

UNIVERSIDAD DE CASTILLA - LA MANCHA GUÍA DOCENTE

1. General information

 Course: PHYSIOLOGY
 Code: 14314

 Type: BASIC
 ECTS credits: 9

 Degree: 376 - UNDERGRADUATE DEGREE PROGRAMME IN PHARMACY
 Academic year: 2022-23

 Center: 14 - FACULTY OF PHARMACY
 Group(s): 10

 Year: 2
 Duration: AN

Main language: Spanish
Use of additional languages:

Inglish Friendly: Y

languages:

Web site:

Billingual: N

| Lecturer: BEATRIZ DOMINGO MORENO - Group(s): 10 | | | | | | | | | | | | |
|---|---------|---|-----------------|---------------------------|-------|--------------------------|--------------------------|-----------|--------------|--|--|--|
| Building/Office | | Department | | Phone numbe | r E | Email | | Of | Office hours | | | |
| Facultad de Medicina/Área de Fisiología | | CIENCIAS MÉDICAS | | 2686 | b | beatriz.domingo@uclm.e | | | | | | |
| Lecturer: MIRIAM FERNANDEZ FERNANDEZ - Group(s): 10 | | | | | | | | | | | | |
| Building/Office Department | | Department | Ph | one nu | mber | ber Email | | | Office hours | | | |
| Facultad de Medicina AB/Área de Fisiología | | CIENCIAS MÉDICAS | 92 | 926053528 | | miriam.fernandez@uclm.es | | | | | | |
| Lecturer: MARIA DEL ROCIO FERNANDEZ SANTOS - Group(s): 10 | | | | | | | | | | | | |
| Building/Office | Depart | ment | P | hone nı | ımber | | Email | | Office hours | | | |
| Facultad de Farmacia. CIENCIA Y TECNOLOG Despacho 3.2. AGROFORESTAL Y GI | | CIA Y TECNOLOGÍA FORESTAL Y GENÉTIC. | | CIENCIA Y TECNOL829 | | | mrocio.fernandez@uclm.es | | | | | |
| Lecturer: YOLANDA I | -ÓPEZ G | GALLARDO - Group(s): 1 | 0 | | | | | | | | | |
| Building/Office Department | | Phone number | Email | | | | Offic | ice hours | | | | |
| | CIENCIA | AS MÉDICAS | | Yolanda.LGallardo@uclm.es | | | | | | | | |
| Lecturer: PEDRO AN | тоню т | RANQUE GOMEZ - Grou | ıp(s): 1 | 0 | | | | | | | | |
| Building/Office Department | | | | Phone number | | Email | | Of | Office hours | | | |
| Facultad de Medicina AB/Área de Fisiología | | CIENCIAS MÉDICAS | 2970 | |) | pedro.tranque@uclm.es | | | | | | |
| Lecturer: MANUEL VICENTE RUIZ - Group(s): 10 | | | | | | | | | | | | |
| Building/Office Department | | Phone numb | Email | | 0 | | Office | e hours | | | | |
| CIENCIAS MÉDICAS | | | | Manuel.Vicente@uclm.es | | | | | | | | |

2. Pre-Requisites

There are no prerequisites, although basic knowledge of Biology, Physics and Chemistry is recommended.

3. Justification in the curriculum, relation to other subjects and to the profession

The subject "Physiology" belongs to module 5, Medicine and Pharmacology, of the Degree in Pharmacy. It studies the molecular and cellular aspects that provide the basis for understanding the functioning of the normal human body. In addition, it deals with the study of the functions of the different organs, apparatus and systems of the human body and proposes an integrated vision that allows the understanding of homeostatic mechanisms and adaptation to the environment.

4. Degree competences achieved in this course

Course competences

Code Description

B01 Proficiency in a second foreign language at level B1 of the Common European Framework of Reference for Languages.

B02 Knowledge of Information and Communication Technologies (ICT).

