

# UNIVERSIDAD DE CASTILLA - LA MANCHA **GUÍA DOCENTE**

#### 1. General information

Course: COMMUNITY BASED OCCUPATIONAL THERAPY

Type: CORE COURSE

Degree: 382 - UNDERGRADUATE DEGREE IN OCCUPATIONAL THERAPY Center: 16 - FACULTY OF SCIENCES OF THE HEALTH OF TALAVERA

Year: 4

Main language: Spanish

languages: Web site:

Use of additional

Second language: English

English Friendly: Y

ECTS credits: 6

Academic year: 2022-23

Group(s): 60

Bilingual: N

Code: 64326

**Duration:** First semester

Lecturer: PABLO A	NTONIO CANTERO GARLITO - Grou	p(s): <b>60</b>						
Building/Office	Department	Phone number	Email	Office hours				
1.12	ENFERMERÍA, FISIOTERAPIA Y TERAPIA OCUP.	926051785	ibabio.canterot@ucim.es	Monday from 4 p.m. to 7 p.m. Wednesday from 10 a.m. to 1 p.m.				

C17

No prerequisites are established but it is recommended to have passed the subjects: "Introduction to Occupational Therapy" and "Occupational Therapy in Mental Health".

### 3. Justification in the curriculum, relation to other subjects and to the profession

meaningful occupation.

evidence

Sociocommunitarian Occupational Therapy has gained enormous relevance in recent years given the growing demand for intervention with groups of disadvantaged people with marked occupational dysfunction. In this way, occupational therapists are gradually expanding the areas in which they develop their intervention, their praxis is no longer based only in the institutional field but that work in the community is ceasing to be something strange to become more and more common. Through this subject, it is proposed that the students be able to put into practice the process of Occupational Therapy in the community environment and with groups in a situation of social exclusion or at risk of it. This requires the learning of a series of knowledge, skills and tools that allow the design, implementation and evaluation of effective, efficient and effective interventions. Likewise, the acquisition of attitudes related to intervention at the community level will be of special relevance.

4. Degree co	mpetences achieved in this course
Course compe	etences
Code	Description
A02	To know the national and international health organizations, as well as the environments and conditioning factors of the different health systems.
A03	Obtain and use epidemiological data and assess trends and risks to inform health decision-making.
A04	Recognise their own limitations and the need to maintain and update their professional competence, with particular emphasis on autonomous learning of new knowledge and skills and on motivation for quality.
A05	To know, critically evaluate and know how to use information sources to obtain, organize, interpret and communicate scientific, health, social and health information, preserving the confidentiality of the data.
B06	Understand the conceptual foundations of the occupational nature of human beings and the performance of their occupations throughout the life cycle.
B07	Understand and recognize the interrelationship between the concepts of well-being, health, meaningful occupation, dignity and participation.
B08	Understand and recognize the importance of contextual factors as determinants of occupational dysfunction.
B09	Recognize health determinants in the population, multiprofessional resources and equipment, and health prevention, maintenance an promotion actions, both at the individual and community levels.
B10	Carry out the assessment and adaptation of the environment to promote participation in meaningful occupations in the different facets daily life, personal autonomy and quality of life.
C11	Obtain and elaborate, with relevant information, the history of occupational performance throughout the process.
C12	Conduct assessment of occupational functioning appropriate to the needs of individuals and populations.
C13	Determine occupational dysfunctions and needs, define planning and establish Occupational Therapy intervention, utilizing the therapeutic potential of meaningful occupation, through the use of activity, with the consent and participation of individuals and populations.
C14	Conduct occupational assessment, determine planning and establish Occupational Therapy intervention, utilizing the therapeutic potential of the meaningful occupation, through the use of the activity, with the consent and participation of individuals and populations
C15	Know, select and apply appropriate theories, theoretical frameworks, models and practice methods of Occupational Therapy to choose or re-establish meaningful occupation, according to the health needs of individuals and populations.
C16	Collaborate with groups and communities to promote the health and well-being of their members through participation in the

Understand the rationale for action, indications and effectiveness of Occupational Therapy interventions, based on available scientific

