



# UNIVERSIDAD DE CASTILLA - LA MANCHA

## GUÍA DOCENTE

### 1. General information

**Course:** GERIATRIC NURSING  
**Type:** CORE COURSE  
**Degree:** 391 - UNDERGRADUATE DEGREE PROGRAMME IN NURSING (TA)  
**Center:** 16 - FACULTY OF SCIENCES OF THE HEALTH OF TALAVERA  
**Year:** 3

**Main language:** Spanish  
**Use of additional languages:**  
**Web site:**

**Code:** 15316  
**ECTS credits:** 6  
**Academic year:** 2022-23  
**Group(s):** 60 61  
**Duration:** First quarter  
**Second language:** English  
**English Friendly:** Y  
**Bilingual:** N

Lecturer: <b>BEATRIZ RODRIGUEZ MARTIN</b> - Group(s): <b>60 61</b>				
Building/Office	Department	Phone number	Email	Office hours
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### 2. Pre-Requisites

Not established. Student must be able to handle Moodle platform. In this platform will be available the materials for follow-up and development of the subject and all information about the course.

### 3. Justification in the curriculum, relation to other subjects and to the profession

The aim of this subject is to prepare students to provide nursing care in any action field (Hospital setting, outpatients, at home and socio-sanitary), to adults and elderly people with health problems based on principles of bioethics and human sciences, integrating knowledge, skills and attitudes related to promotion, prevention, treatment, recovery, rehabilitation, projecting the attention to the individual and the family.

### 4. Degree competences achieved in this course

Course competences	
Code	Description
A02	To know the use and indication of health products linked to nursing care.
A04	To know the use of medicines, evaluating the expected benefits and the associated risks and/or effects derived from their administration and consumption.
A05	To know and assess the nutritional needs of healthy people and people with health problems throughout the life cycle, promoting and reinforcing patterns of healthy eating behavior. To identify the nutrients and foods in which they are found. To identify the most prevalent nutritional problems and select the appropriate dietary recommendations.
A06	To apply the information and communication technologies in systems of health care.
A07	To know the physiopathological processes, their manifestations and the risk factors that determine the health and disease states in the different stages of the life cycle.
A09	To recognize life-threatening situations and know how to execute basic and advanced life support maneuvers.
A10	To know and to identify psychological and physical problems derived from gender violence to train students in the prevention, early detection, assistance, and rehabilitation of victims of this form of violence.
A13	To apply the nursing process to provide and guarantee the well-being, quality and safety of the people served.
A14	To know and apply the principles that support comprehensive nursing care.
A15	To direct, evaluate and provide comprehensive nursing care to the individual, the family and the community.
A17	To know the health alterations of the adult, identifying the manifestations that appear in their different phases. To identify the care needs derived from health problems. To analyze the data collected in the assessment, prioritizing the problems of the adult patient, establishing and executing the care plan and perform its evaluation. To perform nursing care techniques and procedures, establishing a therapeutic relationship with patients and family members. To select interventions aimed at treating or preventing problems derived from health deviations. To have a cooperative attitude with the different members of the team.
A20	To understand the changes associated with the aging process and its impact on health. To identify the structural, functional, psychological and lifestyle modifications associated with the aging process.
A21	To know the most frequent health problems in the elderly. To select care interventions aimed at treating or preventing health problems and their adaptation to daily life through resources of proximity and support for the elderly.
A24	To know the most relevant mental health problems in the different stages of the life cycle, providing comprehensive and effective care in the field of nursing.
A25	To know palliative care and pain control to provide care that alleviates the situation of advanced and terminally ill patients.
A28	To know the physical principles, clinical indications, norms of protection and care in radiological examinations and treatments, as well as in other techniques of diagnostic imaging.
B01	To have proficiency in a second foreign language, preferably English, at the level of the Common European Framework of Reference for Languages.