B03 A correct oral and written communication
B04 Ethical commitment and professional deontology.

B05 Ability to develop those learning skills necessary to undertake further studies.

Know and understand the structure and function of the human body, as well as the general mechanisms of disease, molecular,

structural and functional alterations, syndromic expression and therapeutic tools to restore health.

Know how to apply the scientific method and acquire skills in the handling of legislation, sources of information, bibliography, elaboration of protocols and other aspects considered necessary for the design and critical evaluation of preclinical and clinical trials.

Intervene in health promotion and disease prevention activities at the individual, family and community levels, with an integral and

| | multi-professional vision of the health-disease process. |
|-----|---|
| G10 | Design, apply and evaluate clinical reagents, methods and analytical techniques, knowing the basic principles of clinical analysis and the characteristics and contents of laboratory diagnostic reports. |
| G13 | Develop communication and information skills, both oral and written, to deal with patients and users of the centre where they carry out their professional activity. Promote the capacity to work and collaborate with multidisciplinary teams and those related to other health professionals. |
| G14 | Know the ethical and deontological principles according to the legislative, regulatory and administrative provisions governing professional practice, understanding the ethical implications of health in a changing social context. |
| G15 | Recognise own limitations and the need to maintain and update professional competence, with particular emphasis on self-learning of new knowledge based on scientific evidence. |
| T01 | Critical thinking skills based on the application of the scientific method |
| T02 | Ability to manage quality scientific information, bibliography, specialized databases and resources accessible through the Internet. |
| T03 | Handling of basic and specific software for the treatment of information and experimental results. |
| T04 | Motivation for quality, safety at work and awareness of environmental issues, with knowledge of the internationally recognised systems for the correct management of these aspects. |
| T05 | Organizational, planning and implementation skills. |
| T06 | Ability to address human resources decision-making and management. |
| T07 | Ability to work as a team and, where appropriate, exercise leadership functions, encouraging entrepreneurship. |
| T08 | Develop interpersonal skills and the ability to function in an international and multicultural context. |

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Apply physiological and pathophysiological knowledge to understand the mechanisms of action of drugs, medical devices and food in the body.

Develop scientific papers on health and disease related issues or problems

Communicate results and conclusions

Autonomous learning capacity

Basic social communication skills in the performance of their profession.

Critical thinking skills

To instil in the student the attitudes and values (knowing how to be) of the pharmaceutical professional and to stimulate and guide him/her to integrate them into his/her personal attitudes and human qualities.

To apply the knowledge of physiological methodology in the achievement of pharmacological studies.

To apply physiological and pathophysiological knowledge in the performance and interpretation of biological analysis.

Collect information and develop theoretical thematic content and participate in laboratory experiments.

6. Units / Contents

Unit 1: Cellular and General Physiology. Focal areas 1-3

Unit 1.1 PRACTICE 1: Giant squid axon simulation

Unit 2: Nervous System. Focal Areas 4-13

Unit 2.1 PRACTICE 2: Photomotor reflex exploration, somatic sensitivity, hearing, fundus.

Unit 2.2 PRACTICE 3: Examination of tendon reflexes, electromyogram.

Unit 3: Blood. Focal areas 14-15

Unit 3.1 PRACTICE 4: Blood group typing, red blood cell count, hematocrit index, coagulation time, osmotic fragility.

Unit 4: Cardiovascular System. Focal areas 16-19

Unit 4.1 PRACTICE 5: Electrocardiogram recording, blood pressure determination

Unit 5: Respiratory System. Focal areas 20-22

Unit 5.1 PRACTICE 6: Spirometry.

Unit 6: Digestive System. Sub-themes 23-25

Unit 6.1 PRACTICE 7: Digestive physiology practice

Unit 7: Renal and Urinary System. Focal areas 26-29

Unit 7.1 PRACTICE 8: Kidney function tests: Creatinine clearance.