**CB01** Prove that they have acquired and understood knowledge in a subject area that derives from general secondary education and is appropriate to a level based on advanced course books, and includes updated and cutting edge, aspects of their field of knowledge. Apply their knowledge to free lob or vocation in a professional manner and show that they have rice competences to construct and **CB02** justify arguments and solve problems within their subject area. Be able to gather and process relevant information (usually within their subject area) to give opinions, including reflections on relevant **CB03** social, scientific or ethical issues **CB04** Transmit information, ideas, problems and solutions for both specialist and non-specialist audiences. **CB05** Have developed the necessary learning abilities to carry on studying autonomously D18 Recognize the influence of individual, religious, cultural and customary differences on occupation and participation. D19 Acquire and develop skills, abilities and practical experience in the socio-health and community context. D20 Acquire basic knowledge of management and improvement of the quality of Occupational Therapy services. D21 To develop professional practice with respect to other professionals, by acquiring teamwork skills. Actively listen, obtain and synthesize relevant information about the occupational problems and demands of individuals and E22 populations and understand the content of this information. E23 Establish assertive interpersonal communication with all relevant interlocutors during the Occupational Therapy process. Develop and write Occupational Therapy histories and other records in an understandable form for both specialized and non-E24 specialized audiences. E25 Transmitting oral and written information to both specialized and non-specialized audiences. To know and understand the historical background, theoretical foundations and methodological principles: philosophical aspects, G01 theoretical frameworks, models, techniques, evaluations and assessments of Occupational Therapy necessary to recognize and interpret occupational function-dysfunction processes. Understand the different theories of functioning, personal autonomy, functional adaptation of the environment, as well as the G02 intervention models in Occupational Therapy, transferring them to daily professional practice. Promote health and prevent disability, acquire or recover the occupational performance necessary at each stage of the life cycle to G03 achieve independence and autonomy in the areas of occupational performance of those people who suffer situations of risk, organic deficit, limitation in activity and participation and  $\slash\hspace{-0.5em}$  or social marginalization. Perform an adequate treatment, respecting the different phases and basic principles, through therapeutic occupations and based on G04 related knowledge such as the science of occupation, in the different areas of occupational performance, analyzing the performance components and the different existing environments and contexts. To know, design and apply the different modalities and general procedures of intervention in Occupational Therapy in their frames of G05 reference, evaluating their effectiveness in a cooperative work environment. G06 Encourage user and family participation in the recovery process. To know and understand the knowledge of Occupational Therapy for the integration of the individual in his environment throughout the G09 life cycle Apply the significant activity, ergonomic study, new technologies and existing technology in Occupational Therapy in the life cycle. G10 To know, evaluate, analyze, develop and participate in health education and promotion programs within the scope of Occupational G11 Therapy to prevent occupational dysfunctions in general and subsequent to medical, surgical and psychiatric conditions and social maladjustment. To know, develop and implement management plans and health and social and health administration applied to the provision of G12 services and improvement of the quality of Occupational Therapy. To explain the theoretical concepts that sustain Occupational Therapy, specifically the occupational nature of human beings and the G13 performance of their occupations. G14 Explain the relationship between occupational performance, health and well-being. To make and defend logical and reasoned arguments related to human occupation and Occupational Therapy. G15 Work in partnership with individuals and groups to actively participate in the occupation through health promotion, prevention. G16 rehabilitation and treatment. Appropriately select, modify and apply theories, practical intervention models and methods to meet occupational and health needs of G17 individuals and populations. G18 Use ethical and professional reasoning effectively throughout the Occupational Therapy process. G19 Utilize the therapeutic potential of occupation through the analysis and synthesis of occupation and activity. Adapt and apply the Occupational Therapy process in close collaboration with individuals and the population, building capacity to G20 intervene in advocacy, prevention and protection projects with a community and public health focus G21 Appreciate and respect individual differences, cultural beliefs, customs and their influence on occupation and participation. G25 Develop knowledge of the occupation and practice of Occupational Therapy. Determine and prioritize Occupational Therapy services. G26

# 5. Objectives or Learning Outcomes

## Course learning outcomes

Description

G28

Students will be able to understand the situations of occupational dysfunction of different groups: immigrants, prisoners, minors at risk and will be able to propose and implement effective interventions that improve their occupational functioning.

people, patients and users where appropriate and communicate the results to stakeholders.

