

UNIVERSIDAD DE CASTILLA - LA MANCHA GUÍA DOCENTE

1. General information

 Course: PSYCHOLOGY
 Code: 34307

 Type: BASIC
 ECTS credits: 6

 Degree: 332 - UNDERGRADUATE DEGREE PROGRAMME IN MEDICINE
 Academic year: 2022-23

 Center: 9 - FACULTY OF MEDICINE OF CIUDAD REAL
 Group(s): 20

 Year: 1
 Duration: C2

Main language: Spanish

Use of additional languages:

Web site:

Second language:

English Friendly: Y

Bilingual: N

Lecturer: MIRIAM BAJO ROMERO - Group(s): 20								
Building/Office Department		F	Phone number	Email	Office hours			
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2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

"Psychology" course belongs to Module III (Human Clinical Training) and specifically to 3.1 (Basics of Human Behavior) of the Medicine Teaching Plan. It is a basic course, with 6 ECTS and is taught during the second semester of the first year

Bases of Human Behavior is part of module III "Human Clinical Training". It is the only content in this module taught during the first academic year. All the courses included in Module III have a clinical content, and their objective is to train the student in the knowledge of the causes of diseases, their underlying mechanisms, their manifestations, their diagnosis and their treatment. More specifically, Bases of Human Behavior analyzes psychic phenomena and human behavior in a normal situation and includes the study of basic psychological processes, personality and individual differences, cognitive, emotional and psychosocial development in childhood and adolescence, attitudes, values and social beliefs, psychological assessment in medical practice and psychopathology, principles of cognitive-behavioral psychotherapy, stress and health, psychology of pain and coping with chronic illness.

The skills provided by Psychology course allow us to understand the psychological and social aspects that influence health and disease processes, paying special attention to the analysis of the interaction between the doctor and the patient, the promotion of healthy behaviors, the learning of main techniques of psychological intervention and the acquisition of knowledge, skills and attitudes related to the planning, coordination and leadership of work teams in the field of health sciences.

RELATIONSHIP WITH OTHER SUBJECTS. It is necessary to have passed this course in order to pass the Psychiatry course of this same degree.

4. Degree competences achieved in this course

Course competences	
Code	Description
3.28	Cognitive, emotional and psychosocial development in childhood and adolescence.
3.29	Knowledge of the biological, psychological and social foundations of personality and behavior.
3.31	Psychotherapy.
CT01	Proficiency in a second foreign language at level B1 of the Common European Framework of Reference for Languages.
CT03	Good oral and written communication skills.
G04	Develop professional practice with respect for the patient's autonomy, their beliefs and culture.
G05	Recognize their own limitations and the need to maintain and update their professional competence, giving special importance to autonomous learning of new knowledge and techniques and motivation for quality.
G06	Develop professional practice with respect to other health professionals, acquiring teamwork skills.
G08	Recognize the bases of normal human behavior and its alterations.
G10	Understand and recognize the causative agents and risk factors that determine health states and the development of the disease.
G13	Obtain and prepare a clinical history containing all relevant information.

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Learning to design and organize the work. Acquiring habits of perseverance in the study.

Acquisition of oral and/or written presentation and communication skills.

Cognitive, emotional and psychosocial development in childhood and adolescence. Knowledge of the biological, psychological and social foundations of personality and behavior.

Additional outcomes

- -Knowing the processes that influence the evaluation we make of ourselves and understand the different mechanisms used by people to manage the impressions they transmit to others.
- -Analyzing schemes, prototypes and categories as strategies to order the social world, and understand their implications in health.
- -Identifing people's psychosocial responses to different health and disease situations, selecting the appropriate actions to provide help to them.
- -Understanding the multicausal nature of mental disorders and be able to identify the role of biological, psychological and social factors.
- -Planning, coordinating and leading meetings and work teams in the field of health sciences.

6. Units / Contents

- Unit 1: Module 1. Introduction to psychology and basic psychological processes. Neuroscience foundations. Awareness and arousal. Attention, sensation and perception. Learning. Motivation. Emotion. Memory. Thought and language.
- Unit 2: Module 2. Social Psychology. Social influence. Social cognition.
- Unit 3: Module 3. Human development, personality and intelligence.
- Unit 4: Module 4. Clinical Psychology. Psychotherapy.
- Unit 5: Module 5. Health Psychology. Stress and coping. Chronic and terminal illnesses. Pain.