Unit 8: Endocrine System. Focal areas 30-36

 $\textbf{Unit 8.1} \ \ \mathsf{PRACTICE} \ 9: \\ \mathsf{Blood} \ \mathsf{glucose} \ \mathsf{determination}. \ \mathsf{Regulation} \ \mathsf{of} \ \mathsf{thyroid} \ \mathsf{function}$

Unit 9: Reproductive system. Focal areas 37-39

Unit 9.1 PRACTICE 10: Semen analysis

| 7. Activities, Units/Modules and Methodology | | | | | | | | | |
|--|----------------------------------|---|------|-------|----|-----|-------------|--|--|
| Training Activity | Methodology | Related Competences (only degrees before RD 822/2021) | ECTS | Hours | As | Com | Description | | |
| Class Attendance (theory) [ON- SITE] | Lectures | B01 B02 B03 B04 B05 EM13 G03 G09 G10 G13 G14 G15 T01 T02 T03 T04 T05 T06 T07 T08 | 2.1 | 52.5 | Υ | N | | | |
| Class Attendance (practical) [ON- SITE] | Practical or hands-on activities | B01 B02 B03 B04 B05 EM13 G03 G09 G10 G13 G14 G15 T01 T02 T03 T04 T05 T06 T07 T08 | 1 | 25 | Υ | Y | | | |
| Workshops or seminars [ON-SITE] | Case Studies | B01 B02 B03 B04 B05 EM13 G03 G09 G10 G13 G14 G15 T01 T02 T03 T04 T05 T06 T07 T08 | 0.16 | 4 | Υ | N | | | |

| On-line Activities [OFF-SITE] | Self-study | T05 T06 T07 T08 B01 B02 B03 B04 B05 EM13 G03 G09 G10 G13 G14 G15 T01 T02 T03 T04 | 0.66 | 16.5 | Υ | N | | | | |
|--------------------------------|--|---|------|------|---|---------------------------------------|--|--|--|--|
| Formative Assessment [ON-SITE] | Assessment tests | T05 T06 T07 T08 B01 B02 B03 B04 B05 EM13 G03 G09 G10 G13 | 0.26 | 6.5 | Y | N | | | | |
| Formative Assessment [ON-SITE] | Assessment tests | G14 G15 T01 T02 T03 T04 T05 T06 T07 T08 | 0.26 | 6.5 | Y | N | | | | |
| | | Total: | | 225 | | | | | | |
| | Total credits of in-class work: 3.64 | | | | | Total class time hours: 91 | | | | |
| | Total credits of out of class work: 5.36 | | | | | Total hours of out of class work: 134 | | | | |

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

| 8. Evaluation criteria and Grading System | | | | | | | | |
|---|-----------------------|-----------------------------------|-------------|--|--|--|--|--|
| Evaluation System | Continuous assessment | Non- continuous evaluation* | Description | | | | | |
| Test | 10.00% | 20.00% | | | | | | |
| Test | 70.00% | 80.00% | | | | | | |
| Assessment of active participation | 20.00% | 0.00% | | | | | | |
| Total: | 100.00% | 100.00% | | | | | | |

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

Evaluation criteria for the final exam:

Continuous assessment:

As it is established in the title memory, to pass this course it will be essential to have completed the laboratory practices (only compulsory activity). Students who repeat the course will have their internship saved for two years.

A system of face-to-face assessment adapted to the regulations of the University of Castilla-La Mancha will be followed. It is a system of continuous evaluation so that the subject is passed by accumulating at least 50 points. The grade will be the sum of the points earned on the three progress tests and the student's participation (maximum of 20 points). If the total points do not reach 50, to pass the course you can choose to take a single final test within the ordinary call for applications.

Non-continuous evaluation:

Evaluation criteria not defined

Specifications for the resit/retake exam:

The extraordinary call for applications consists of a single test with a value of 80 out of 100 points. The student will evaluate theoretical and practical knowledge of the subject as a whole. The student's participation grade earned during the regular school year (maximum of 20 points) will be added to these points to obtain the final grade. The course is passed by accumulating at least 50 points. In order to pass the course through this call for applications, it is essential to have completed the laboratory practices.