Students will be able to design, implement and evaluate social and community projects from the perspective of Occupational Therapy.

Students will be able to analyse reality from the perspective of Occupational Therapy.

The student will be able to acquire a series of basic theoretical knowledge that underpins the practice of Community Based Rehabilitation and Socio-Community Occupational Therapy.

Engage in a continuous process of evaluation and quality improvement in the delivery of Occupational Therapy services, involve

# 6. Units / Contents

Unit 1: An occupational look at our world

Unit 2: Basis for the construction of Sociocommunitarian Occupational Therapy

Unit 3: Theoretical Foundations of Sociocommunitarian Occupational Therapy

Unit 4: Methodological proposals for the practice of Sociocommunitarian Occupational Therapy

Unit 5: The practice of Sociocommunitarian Occupational Therapy: experiences

7. Activities, Units/Modules and I	Methodology						
Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON- SITE]	Combination of methods	A02 A03 A04 A05 B06 B07 B08 B09 B10 C11 C12 C13 C14 C15 C16 C17 CB01 CB02 CB03 CB04 D19 D20 D21 E22 E23 E24 E25 G01 G02 G03 G04 G05 G06 G09 G10 G11 G12 G13 G14 G15 G16 G17 G18 G19 G20 G21 G25 G26 G28		35.5	Y	N	The theoretical contents of the course will be developed by means of oral exposition of the contents as well as activities to be carried out by the students in the classroom.
Class Attendance (practical) [ON-SITE]	Combination of methods	B09 C12 C13 C14 C15 C16 C17 E22 E23	0.5	12.5	Υ	N	Practical activities for the acquisition of application tools related to Socio-Community Occupational Therapy.
Individual tutoring sessions [ON- SITE]	Guided or supervised work	G15 G16 G18 G21 G28	0.4	10	Υ	N	Tutorials will be established so that students can deepen in the most relevant aspects of both the subject and the project to be carried out.
Portfolio Development [OFF-SITE]	Guided or supervised work	A02 A03 A04 A05 B07 B08 B09 B10 C11 C14 C15 C16 D19 D20 D21 G01 G02 G03 G09 G10 G11 G12 G13 G14	0.5	12.5	Y	N	The student will have to make a portfolio on various contents of the course that will be done individually, guided and supervised by the teacher. The due dates will be presented at the beginning of the course.
Other off-site activity [OFF-SITE]	Group Work	G12 G13 G14 G15 G16 G17 G18 G19 G25 G26 G28	1.6	40	Υ	N	Group work in which students will have to design and develop a project related to the contents of the course.
Self-study [OFF-SITE]	Assessment tests	A02 A03 A04 A05 B06 B07 B08 B09 B10 C11 C12 C13 C14 C15 CB01 CB02	1.5	37.5	Υ	Υ	Students will carry out a process of revision of diverse materials (technical documents, articles, 'practical experiences, videos) in an autonomous manner, the results of which can be reflected in the portfolio.
Final test [ON-SITE]	Assessment tests	A02 A03 A04 A05 B10 C11 C12 C13 C14 C15 C16 C17	0.08	2		Y	Final exam. It will consist of multiple choice multiple choice questions.
		Total:	-	150			
	Total credits of in-class work: 2.4						Total class time hours: 60
Total credits of out of class work: 3.							Total hours of out of class work: 90

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System	luation criteria and Grading System				
Evaluation System	Continuous assessment	Non- continuous evaluation*	Description		
Final test	30.00%	30.00%	Final exam. It will consist of multiple-choice multiple-choice questions. The formula used to establish the score for the final test, which will be multiple choice, is as follows:  Correct answers-(Errors/2)		
Portfolio assessment	20.00%	120 00%	It will consist of different activities that will be indicated at the beginning of the course.		
Other methods of assessment	40.00%	40.00%	Group project on Socio-Community Occupational Therapy.		
Self Evaluation and Co-evaluation	10.00%	10.00%	Self-administered self-assessment questionnaire.		
Total:	100.00%	100.00%			

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

# Evaluation criteria for the final exam:

#### Continuous assessment:

The final grade of the course will correspond to the weighted sum of the grades obtained in all the evaluable activities.

