



# UNIVERSIDAD DE CASTILLA - LA MANCHA

## GUÍA DOCENTE

### 1. General information

**Course:** HANDBALL PERFORMANCE

**Type:** ELECTIVE

**Degree:** 314 - DEGREE IN SCIENCES OF THE PHYSICAL ACTIVITY AND OF THE SPORT

**Center:** 8 - FACULTY OF SPORT SCIENCES

**Year:** 4

**Main language:** English

**Use of additional languages:**

**Web site:**

**Code:** 39336

**ECTS credits:** 6

**Academic year:** 2021-22

**Group(s):** 40

**Duration:** C2

**Second language:** Spanish

**English Friendly:** N

**Bilingual:** N

**Lecturer:** FRANCISCO SANCHEZ SANCHEZ - Group(s): 40

Building/Office	Department	Phone number	Email	Office hours
1.63	ACTIVIDAD FÍSICA Y CIENCIAS DEL DEPORTE	5524	fco.sanchez@uclm.es	

### 2. Pre-Requisites

Not established

### 3. Justification in the curriculum, relation to other subjects and to the profession

Not established

### 4. Degree competences achieved in this course

#### Course competences

Code	Description
A01	Develop the ability to collect and interpret data to make judgments that include a reflection on relevant social, scientific or ethical issues.
A03	Understand the scientific literature in the field of physical activity and sport in the English language and in other languages of significant presence in the scientific field.
A08	Understand and use common handbooks, as well as manuscripts and, in general, leading bibliography on subjects related to physical activity and sport, in order to prepare reports or solve specific problems that may arise.
A09	Develop learning skills necessary to undertake further studies with a high degree of autonomy.
B12	Plan, develop and control the training process at its different levels.
M1221	
M1222	
M1223	

### 5. Objectives or Learning Outcomes

#### Course learning outcomes

Description

### 6. Units / Contents

#### Unit 1:

Unit 1.1

Unit 1.2

Unit 1.3

Unit 1.4

Unit 1.5

Unit 1.6

#### Unit 2:

Unit 2.1

#### Unit 3:

Unit 3.1

Unit 3.2

#### Unit 4:

Unit 4.1

### 7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description

Class Attendance (theory) [ON-SITE]	Lectures	M1221 M1222 M1223	0.8	20	Y	Y
Class Attendance (practical) [ON-SITE]	Project/Problem Based Learning (PBL)	A09 M1221	1.04	26	Y	Y
Project or Topic Presentations [ON-SITE]	Debates	A01 A03 A08	0.36	9	Y	Y
Study and Exam Preparation [OFF-SITE]	Self-study	B12 M1221 M1222 M1223	1.3	32.5	Y	N
Writing of reports or projects [OFF-SITE]	Self-study	A01 A03 A08 A09	1.2	30	Y	Y
Analysis of articles and reviews [OFF-SITE]	Reading and Analysis of Reviews and Articles	A03 A08	1.1	27.5	Y	Y
Final test [ON-SITE]	Assessment tests	B12 M1221 M1222 M1223	0.1	2.5	Y	Y
In-class Debates and forums [ON-SITE]	Debates	A01 A09	0.1	2.5	Y	Y
Total:			6	150		
Total credits of in-class work: 2.4			Total class time hours: 60			
Total credits of out of class work: 3.6			Total hours of out of class work: 90			

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System			
Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Final test	30.00%	100.00%	
Theoretical papers assessment	60.00%	0.00%	
Assessment of active participation	10.00%	0.00%	
<b>Total:</b>	<b>100.00%</b>	<b>100.00%</b>	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of the competences).

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
<b>Hours</b>	<b>hours</b>
Project or Topic Presentations [PRESENCIAL][Debates]	9
Writing of reports or projects [AUTÓNOMA][Self-study]	30
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]	27.5
Final test [PRESENCIAL][Assessment tests]	2.5
In-class Debates and forums [PRESENCIAL][Debates]	2.5
<b>Unit 1 (de 4):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	9
Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]	15
Study and Exam Preparation [AUTÓNOMA][Self-study]	17.5
In-class Debates and forums [PRESENCIAL][Debates]	1
Group 40:	
<b>Initial date:</b> 31-01-2022	<b>End date:</b> 28-03-2022
<b>Unit 2 (de 4):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]	3
Study and Exam Preparation [AUTÓNOMA][Self-study]	3
Group 40:	
<b>Initial date:</b> 30-03-2022	<b>End date:</b> 06-04-2022
<b>Unit 3 (de 4):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]	5
Study and Exam Preparation [AUTÓNOMA][Self-study]	3
Group 40:	
<b>Initial date:</b> 20-04-2022	<b>End date:</b> 11-05-2022
<b>Unit 4 (de 4):</b>	
<b>Activities</b>	<b>Hours</b>
Class Attendance (theory) [PRESENCIAL][Lectures]	2
Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]	3
Study and Exam Preparation [AUTÓNOMA][Self-study]	3
Group 40:	

<b>Initial date:</b> 16-05-2022		<b>End date:</b> 18-05-2022
<b>Global activity</b>		
<b>Activities</b>		<b>hours</b>
In-class Debates and forums [PRESENCIAL][Debates]		3.5
Class Attendance (theory) [PRESENCIAL][Lectures]		15
Class Attendance (practical) [PRESENCIAL][Project/Problem Based Learning (PBL)]		26
Project or Topic Presentations [PRESENCIAL][Debates]		9
Study and Exam Preparation [AUTÓNOMA][Self-study]		26.5
Writing of reports or projects [AUTÓNOMA][Self-study]		30
Analysis of articles and reviews [AUTÓNOMA][Reading and Analysis of Reviews and Articles]		27.5
Final test [PRESENCIAL][Assessment tests]		2.5
<b>Total horas:</b> 140		

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
	Asociación de Entrenadores de Balonmano www.aebm.com					
	European Handball Federation www.eurohandball.com					
	Real Federación Española de Balonmano www.rfebmn.net					