovate and improve the teaching process. Acquire habits and skills for autonomous and co-operative learning and encourage them in the pupils.
CT03	Correct oral and written communication.
CT04	Commitment and professional ethics.
CT05	Encourage the respect of fundamental rights and equality between men and women.
CT07	Promote values that belong to a culture of peace, and democratic values.

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Know how to analyse social interactions from motor games that take place in different spaces, especially in the playground, knowing how to detect situations of exclusion or risk of exclusion and propose actions to stop and prevent it through Physical Education.

Know how to analyse the possibilities offered by living healthy lifestyles, as well as the drawbacks of not following these suggestions.

Know the principles of creation and modification of spaces for the promotion of physical activity and the integral development of the child.

Know the different methodologies to be carried out, having the ability to choose the best one according to the characteristics of the group of pupils and the educational center.

Know how to use instruments and techniques to measure physical activity to detect deficiencies and possibilities for motor learning in the different educational spaces.

Be able to apply analyses and interpret data obtained through the techniques of observation and documentation.

Additional outcomes

6. Units / Contents

Unit 1:
Unit 2:
Unit 3:
Unit 4:
Unit 5:
Unit 6:
Unit 7:

7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures	2.3.II.01. 2.3.II.02. 2.3.II.06. CB04 CG02 CG03 CG11 CT03 CT04	0.56	14	Y	N	
Workshops or seminars [ON-SITE]	Practical or hands-on activities	2.3.II.01. 2.3.II.02. 2.3.II.06. CT05 CT07	1.04	26	Y	Y	
Study and Exam Preparation [OFF-SITE]	Self-study	2.3.II.01. 2.3.II.02. 2.3.II.06. CB04 CG02 CG03 CG11 CT03 CT04	1.36	34	N	-	
Analysis of articles and reviews [OFF-SITE]	Self-study	2.3.II.01. 2.3.II.02. 2.3.II.06. CG11	0.38	9.5	Y	N	
Writing of reports or projects [OFF-SITE]	Group Work	2.3.II.01. 2.3.II.02. 2.3.II.06. CB02 CB04 CG02 CG03 CG11 CT03 CT04	0.96	24	Y	N	
Project or Topic Presentations [ON-SITE]	Group Work	2.3.II.01. 2.3.II.02. 2.3.II.06. CB02 CB04 CG02 CG03 CG11 CT03 CT04 CT05 CT07	0.12	3	Y	Y	
Final test [ON-SITE]	Assessment tests	2.3.II.01. 2.3.II.02. 2.3.II.06. CB02 CB04 CG02 CG03 CG11 CT03 CT04 CT05 CT07	0.08	2	Y	Y	
Total:			4.5	112.5			
Total credits of in-class work: 1.8							Total class time hours: 45
Total credits of out of class work: 2.7							Total hours of out of class work: 67.5

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Theoretical papers assessment	30.00%	30.00%	
Final test	40.00%	50.00%	
Assessment of active participation	30.00%	20.00%	
Total:	100.00%	100.00%	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

9. Assignments, course calendar and important dates

Not related to the syllabus/contents

Hours	hours
Analysis of articles and reviews [AUTÓNOMA][Self-study]	2.5
Writing of reports or projects [AUTÓNOMA][Group Work]	3
Project or Topic Presentations [PRESENCIAL][Group Work]	3
Final test [PRESENCIAL][Assessment tests]	2
Unit 1 (de 7):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Workshops or seminars [PRESENCIAL][Practical or hands-on activities]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	4
Analysis of articles and reviews [AUTÓNOMA][Self-study]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	3
Group 12:	
Initial date: 19-09-2023	End date: 27-09-2023
Unit 2 (de 7):	
Activities	Hours

