



UNIVERSIDAD DE CASTILLA - LA MANCHA

GUÍA DOCENTE

1. General information

Course: CULTURAL DIVERSITY AND SOCIAL INEQUALITIES IN HEALTH
Type: BASIC
Degree: 391 - UNDERGRADUATE DEGREE PROGRAMME IN NURSING (TA)
Center: 16 - FACULTY OF SCIENCES OF THE HEALTH OF TALAVERA
Year: 1

Main language: Spanish
Use of additional languages:
Web site:

Code: 15305
ECTS credits: 6
Academic year: 2022-23
Group(s): 60 61
Duration: C2
Second language: English
English Friendly: Y
Bilingual: N

| Lecturer: CLARA MAESTRE MIQUEL - Group(s): 60 61 | | | | |
|--|--|--------------|-----------------------|--------------|
| Building/Office | Department | Phone number | Email | Office hours |
| Facultad de Ciencias de la Salud de Talavera de la Reina 1.6. | ENFERMERÍA, FISIOTERAPIA Y TERAPIA OCUP. | 5667 | clara.maestre@uclm.es | |

2. Pre-Requisites

Not established

3. Justification in the curriculum, relation to other subjects and to the profession

"Cultural diversity and social inequalities in health" is a subject that belongs to the compulsory training of Nursing Degree. This subject permits to analyze and reflect on nursing care, considering new sociocultural perspectives which have to be applied in health caring, in a multicultural society.

Understanding health/illness process is not an homogeneous issue, considering that there are social, cultural, politic and economic factors which have influence in diverse conceptual approaches. Moreover, health and illness are social constructions that go further than the biomedical model, and that have to be analyzed from the sociocultural and historical facts.

This subjects is related with other subjects about Nursing care, contributing with knowledge and skills related with cultural effects on patients, healers and self-perceived health. It is mainly related with subjects as Public Health Introduction, Health Psicology, Community Nursing, Ethics and Legislation, and Health services Managing.

In this subjects, undergraduates will have competencies to analyze the differences of attention/ health/illness processes, that come from cultural diversity and social inequalities and their effects as well, as inequality, discrimination and social exclusion, and margination. Contents in this subject will prepare undergraduates to carry out nursing interventions culturally appropriate.

4. Degree competences achieved in this course

Course competences

| Code | Description |
|------|---|
| A08 | To identify the psychosocial responses of people to different health situations (in particular, illness and suffering), selecting the appropriate actions to provide help. To establish an empathetic and respectful relationship with the patient and family according to the situation of the person, health problem and stage of development. To use strategies and skills that allow an effective communication with patients, families and social groups, as well as the expression of their concerns and interests. |
| A10 | To know and to identify psychological and physical problems derived from gender violence to train students in the prevention, early detection, assistance, and rehabilitation of victims of this form of violence. |
| B04 | To demonstrate ethical commitment and professional deontology. |
| C01 | Learning to learn. |
| C03 | To apply critical, logical and creative thinking, demonstrating innovation skills. |
| C04 | To work autonomously with responsibility and initiative. |
| C05 | To work in a team in a collaborative way and shared responsibility. |
| C06 | To communicate information, ideas, problems and solutions clearly and effectively in a specific public or technical field. |

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Understand the interactive behaviour of the person according to gender, group or community, within their social and multicultural context.

Identification of strategies and skills that allow an effective communication with families and social groups, as well as the expression of their concerns and interests.

Understanding of alternative projects for collective health in our sociocultural context.

Understanding without prejudice to people, considering their social and cultural aspects and respecting their opinions, beliefs and values of autonomous individuals.

Identification of health problems / illness / socio-health care derived from cultural differences (gender, age, and ethnicity) and social inequalities (socioeconomic status).

Analyze health strategies for the prevention and care of victims of social and gender-based violence.

Understanding health inequalities as a typical and group observable expression of sociocultural inequity.

6. Units / Contents

Unit 1: Social and cultural factors that configure identity processes and expectations of quality of life.

Unit 2: Social inequalities and their impact in health/ illness process. Social disadvantage, vulnerability and social exclusion. Effects in morbidity, mortality and health assistance.

Unit 3: Gender and health, from difference to inequality. Health and social class. Well-being, life style and social support.

Unit 4: Health policy, institutional and professional strategies in assisting cultural diversity and social health inequalities.

7. Activities, Units/Modules and Methodology

| Training Activity | Methodology | Related Competences | ECTS | Hours | As | Com | Description |
|--|---------------------------|---------------------|---|------------|----|-----|-------------|
| Class Attendance (theory) [ON-SITE] | Lectures | A08 A10 | 1.2 | 30 | N | - | |
| Group tutoring sessions [ON-SITE] | Group tutoring sessions | C05 | 0.08 | 2 | Y | N | |
| Project or Topic Presentations [ON-SITE] | Lectures | C06 | 0.08 | 2 | Y | N | |
| In-class Debates and forums [ON-SITE] | Projects based learning | C01 | 0.24 | 6 | Y | N | |
| Individual tutoring sessions [ON-SITE] | Guided or supervised work | C04 | 0.08 | 2 | N | - | |
| Study and Exam Preparation [OFF-SITE] | Self-study | C01 | 1.8 | 45 | N | - | |
| Writing of reports or projects [OFF-SITE] | Self-study | C01 C03 C04 | 1.6 | 40 | Y | N | |
| Workshops or seminars [ON-SITE] | Workshops and Seminars | C05 | 0.56 | 14 | Y | N | |
| Final test [ON-SITE] | Assessment tests | A08 A10 B04 C03 C06 | 0.16 | 4 | Y | Y | |
| On-line debates and forums [OFF-SITE] | Online Forums | B04 C06 | 0.2 | 5 | Y | N | |
| Total: | | | 6 | 150 | | | |
| Total credits of in-class work: 2.4 | | | Total class time hours: 60 | | | | |
| Total credits of out of class work: 3.6 | | | Total hours of out of class work: 90 | | | | |