# Non-continuous evaluation:

The final grade of the course will correspond to the weighted sum of the grades obtained in all the evaluable activities. Group activities may be carried out individually.

# Specifications for the resit/retake exam:

In the extraordinary call, the acquisition of the competences of the course will be evaluated through a final test composed of two parts (theoretical and practical section), which will serve as an alternative evaluation test to all the evaluable formative activities.

# Specifications for the second resit / retake exam:

In the special call for completion, the acquisition of the competences of the course will be evaluated through a final test composed of two parts (theoretical and practical section), which will serve as an alternative evaluation test to all the evaluable formative activities.

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
Hours	hours
Other off-site activity [AUTÓNOMA][Group Work]	15
Unit 1 (de 5): An occupational look at our world	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Combination of methods]	8
Class Attendance (practical) [PRESENCIAL][Combination of methods]	2
Other off-site activity [AUTÓNOMA][Group Work]	2.5
Self-study [AUTÓNOMA][Assessment tests]	7
Group 60:	
Initial date: 19-09-2022	End date: 29-10-2020
Unit 2 (de 5): Basis for the construction of Sociocommunitarian Occupational Therapy	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Combination of methods]	6
Class Attendance (practical) [PRESENCIAL][Combination of methods]	2
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	4
Portfolio Development [AUTÓNOMA][Guided or supervised work]	2
Other off-site activity [AUTÓNOMA][Group Work]	2.5
Self-study [AUTÓNOMA][Assessment tests]	8
Group 60:	
Initial date: 03-10-2022	End date: 20-10-2022
Unit 3 (de 5): Theoretical Foundations of Sociocommunitarian Occupational Therapy	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Combination of methods]	6
Class Attendance (practical) [PRESENCIAL][Combination of methods]	2.5
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	2
Portfolio Development [AUTÓNOMA][Guided or supervised work]	2
Other off-site activity [AUTÓNOMA][Group Work]	2
Self-study [AUTÓNOMA][Assessment tests]	8
Group 60:	
Initial date: 24-10-2022	End date: 10-11-2022
Group 62:	
	End date: 10-11-2022
Group 62:	End date: 10-11-2022
Group 62: Initial date: 24-10-2022	End date: 10-11-2022 Hours
Group 62: Initial date: 24-10-2022 Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy	
Group 62: Initial date: 24-10-2022 Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy Activities	Hours
Group 62: Initial date: 24-10-2022 Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy Activities Class Attendance (theory) [PRESENCIAL][Combination of methods]	Hours 9.5
Group 62: Initial date: 24-10-2022 Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy Activities Class Attendance (theory) [PRESENCIAL][Combination of methods] Class Attendance (practical) [PRESENCIAL][Combination of methods]	<b>Hours</b> 9.5 4
Group 62: Initial date: 24-10-2022 Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy Activities Class Attendance (theory) [PRESENCIAL][Combination of methods] Class Attendance (practical) [PRESENCIAL][Combination of methods] Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	<b>Hours</b> 9.5 4 1
Group 62: Initial date: 24-10-2022 Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy Activities Class Attendance (theory) [PRESENCIAL][Combination of methods] Class Attendance (practical) [PRESENCIAL][Combination of methods] Individual tutoring sessions [PRESENCIAL][Guided or supervised work] Portfolio Development [AUTÓNOMA][Guided or supervised work]	Hours 9.5 4 1