7. Activities, Units/Modules and Methodology								
Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description	
Class Attendance (practical) [ON-SITE]	Practical or hands-on activities		0.6	15	Υ	Υ		
Class Attendance (theory) [ON-SITE]	Lectures		0.6	15	Υ	Υ		
Progress test [ON-SITE]	Assessment tests		0.1	2.5	Υ	Y		
Final test [ON-SITE]	Assessment tests		0.1	2.5	Υ	Υ		
Project or Topic Presentations [ON-SITE]	Guided or supervised work		0.6	15	Υ	Υ		
Problem solving and/or case studies [ON-SITE]	Problem solving and exercises		0.4	10	Υ	Υ		
Writing of reports or projects [OFF-SITE]	Group Work		0.24	6	Υ	N		
Study and Exam Preparation [OFF-SITE]	Self-study		2.56	64	Υ	N		
Other off-site activity [OFF-SITE]	Self-study		0.8	20	Υ	N		
	6	150						
Total credits of in-class work: 2.4				Total class time hours: 60				
Total credits of out of class work: 3.6				Total hours of out of class work: 90				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

Evaluation criteria and Grading System Evaluation System	Continuous assessment	Non- continuous evaluation*	Description		
Progress Tests	50.00%	0.00%	THEORY: Module exams		
Final test	20.00%	70.00%	THEORY: Final test		
Assessment of active participation	5.00%	5.00%	PRACTICES: Participation and attitude		
Practicum and practical activities reports assessment	10.00%	17 () ()()%	PRACTICES: Practices, oral presentations, problems developed in the last non-recoverable ordinary call		
Final test	15.00%	15.00%	PRACTICES: Practical test, recoverable.		
Total	: 100.00%	100.00%			

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

Evaluation criteria for the final exam:

Continuous assessment:

A student enrolled for the first time in a subject has two calls during the academic year:

- 1. Ordinary presential call: it comprises the continuous evaluation of all theoretical and practical activities reflected in the schedule fulfilling the conditions described in the teaching guide of the subject and the minimum attendance requirements to pass the subject.
- 2. Extraordinary call: It includes the evaluation of the failed part of the subject in the ordinary call. It will consist of a theoretical exam and/or practical exam, the rest of the scores of the practical part will be those obtained during the course in reports, seminars, presentations, work, participation and attitude or OSCE (Objective Structured Clinical Examination).

In case of failing the subject the first time it is taken, the options for the following academic year will be two of the following three options:

- 1. Ordinary call: within this call, two modalities can be chosen:
- a. Classroom mode: Includes the continuous evaluation of all theoretical and practical activities reflected in the schedule fulfilling the conditions described in the teaching guide of the subject, as if the subject was taken fort the first time, and the grades obtained in the previous year will not be taken into account.
- b. Non-attendance mode: It includes the evaluation of only the failed part of the subject during the previous course with a theoretical exam and/or practical exam per semester on the same date as the final exam of each semester. The scores for practical exams other than the practical exam will be those kept from the previous course. This modality can only be chosen in the case of having taken the subject in the ordinary presential call exam in the previous academic year.
- 2. Extraordinary call: It includes the evaluation of the failed part of the subject in the ordinary call either of the current academic year, if the student has opted for the ordinary presential call, or of the previous academic year, in the rest of the cases. It will consist of a theoretical and/or practical exam, the rest of the evaluation of the practical part will be those of the current or previous course. In the case of not having taken the ordinary presential exam in the current or previous academic year, the scores of previous exams will not be taken into account, since they will be kept only for one academic year.
- 3. Special final call: This includes the evaluation of the failed part of the subject in the previous year. This call can only be requested in the case of key subjects. It will consist of a theoretical and/or practical exam, the rest of the scores of the practical part will be those of the previous course. In the case of not having taken the ordinary presential exam in the current or previous course, the scores of previous exams will not be considered, since they will be kept only for one academic course.

These conditions will only be maintained in the academic year consecutive to the ordinary presential exam of a subject. The scores of the practical or theoretical part passed will only be kept if the minimum attendance requirements to pass the subject described in the electronic guide have been met. In case that the subject is not passed in the second academic year, the same biannual cycle criteria described for the first and second year of enrollment will be the same in the third and successive odd numbered years of enrollment.

ORDINARY PRESENTIAL CALL:

Theoretical evaluation:

70% distributed in (ajustar a las asignaturas):

- 50% module exams
- 20% final semester exams

To pass the course it will be necessary to obtain half of the 70%, which represents at least 3.5 points in the theoretical part of the 10 total points of the course.

Evaluation of practices, presentations, problems, work, participation, and attitude:

30% valued jointly as follows:

- Practical reports: 10%.
- Practical exam: 15%.
- Participation and attitude: 5%.

To pass the subject it will be necessary to obtain half of the 30%, which represents at least 1.5 points in the practical part of the 10 total points of the course.

Non-continuous evaluation:

Theoretical evaluation: exam with 70% value. To pass the subject it will be necessary to obtain half of the 70%, which represents at least 3.5 points in the theoretical part of the 10 total points of the course.

In case of having passed the theoretical part in the previous course, the score obtained in the last exam will be maintained.

Practical evaluation: to pass the subject it will be necessary to obtain half of the 30%, which represents at least 1.5 points in the practical part of the 10 total points of the course.