Class Attendance (theory) [PRESENCIAL][Lectures]	2
Workshops or seminars [PRESENCIAL][Practical or hands-on activities]	4
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
Analysis of articles and reviews [AUTÓNOMA][Self-study]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	3
Group 12:	
Initial date: 03-10-2023	End date: 11-10-2023
Unit 3 (de 7):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Workshops or seminars [PRESENCIAL][Practical or hands-on activities]	4
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
Analysis of articles and reviews [AUTÓNOMA][Self-study]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	3
Group 12:	
Initial date: 17-10-2023	End date: 25-10-2023
Unit 4 (de 7):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Workshops or seminars [PRESENCIAL][Practical or hands-on activities]	4
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
Analysis of articles and reviews [AUTÓNOMA][Self-study]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	3
Group 12:	
Initial date: 31-10-2023	End date: 14-11-2023
Unit 5 (de 7):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Workshops or seminars [PRESENCIAL][Practical or hands-on activities]	4
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
Analysis of articles and reviews [AUTÓNOMA][Self-study]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	3
Group 12:	
Initial date: 15-11-2023	End date: 28-11-2023
Unit 6 (de 7):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Workshops or seminars [PRESENCIAL][Practical or hands-on activities]	4
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
Analysis of articles and reviews [AUTÓNOMA][Self-study]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	3
Group 12:	
Initial date: 29-11-2023	End date: 13-12-2023
Unit 7 (de 7):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Workshops or seminars [PRESENCIAL][Practical or hands-on activities]	4
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
Analysis of articles and reviews [AUTÓNOMA][Self-study]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	3
Group 12:	
Initial date: 19-12-2023	End date: 10-01-2024
Global activity	
Activities	hours
Analysis of articles and reviews [AUTÓNOMA][Self-study]	9.5
Study and Exam Preparation [AUTÓNOMA][Self-study]	34
Final test [PRESENCIAL][Assessment tests]	2
Project or Topic Presentations [PRESENCIAL][Group Work]	3
Writing of reports or projects [AUTÓNOMA][Group Work]	24
Workshops or seminars [PRESENCIAL][Practical or hands-on activities]	26
Class Attendance (theory) [PRESENCIAL][Lectures]	14
Total horas: 112.5	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
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Conde Caveda, José Luis	Cuentos motores	Paidotribo		978-84-8019-10(o. co	2008	
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Desrosiers, Pauline	Psicomotricidad en el aula	Inde	84-9729-063-1	2005	
Lázaro Lázaro, Alfonso	Aulas multisensoriales y de psicomotricidad /	Mira,	84-8465-113-4	2002	
Mendiara Rivas, Javier	Espacios de acción y aventura http://articulos-apunts.edittec.com/56/es/056_065-070_es.pdf			2007	Educación Física y Deportes, 56, 65-70
Sánchez López, Mairena	Actividad física y prevención de la obesidad infantil	Ediciones de la Universidad de Castilla-La Mancha	978-84-8427-684-5	2009	
Vaca, M., Fuente, S., Santamaria, N.	Cuñas motrices en la escuela infantil y primaria		9788469584897	2013	
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Zeng, N., Ayyub, M., Sun, H., Wen, X., Xiang, P., y Gao, Z.	Effects of Physical Activity on Motor Skills and Cognitive Development in Early Childhood: A Systematic Review https://doi.org/10.1155/2017/2760716			2015	
Consortium for Health, Intervention, Learning and Development (CHILD)	7Cs. Informational guide to young children's outdoor play spaces https://sala.ubc.ca/sites/sala.ubc.ca/files/documents/7Cs.pdf				
Abalde-Amoedo, N. y Pino-Juste, M.R.	Influencia del entorno familiar y escolar en la práctica de actividad física https://revistas.udc.es/index.php/reipe/article/view/reipe.2015.0.05.363			2015	
Yogman M, Garner A, Hutchinson J, et al;	The Power of Play: A Pediatric Role in Enhancing Development in Young Children. https://publications.aap.org/pediatrics/article/142/3/e20182058/38649/The-Power-of-Play-A-Pediatric-Role-in-Enhancing?			2018	
Juan Carlos Pastor-Vicedo, Jesús Martínez-Martínez, María López-Polo, Alejandro Prieto-Ayuso	Recreos activos como estrategia de promoción de la actividad física: unarevisión sistemática https://recyt.fecyt.es/index.php/retos/article/view/82102/62424			2021	
Playbook team	The outdoor playbook http://outdoorplaybook.ca/play-elements/by-activity/				
Valadi, S. y Gabbard, C.	The effect of affordances in the home environment on children's fine and gross motor skills https://doi.org/10.1080/03004430.2018.1526791			2018	
Herrington, S. y Lesmeister c.	The design of landscapes at child-care centres: Seven Cs https://doi.org/10.1080/01426390500448575			2006	
Universidad de Granada Facultad de Ciencias del Deporte Grupo de investigación PROFITH	Batería PREFIT: Evaluación del FITNESS en PREEscolares Adaptación para preescolares de la batería ALPHA-Fitness: Test de campo para la evaluación de la condición física relacionada con la salud en niños y adolescentes http://profith.ugr.es/pages/investigacion/recursos/manualprefitevaluacioidelfitnesspreescolares_16032016/!			2015	
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Brunsoni, M., Ishikawa, T., Brunelle, S., y Herrington, S.	Landscapes for play: Effects of an intervention to promote nature- based risky play in early childhood centres https://www.sciencedirect.com/science/article/pii/S0272494417301512?via%3Dihub			2017	
Burdette, H. L., Whitaker, R. C., y Daniels, R. M.	Parental Report of Outdoor Playtime as a Measure of Physical Activity in Preschool- aged Children https://jamanetwork.com/journals/jamapediatrics/fullarticle/485682			2004	
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	https://sede.educacion.gob.es/publiventa/dame-10-descansos-activos-mediante-ejercicio-fisico/ensenanza-salud-publica/20302		