



1. General information

Course: TEACHER TRAINING AND PROFESSIONAL DEVELOPMENT IN PHYSICAL EDUCATION (P.E.)

Code: 46337

Type: ELECTIVE

ECTS credits: 6

Degree: 394 - UNDERGRADUATE DEGREE IN PRIMARY EDUCATION (CU)

Academic year: 2022-23

Center: 103 - FACULTY OF EDUCATION OF CUENCA

Group(s): 30

Year: 4

Duration: First semester

Main language: Spanish

Second language: English

Use of additional languages:

English Friendly: N

Web site:

Bilingual: N

Lecturer: ALEJANDRO PRIETO AYUSO - Group(s): 30

Building/Office	Department	Phone number	Email	Office hours
Fray Luis de León / 0.15	DIDÁCTICA DE LA EDUCACIÓN FÍSICA, ARTÍSTICA Y MÚSICA		Alejandro.Prieto@uclm.es	

2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

Not established

4. Degree competences achieved in this course

Course competences

Code	Description
CB02	Apply their knowledge to their job or vocation in a professional manner and show that they have the competences to construct and justify arguments and solve problems within their subject area.
CB03	Be able to gather and process relevant information (usually within their subject area) to give opinions, including reflections on relevant social, scientific or ethical issues.
CG02	Design, plan and evaluate teaching and learning processes, both individually and in collaboration with other teachers and professionals in the centre.
CG04	Design and arrange learning spaces, with consideration of diversity and gender equality, equity and respect for human rights, which constitute the values of citizenship.
CG05	Promote coexistence inside and outside the classroom, solve discipline problems and contribute to the peaceful resolution of conflicts. Boost and value pupils' effort, determination and self-discipline.
CG10	Reflect on classroom practice to allow innovation and improvement of the teaching practice. Acquire habits and skills for autonomous and cooperative learning and promote it among pupils.
CT03	Correct oral and written communication.

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Know the different educational planning systems and plan Physical Education didactic programmes.

Know and apply assessment instruments for the different content blocks included in the subject of Physical Education.

Teach educational values through Physical Education, knowing how to detect situations where there may be a risk of exclusion and propose solutions in order to either prevent or correct them.

Have the capacity to prepare leisure, health or sports programmes as part of extracurricular activities.

Know how to analyse the social context and family background from a Physical Education perspective in any educational centre, training structure or institution.

Know how to analyse healthy lifestyle possibilities as well as the drawbacks of not following those recommendations.

Know the different methodologies, being able to choose the best methodology taking into account the group of students and their educational centre.

Additional outcomes

6. Units / Contents

Unit 1:

Unit 2:

Unit 3:

Unit 4:

Unit 5:

Unit 6:

7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures	CB02 CB03 CG02 CG04 CG05 CG10 CT03	1.2	30	N	-	
Class Attendance (practical) [ON-SITE]	Cooperative / Collaborative Learning	CB02 CB03 CG02 CG04 CG05 CG10 CT03	1.12	28	Y	Y	
Writing of reports or projects [OFF-SITE]	Cooperative / Collaborative Learning	CB02 CB03 CG02 CG04 CG05 CG10 CT03	1.2	30	Y	Y	
Final test [ON-SITE]	Assessment tests	CB02 CB03 CG02 CG04 CG05 CG10 CT03	0.08	2	Y	Y	
Study and Exam Preparation [OFF-SITE]	Assessment tests	CB02 CB03 CG02 CG04 CG10	2.4	60	N	-	
Total:			6	150			
Total credits of in-class work: 2.4			Total class time hours: 60				
Total credits of out of class work: 3.6			Total hours of out of class work: 90				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System			
Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Assessment of active participation	10.00%	10.00%	
Oral presentations assessment	15.00%	15.00%	
Oral presentations assessment	15.00%	15.00%	
Assessment of active participation	10.00%	10.00%	
Final test	50.00%	50.00%	
Total:	100.00%	100.00%	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
Hours	hours
Final test [PRESENCIAL][Assessment tests]	2
Unit 1 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	3
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	1.5
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.5
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	9
Unit 2 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	3
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	3.5
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	3.5
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	8.5
Unit 3 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	5
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	5
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	4
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	8.5
Unit 4 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	5
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	5
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	4
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	8.5
Unit 5 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	5
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	5
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	4
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	8.5
Unit 6 (de 6):	
Activities	Hours

Class Attendance (theory) [PRESENCIAL][Lectures]	5
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	5
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	5
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	8.5
Global activity	
Activities	hours
Class Attendance (practical) [PRESENCIAL][Cooperative / Collaborative Learning]	25
Writing of reports or projects [AUTÓNOMA][Cooperative / Collaborative Learning]	24
Final test [PRESENCIAL][Assessment tests]	2
Class Attendance (theory) [PRESENCIAL][Lectures]	26
Study and Exam Preparation [AUTÓNOMA][Assessment tests]	51.5
Total horas: 128.5	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
Contreras Jordán, Onofre Ricardo y García López, Luis Miguel	Didáctica de la educación física :enseñanza de los contenido	Síntesis		978-84-9756-745-9	2011	
Contreras Jordán, Onofre Ricardo y Cuevas Campos, Ricardo	Las competencias básicas desde la educación física	Inde		978-84-9729-264-1	2011	
Contreras Jordán, Onofre Ricardo	Didáctica de la educación física: un enfoque constructivista	INDE		84-87330-97-5	1998	