Specifications for the resit/retake exam:

Theoretical evaluation: exam with 70% value. To pass the subject it will be necessary to obtain half of the 70%, which represents at least 3.5 points in the theoretical part of the 10 total points of the course.

In case of having passed the theoretical part in the previous course, the score obtained in the last exam will be maintained.

Practical evaluation: to pass the subject it will be necessary to obtain half of the 30%, which represents at least 1.5 points in the practical part of the 10 total points of the course.

There will be a practical exam and the results of the rest of the practical exams of the ordinary presential exam, either from the current year or the previous year, will be taken into account.

Specifications for the second resit / retake exam:

Theoretical evaluation: exam with 70% value. To pass the subject it will be necessary to obtain half of the 70%, which represents at least 3.5 points in the theoretical part of the 10 total points of the course.

In case of having passed the theoretical part in the previous course, the score obtained in the last exam will be maintained.

Practical evaluation: to pass the subject it will be necessary to obtain half of the 30%, which represents at least 1.5 points in the practical part of the 10 total points of the course.

There will be a practical exam and the results of the rest of the practical exams of the ordinary presential exam, either from the current year or the previous year, will be taken into account.

9. Assignments, course calendar and important dates						
Not related to the syllabus/contents						
Hours	hours					
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	15					
Class Attendance (theory) [PRESENCIAL][Lectures]	15					
Progress test [PRESENCIAL][Assessment tests]	2.5					
Final test [PRESENCIAL][Assessment tests]	2.5					
Project or Topic Presentations [PRESENCIAL][Guided or supervised work]	15					
Problem solving and/or case studies [PRESENCIAL][Problem solving and exercises]	10					
Writing of reports or projects [AUTÓNOMA][Group Work]	6					
Study and Exam Preparation [AUTÓNOMA][Self-study]	64					
Other off-site activity [AUTÓNOMA][Self-study]	20					

Unit 1 (de 5): Module 1. Introduction to psychology and basic psychological processes. Neuroscience foundations. Awareness and arousal. Attention, sensation and perception. Learning. Motivation. Emotion. Memory. Thought and language.

Group 20:

Initial date: 06-02-2023 End date: 24-02-2023

Unit 2 (de 5): Module 2. Social Psychology. Social influence. Social cognition.

Group 20:

Initial date: 27-02-2023 End date: 17-03-2023

Unit 3 (de 5): Module 3. Human development, personality and intelligence.	
Group 20:	
Initial date: 20-03-2023 End date: 14-04-2023	
Unit 4 (de 5): Module 4. Clinical Psychology. Psychotherapy.	
Group 20:	
Initial date: 17-04-2023 End date: 05-05-2023	
Unit 5 (de 5): Module 5. Health Psychology. Stress and coping. Chronic and terminal	illnesses. Pain.
Group 20:	
Initial date: 08-05-2023 End date: 26-05-2023	
Global activity	
Activities	hours
Problem solving and/or case studies [PRESENCIAL][Problem solving and exercises]	10
Writing of reports or projects [AUTÓNOMA][Group Work]	6
Study and Exam Preparation [AUTÓNOMA][Self-study]	64
Other off-site activity [AUTÓNOMA][Self-study]	20
Class Attendance (theory) [PRESENCIAL][Lectures]	15
Progress test [PRESENCIAL][Assessment tests]	2.5
Final test [PRESENCIAL][Assessment tests]	2.5
Project or Topic Presentations [PRESENCIAL][Guided or supervised work]	15
Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities]	15
	Total horas: 150

10. Bibliography and Sources							
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description	
Taylor, S.E.	Psicología de la Salud 6ª Ed.	Piramide	Madrid	978-97-0106-238-8	2007	Lectura básica Módulo 5	
American Psychiatric Association	Manual Diagnóstico y Estadístico de los Trastornos Mentales IV-TR.	Elsevier-Mason	Madrid	978-84-4581-087-3	2009	Lectura básica Módulo 4	
Blanco, A.	Psicología Social (2ª ed.)	CEF	Madrid	978-84-4541-550-4	2009	Lectura básica Módulo 2	
Díaz, D. y Latorre J.M.	Psicología Médica	Elsevier	Barcelona		2015	Manual General de la Asignatura	
Fiske, S.T., Gilbert, D.T. & Lindzey G.	, Handbook of social psychology (5th ed.)	Willey	New York	978-0-470-13748-2	2010	Lectura básica Módulo 2	
Moreno-Jiménez, B. y Díaz, D	Psicología de la Personalidad y las Diferencias Humanas.	CEF	Madrid	978-84-454-1594-8	2010	Lectura básica Módulo 3	
Smith, E. y Kosslyn, S.	Procesos cognitivos: Modelos y bases neurales.	Pearson Education	Madrid	978-84-8322-396-3	2008	Lectura básica Módulo 1	
Myers, D.G.	Psicología (7ª Edición).	Editorial Médica Panamericana	Mexico	84-7903-917-5	2008	Manual de consulta	