



1. General information

Course: ACTIVITIES OF DAILY LIVING AND PERSONAL INDEPENDENCE
Type: CORE COURSE
Degree: 382 - UNDERGRADUATE DEGREE IN OCCUPATIONAL THERAPY
Center: 16 - FACULTY OF SCIENCES OF THE HEALTH OF TALAVERA
Year: 2

Main language: Spanish

Use of additional languages:

Web site:

Code: 64318

ECTS credits: 6

Academic year: 2023-24

Group(s): 60

Duration: First semester

Second language:

English Friendly: Y

Bilingual: N

Lecturer: ABEL TOLEDANO GONZALEZ - Group(s): 60

Building/Office	Department	Phone number	Email	Office hours
1.17	PSICOLOGÍA	5624	Abel.Toledano@uclm.es	

2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

The subject Activities of daily life and personal autonomy has as a general objective that students acquire the knowledge, skills and attitudes necessary to adequately develop clinical interventions and occupational therapy treatments, when the patient's occupational problem or dysfunction manifests itself and is found in the performance or participation in the different occupational and daily life activities, through their evaluation, training or intervention.

4. Degree competences achieved in this course

Course competences

Code	Description
A04	Recognise their own limitations and the need to maintain and update their professional competence, with particular emphasis on autonomous learning of new knowledge and skills and on motivation for quality.
B07	Understand and recognize the interrelationship between the concepts of well-being, health, meaningful occupation, dignity and participation.
B08	Understand and recognize the importance of contextual factors as determinants of occupational dysfunction.
B10	Carry out the assessment and adaptation of the environment to promote participation in meaningful occupations in the different facets of daily life, personal autonomy and quality of life.
C13	Determine occupational dysfunctions and needs, define planning and establish Occupational Therapy intervention, utilizing the therapeutic potential of meaningful occupation, through the use of activity, with the consent and participation of individuals and populations.
C17	Understand the rationale for action, indications and effectiveness of Occupational Therapy interventions, based on available scientific evidence.
CB01	Prove that they have acquired and understood knowledge in a subject area that derives from general secondary education and is appropriate to a level based on advanced course books, and includes updated and cutting-edge aspects of their field of knowledge.
CB02	Apply their knowledge to their job or vocation in a professional manner and show that they have the competences to construct and justify arguments and solve problems within their subject area.
CB03	Be able to gather and process relevant information (usually within their subject area) to give opinions, including reflections on relevant social, scientific or ethical issues.
CB04	Transmit information, ideas, problems and solutions for both specialist and non-specialist audiences.
CB05	Have developed the necessary learning abilities to carry on studying autonomously
D18	Recognize the influence of individual, religious, cultural and customary differences on occupation and participation.
E22	Actively listen, obtain and synthesize relevant information about the occupational problems and demands of individuals and populations and understand the content of this information.
E23	Establish assertive interpersonal communication with all relevant interlocutors during the Occupational Therapy process.
E24	Develop and write Occupational Therapy histories and other records in an understandable form for both specialized and non-specialized audiences.
G02	Understand the different theories of functioning, personal autonomy, functional adaptation of the environment, as well as the intervention models in Occupational Therapy, transferring them to daily professional practice.
G03	Promote health and prevent disability, acquire or recover the occupational performance necessary at each stage of the life cycle to achieve independence and autonomy in the areas of occupational performance of those people who suffer situations of risk, organic deficit, limitation in activity and participation and / or social marginalization.
G04	Perform an adequate treatment, respecting the different phases and basic principles, through therapeutic occupations and based on related knowledge such as the science of occupation, in the different areas of occupational performance, analyzing the performance components and the different existing environments and contexts.
G07	To know, understand and apply the fundamentals of personal autonomy in activities of daily living with and without adaptations and/or technical aids in the life cycle.
G20	Adapt and apply the Occupational Therapy process in close collaboration with individuals and the population, building capacity to intervene in advocacy, prevention and protection projects with a community and public health focus.
G21	Appreciate and respect individual differences, cultural beliefs, customs and their influence on occupation and participation.

5. Objectives or Learning Outcomes

Course learning outcomes

Description

The student must show knowledge and mastery of skills for the selection of the most appropriate treatments according to the clinical, social and personal situation of the patient or user

The student will understand the different intervention approaches in the activities of daily life

The student will know different resources available for treatment and advice in matters of personal autonomy.

6. Units / Contents

Unit 1:

Unit 2:

7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures		1.12	28	Y	N	
Class Attendance (practical) [ON-SITE]	Project/Problem Based Learning (PBL)		1.2	30	Y	N	
Project or Topic Presentations [ON-SITE]	Group Work		3.6	90	Y	N	
Final test [ON-SITE]	Assessment tests		0.08	2	Y	N	
Total:			6	150			
Total credits of in-class work: 6			Total class time hours: 150				
Total credits of out of class work: 0			Total hours of out of class work: 0				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Final test	40.00%	100.00%	
Projects	30.00%	0.00%	
Laboratory sessions	30.00%	0.00%	
Total:	100.00%	100.00%	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

9. Assignments, course calendar and important dates

Not related to the syllabus/contents

Hours	hours
Unit 1 (de 2):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	14
Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]	15
Project or Topic Presentations [PRESENCIAL][Group Work]	45
Group 60:	
Initial date: 11-09-2023	End date: 01-11-2023
Unit 2 (de 2):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	14
Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]	15
Project or Topic Presentations [PRESENCIAL][Group Work]	45
Final test [PRESENCIAL][Assessment tests]	2
Group 60:	
Initial date: 06-11-2023	End date: 20-12-2023
Global activity	
Activities	hours
Class Attendance (theory) [PRESENCIAL][Lectures]	28
Project or Topic Presentations [PRESENCIAL][Group Work]	90
Final test [PRESENCIAL][Assessment tests]	2
Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]	30
Total horas: 150	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
	AJOT : The American journal of occupational therapy			0272-9490	1978	
	Enabling Occupation II : Advancing an Occupational Therapy V			978-1-895437-76-8	2007	
	Terapia ocupacional en salud mental			978-84-458-2101-5	2012	
	Terapia Ocupacional en Geriatría			978-84-9171-385-2	2019	
	Canadian journal of occupational therapy = Revue canadienne			0008-4174	1933	
	Terapia ocupacional aplicada al daño cerebral adquirido			978-84-9835-202-3	2010	
	Tratamiento de las Actividades de la vida diaria			978-84-9110-794-1	2022	