B02	To master the Information and Communication Technologies (ICT).
B03	To demonstrate a correct oral and written communication.
B04	To demonstrate ethical commitment and professional deontology.
C01	Learning to learn.
C02	To solve complex problems effectively in the nursing field.
C03	To apply critical, logical and creative thinking, demonstrating innovation skills.
C04	To work autonomously with responsibility and initiative.
C05	To work in a team in a collaborative way and shared responsibility.
C06	To communicate information, ideas, problems and solutions clearly and effectively in a specific public or technical field.
C07	To show sensitization in environmental issues.
C08	To manage complex technical or professional projects.

## 5. Objectives or Learning Outcomes

### Course learning outcomes

#### Description

Collaborate in the realization of techniques and procedures in an interdisciplinary way.

Understand the changes associated with the aging process and its impact on health.

Use information and communication systems and technologies in health care.

Perform nursing techniques and procedures correctly.

Recognize situations of vital risk and know how to manage taking the necessary measures.

Select care interventions aimed at treating or preventing health problems and their adaptation to daily life through resources of proximity and support for the elderly.

Identify the most frequent health problems in the elderly.

Identify the physical problems arising from gender-based violence and act before them.

Identify the most prevalent nutritional problems, knowing the adequate dietary recommendations in the different health problems.

Identify and use health products linked to nursing care.

Perform the assessment of the individual with mental health disorders, establish nursing diagnoses and plan nursing care.

Know the health alterations and their manifestations in the adult and elderly.

Identify the structural, functional, psychological and lifestyle modifications associated with the aging process.

Use the nursing care process holistically and ethically as a work tool, performing the assessment, identifying problems and prioritizing interventions in the adult and the elderly.

Use the different groups of drugs knowing their benefits and possible risks.

Act in the attention to situations that require palliative care and pain control.

Communicate with clarity concepts related to care and use of technical terminology in another language, if necessary.

Know which are the most relevant mental health problems in the general population and in the different stages of the life cycle.

## 6. Units / Contents

### Unit 1:

- Unit 1.1
- Unit 1.2
- Unit 1.3

### Unit 2:

- Unit 2.1
- Unit 2.2
- Unit 2.3
- Unit 2.4
- Unit 2.5
- Unit 2.6

### Unit 3:

- Unit 3.1
- Unit 3.2
- Unit 3.3
- Unit 3.4

### Unit 4:

- Unit 4.1
- Unit 4.2
- Unit 4.3
- Unit 4.4
- Unit 4.5
- Unit 4.6
- Unit 4.7

### Unit 5:

- Unit 5.1
- Unit 5.2
- Unit 5.3

### Unit 6:

7. Activities, Units/Modules and Methodology							
Training Activity	Methodology	Related Competences	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-	Lectures	A02 A04 A05 A06 A07 A09 A10 A13 A14 A15 A17 A20	1.44	36	N	-	

[SITE]		A21 A24 A25 A28					
Workshops or seminars [ON-SITE]	Guided or supervised work	A02 A04 A10 A13 A14 A15 A17 A20 A21 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07 C08	0.6	15	Y	Y	
Group tutoring sessions [ON-SITE]	Group Work	A02 A04 A05 A06 A07 A09 A10 A13 A14 A17 A20 A21 B01 B02 B03 B04 C01 C03 C05 C06	0.24	6	Y	N	
Final test [ON-SITE]	Assessment tests	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07	0.12	3	Y	Y	
Writing of reports or projects [OFF-SITE]	Group Work	A02 A04 A07 A10 A13 A14 A15 A20 A21 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07	0.8	20	Y	Y	
Other off-site activity [OFF-SITE]	Reading and Analysis of Reviews and Articles	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04	0.4	10	Y	N	
Study and Exam Preparation [OFF-SITE]	Self-study	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07	2.4	60	N	-	
<b>Total:</b>			<b>6</b>	<b>150</b>			
<b>Total credits of in-class work: 2.4</b>			<b>Total class time hours: 60</b>				
<b>Total credits of out of class work: 3.6</b>			<b>Total hours of out of class work: 90</b>				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

## 8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Other methods of assessment	30.00%	0.00%	
Final test	70.00%	100.00%	
<b>Total:</b>	<b>100.00%</b>	<b>100.00%</b>	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

### Evaluation criteria for the final exam:

#### Continuous assessment:

The final grade is obtained by adding the points earned, when applicable, with the elaboration of reports or work, the resolution of cases and / or problems to the qualification obtained in the final exam.