Specifications for the second resit / retake exam:

Only students who meet the requirements set out in the current Student Evaluation Regulations of the University of Castilla-La Mancha, which will be evaluated in accordance with the criteria applied in the extraordinary call for applications, will be admitted to this competition. Therefore, a test with a value of 80 points out of 100 will be taken. The student's participation grade obtained during a previous ordinary session (maximum of 20 points) will be added to these points to obtain the final grade. The course is passed by accumulating at least 50 points. In order to pass the course through this call for applications, it is essential to have completed the laboratory practices.

| 9. Assignments, course calendar and important dates | |
|---|-------|
| Not related to the syllabus/contents | |
| Hours | hours |
| Class Attendance (theory) [PRESENCIAL][Lectures] | 52.5 |
| Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities] | 25 |
| Workshops or seminars [PRESENCIAL][Case Studies] | 4 |
| Group tutoring sessions [PRESENCIAL][Group tutoring sessions] | 3 |
| On-line debates and forums [AUTÓNOMA][Online Forums] | 4 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 113.5 |
| On-line Activities [AUTÓNOMA][Self-study] | 16.5 |
| Formative Assessment [PRESENCIAL][Assessment tests] | 6.5 |
| Unit 1 (de 9): Cellular and General Physiology. Focal areas 1-3 | |
| Activities | Hours |

| Class Attendance (theory) [PRESENCIAL][Lectures] | 52.5 |
|---|------------------|
| Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities] | 25 |
| Workshops or seminars [PRESENCIAL][Case Studies] | 4 |
| Group tutoring sessions [PRESENCIAL][Group tutoring sessions] | 3 |
| On-line debates and forums [AUTÓNOMA][Online Forums] | 4 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 113.5 |
| On-line Activities [AUTÓNOMA][Self-study] | 16.5 |
| Formative Assessment [PRESENCIAL][Assessment tests] | 6.5 |
| Global activity | |
| Activities | hours |
| Class Attendance (practical) [PRESENCIAL][Practical or hands-on activities] | 50 |
| Class Attendance (theory) [PRESENCIAL][Lectures] | 105 |
| Workshops or seminars [PRESENCIAL][Case Studies] | 8 |
| Group tutoring sessions [PRESENCIAL][Group tutoring sessions] | 6 |
| On-line debates and forums [AUTÓNOMA][Online Forums] | 8 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 227 |
| On-line Activities [AUTÓNOMA][Self-study] | 33 |
| Formative Assessment [PRESENCIAL][Assessment tests] | 13 |
| | Total horas: 450 |

| 10. Bibliography and Sources | | | | | | |
|------------------------------|---|----------------------------------|-----------------|----------------|------|-------------|
| Author(s) | Title/Link | Publishing house | Citv | ISBN | Year | Description |
| Dee Unglaub Silverthorn | Human Physiology: An Integrated Approach (8th Edition) | Panamericana | Buenos Aires | 978-0134605197 | 2018 | |
| John E. Hall | Guyton and Hall Textbook of Medical Physiology, 13e (Guyton Physiology) | Elsevier | Amsterdam | 9781455770052 | 2016 | |
| Linda S. Costanzo | Physiology 7e | Philadelphia : Wolters Kluwer | | | 2018 | |
| John E. Hall | Guyton y Hall: Tratado de Fisiología médica, 13ª edición | Elsevier | Amsterdam | 9788491130246 | 2016 | |
| | Additional resources will be provided on the virtual platform of the Faculty of Pharmacy. | | | | | |
| Dee Unglaub Silverthorn | Fisiología Humana. Un enfoque integrado. 6ª edición | Editorial médica panamericana | Buenos aires | 9786078546220 | 2018 | |