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System

| Evaluation System | Continuous assessment | Non-continuous evaluation* | Description |
|-----------------------------|-----------------------|----------------------------|--|
| Final test | 70.00% | 100.00% | Writing test (required). |
| Other methods of assessment | 30.00% | 0.00% | Other activities that could be in english as well, and that are related with the competencies of this subject. |
| Total: | 100.00% | 100.00% | |

According to art. 6 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 13.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

9. Assignments, course calendar and important dates

| Not related to the syllabus/contents | |
|--|-------|
| Hours | hours |
| Group tutoring sessions [PRESENCIAL][Group tutoring sessions] | 2 |
| Individual tutoring sessions [PRESENCIAL][Guided or supervised work] | 2 |
| Final test [PRESENCIAL][Assessment tests] | 4 |
| On-line debates and forums [AUTÓNOMA][Online Forums] | 5 |
| Unit 1 (de 4): Social and cultural factors that configure identity processes and expectations of quality of life. | |
| Activities | Hours |
| Class Attendance (theory) [PRESENCIAL][Lectures] | 8 |
| In-class Debates and forums [PRESENCIAL][Projects based learning] | 1 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 10 |
| Writing of reports or projects [AUTÓNOMA][Self-study] | 10 |
| Workshops or seminars [PRESENCIAL][Workshops and Seminars] | 3 |
| Unit 2 (de 4): Social inequalities and their impact in health/ illness process. Social disadvantage, vulnerability and social exclusion. Effects in morbidity, mortality and health assistance. | |
| Activities | Hours |
| Class Attendance (theory) [PRESENCIAL][Lectures] | 8 |
| In-class Debates and forums [PRESENCIAL][Projects based learning] | 2 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 15 |
| Writing of reports or projects [AUTÓNOMA][Self-study] | 10 |
| Workshops or seminars [PRESENCIAL][Workshops and Seminars] | 4 |
| Unit 3 (de 4): Gender and health, from difference to inequality. Health and social class. Well-being, life style and social support. | |

| Activities | Hours |
|--|--------------|
| Class Attendance (theory) [PRESENCIAL][Lectures] | 8 |
| Project or Topic Presentations [PRESENCIAL][Lectures] | 1 |
| In-class Debates and forums [PRESENCIAL][Projects based learning] | 2 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 15 |
| Writing of reports or projects [AUTÓNOMA][Self-study] | 12 |
| Workshops or seminars [PRESENCIAL][Workshops and Seminars] | 4 |
| Unit 4 (de 4): Health policy, institutional and professional strategies in assisting cultural diversity and social health inequalities. | |
| Activities | Hours |
| Class Attendance (theory) [PRESENCIAL][Lectures] | 6 |
| In-class Debates and forums [PRESENCIAL][Projects based learning] | 1 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 6 |
| Writing of reports or projects [AUTÓNOMA][Self-study] | 8 |
| Workshops or seminars [PRESENCIAL][Workshops and Seminars] | 3 |
| Global activity | |
| Activities | hours |
| Class Attendance (theory) [PRESENCIAL][Lectures] | 30 |
| Group tutoring sessions [PRESENCIAL][Group tutoring sessions] | 2 |
| Project or Topic Presentations [PRESENCIAL][Lectures] | 1 |
| In-class Debates and forums [PRESENCIAL][Projects based learning] | 6 |
| Individual tutoring sessions [PRESENCIAL][Guided or supervised work] | 2 |
| Study and Exam Preparation [AUTÓNOMA][Self-study] | 46 |
| Writing of reports or projects [AUTÓNOMA][Self-study] | 40 |
| Workshops or seminars [PRESENCIAL][Workshops and Seminars] | 14 |
| Final test [PRESENCIAL][Assessment tests] | 4 |
| On-line debates and forums [AUTÓNOMA][Online Forums] | 5 |
| Total horas: 150 | |

| 10. Bibliography and Sources | | | | | | |
|-------------------------------------|--|-----------------------------------|-------------|-------------|-------------|--------------------|
| Author(s) | Title/Link | Publishing house | Citv | ISBN | Year | Description |
| Daponte A, et al. | Las desigualdades sociales en salud. | Escuela Andaluza de Salud Pública | | | 2008 | |
| Esteban ML. | Introducción a la Antropología de la Salud. Aplicaciones teóricas y prácticas. | Osalde | | | 2007 | |
| Martínez Hernández A. | Antropología médica. | Anthropos | | | 2011 | |
| Perdiguero E, Comelles JM | Medicina y cultura | Ediciones Bellaterra | | | 2000 | |
| Spensor RE. | Las culturas de la salud. | PEARSON | | | 2002 | |
| Buchbinder, M. | Understanding health inequalities and justice. | Open University | | | 2011 | |
| Sigerist, Marmot | Social inequalities in health | Open University | | | 2006 | |
| Graham, H. | Understanding health inequalities | Open University | | | 2011 | |