#### Non-continuous evaluation:

Evaluation criteria not defined

### Specifications for the resit/retake exam:

The evaluation will have the same characteristics as the ordinary call.

### Specifications for the second resit / retake exam:

The evaluation will have the same characteristics as the ordinary call.

## 9. Assignments, course calendar and important dates

### Not related to the syllabus/contents

Hours	hours
<b>Unit 1 (de 6):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	4
Workshops or seminars [PRESENCIAL][Guided or supervised work]	3
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	2
Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	8
<b>Unit 2 (de 6):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Workshops or seminars [PRESENCIAL][Guided or supervised work]	3
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	3
Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	2

Study and Exam Preparation [AUTÓNOMA][Self-study]	10
<b>Unit 3 (de 6):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	8
Workshops or seminars [PRESENCIAL][Guided or supervised work]	3
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	4
Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	13
<b>Unit 4 (de 6):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	10
Workshops or seminars [PRESENCIAL][Guided or supervised work]	3
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	5
Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	14
<b>Unit 5 (de 6):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	6
Workshops or seminars [PRESENCIAL][Guided or supervised work]	2
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	4
Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	10
<b>Unit 6 (de 6):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Workshops or seminars [PRESENCIAL][Guided or supervised work]	1
Group tutoring sessions [PRESENCIAL][Group Work]	1
Final test [PRESENCIAL][Assessment tests]	3
Writing of reports or projects [AUTÓNOMA][Group Work]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	5
<b>Global activity</b>	
<b>Activities</b>	<b>hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	36
Workshops or seminars [PRESENCIAL][Guided or supervised work]	15
Group tutoring sessions [PRESENCIAL][Group Work]	6
Final test [PRESENCIAL][Assessment tests]	3
Writing of reports or projects [AUTÓNOMA][Group Work]	20
Study and Exam Preparation [AUTÓNOMA][Self-study]	60
Other off-site activity [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	10
<b>Total horas: 150</b>	

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	City	ISBN	Year	Description
Ortega Garcia, Alicia	Enfermería en Geriatría Sociedad Española de Geriatría y Gerontología <a href="https://www.segg.es/">https://www.segg.es/</a> <a href="https://www.segg.es/">https://www.segg.es/</a> Instituto de mayores y servicios sociales <a href="https://www.imserso.es/">https://www.imserso.es/</a> <a href="https://www.imserso.es/">https://www.imserso.es/</a>	Formación Alcalá		13 9788418418815	2021	
García López, María Victoria. Rojas Ocaña, María Jesus	Enfermería del anciano	DAE	Madrid	978-84-92815- 99-9	2017	
Abizanda-Soler P, Rodríguez- Mañas L	Tratado de medicina geriátrica: Fundamentos de la atención sanitaria a los mayores Sociedad Española de Enfermería Geriátrica y Gerontológica <a href="https://www.seegg.es/">https://www.seegg.es/</a> <a href="https://www.seegg.es/">https://www.seegg.es/</a>	Elsevier	Barcelona	9788491132981	2020	
Villarejo Aguilar L	Atención de Enfermería a anciano pluripatológico Instituto Nacional de Estadística <a href="https://www.ine.es/">https://www.ine.es/</a> <a href="https://www.ine.es/">https://www.ine.es/</a>	MAD SL	Sevilla	978-84-676- 5620-6	2021	
Charlotte Eliopoulos	Gerontological Nursing	Wolters Kluwer		978-1975161002	2019	