Group 62: Initial date: 24-10-2022 Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy Activities Class Attendance (theory) [PRESENCIAL][Combination of methods] Class Attendance (practical) [PRESENCIAL][Combination of methods] Individual tutoring sessions [PRESENCIAL][Guided or supervised work] Portfolio Development [AUTÓNOMA][Guided or supervised work] Other off-site activity [AUTÓNOMA][Group Work]	Hours 9.5 4 1 4 2.5
Group 62: Initial date: 24-10-2022  Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy  Activities  Class Attendance (theory) [PRESENCIAL][Combination of methods]  Class Attendance (practical) [PRESENCIAL][Combination of methods]  Individual tutoring sessions [PRESENCIAL][Guided or supervised work]  Portfolio Development [AUTÓNOMA][Guided or supervised work]  Other off-site activity [AUTÓNOMA][Group Work]  Self-study [AUTÓNOMA][Assessment tests]	Hours 9.5 4 1 4 2.5
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Group 62:  Initial date: 24-10-2022  Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy  Activities  Class Attendance (theory) [PRESENCIAL][Combination of methods]  Class Attendance (practical) [PRESENCIAL][Combination of methods]  Individual tutoring sessions [PRESENCIAL][Guided or supervised work]  Portfolio Development [AUTÓNOMA][Guided or supervised work]  Other off-site activity [AUTÓNOMA][Group Work]  Self-study [AUTÓNOMA][Assessment tests]  Group 60:  Initial date: 14-11-2022  Group 62:  Initial date: 14-11-2022  Unit 5 (de 5): The practice of Sociocommunitarian Occupational Therapy: experiences  Activities	Hours 9.5 4 1 4 2.5 8 End date: 24-11-2022 Hours
Group 62:  Initial date: 24-10-2022  Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy  Activities  Class Attendance (theory) [PRESENCIAL][Combination of methods]  Class Attendance (practical) [PRESENCIAL][Combination of methods]  Individual tutoring sessions [PRESENCIAL][Guided or supervised work]  Portfolio Development [AUTÓNOMA][Guided or supervised work]  Other off-site activity [AUTÓNOMA][Group Work]  Self-study [AUTÓNOMA][Assessment tests]  Group 60:  Initial date: 14-11-2022  Group 62:  Initial date: 14-11-2022  Unit 5 (de 5): The practice of Sociocommunitarian Occupational Therapy: experiences  Activities  Class Attendance (theory) [PRESENCIAL][Combination of methods]	Hours 9.5 4 1 4 2.5 8 End date: 24-11-2022 Hours 6
Group 62: Initial date: 24-10-2022  Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy Activities  Class Attendance (theory) [PRESENCIAL][Combination of methods]  Class Attendance (practical) [PRESENCIAL][Combination of methods] Individual tutoring sessions [PRESENCIAL][Guided or supervised work]  Portfolio Development [AUTÓNOMA][Guided or supervised work]  Other off-site activity [AUTÓNOMA][Group Work]  Self-study [AUTÓNOMA][Assessment tests]  Group 60: Initial date: 14-11-2022  Unit 5 (de 5): The practice of Sociocommunitarian Occupational Therapy: experiences  Activities  Class Attendance (theory) [PRESENCIAL][Combination of methods]  Class Attendance (practical) [PRESENCIAL][Combination of methods]	Hours 9.5 4 1 4 2.5 8 End date: 24-11-2022  Hours 6 2
Group 62: Initial date: 24-10-2022  Unit 4 (de 5): Methodological proposals for the practice of Sociocommunitarian Occupational Therapy  Activities  Class Attendance (theory) [PRESENCIAL][Combination of methods]  Class Attendance (practical) [PRESENCIAL][Guided or supervised work]  Portfolio Development [AUTÓNOMA][Guided or supervised work]  Other off-site activity [AUTÓNOMA][Group Work]  Self-study [AUTÓNOMA][Assessment tests]  Group 60:  Initial date: 14-11-2022  Unit 5 (de 5): The practice of Sociocommunitarian Occupational Therapy: experiences  Activities  Class Attendance (theory) [PRESENCIAL][Combination of methods]  Class Attendance (practical) [PRESENCIAL][Combination of methods]  Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	Hours 9.5 4 1 4 2.5 8 End date: 24-11-2022  Hours 6 2 3
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