



## 1. General information

Course: GERIATRIC NURSING

Type: CORE COURSE

Degree: 388 - UNDERGRADUATE DEGREE PROGRAMME IN NURSING (AB)

Center: 301 - FACULTY OF NURSING OF ALBACETE

Year: 3

Main language: Spanish

Use of additional  
languages:

Web site:

Code: 15316

ECTS credits: 6

Academic year: 2021-22

Group(s): 10

Duration: First semester

Second language: English

English Friendly: Y

Bilingual: N

Lecturer: EDUARDO CANDEL PARRA - Group(s): 10

Building/Office	Department	Phone number	Email	Office hours
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Lecturer: MARTA CAROLINA RUIZ GRAO - Group(s): 10

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## 2. Pre-Requisites

Not established

## 3. Justification in the curriculum, relation to other subjects and to the profession

Not established

## 4. Degree competences achieved in this course

## Course competences

Code	Description
A02	To know the use and indication of health products linked to nursing care.
A04	To know the use of medicines, evaluating the expected benefits and the associated risks and/or effects derived from their administration and consumption.
A05	To know and assess the nutritional needs of healthy people and people with health problems throughout the life cycle, promoting and reinforcing patterns of healthy eating behavior. To identify the nutrients and foods in which they are found. To identify the most prevalent nutritional problems and select the appropriate dietary recommendations.
A06	To apply the information and communication technologies in systems of health care.
A07	To know the physiopathological processes, their manifestations and the risk factors that determine the health and disease states in the different stages of the life cycle.
A10	To know and to identify psychological and physical problems derived from gender violence to train students in the prevention, early detection, assistance, and rehabilitation of victims of this form of violence.
A13	To apply the nursing process to provide and guarantee the well-being, quality and safety of the people served.
A14	To know and apply the principles that support comprehensive nursing care.
A15	To direct, evaluate and provide comprehensive nursing care to the individual, the family and the community.
A17	To know the health alterations of the adult, identifying the manifestations that appear in their different phases. To identify the care needs derived from health problems. To analyze the data collected in the assessment, prioritizing the problems of the adult patient, establishing and executing the care plan and perform its evaluation. To perform nursing care techniques and procedures, establishing a therapeutic relationship with patients and family members. To select interventions aimed at treating or preventing problems derived from health deviations. To have a cooperative attitude with the different members of the team.
A20	To understand the changes associated with the aging process and its impact on health. To identify the structural, functional, psychological and lifestyle modifications associated with the aging process.
A21	To know the most frequent health problems in the elderly. To select care interventions aimed at treating or preventing health problems and their adaptation to daily life through resources of proximity and support for the elderly.
A24	To know the most relevant mental health problems in the different stages of the life cycle, providing comprehensive and effective care in the field of nursing.
B01	To have proficiency in a second foreign language, preferably English, at the level of the Common European Framework of Reference for Languages.
B02	To master the Information and Communication Technologies (ICT).
B03	To demonstrate a correct oral and written communication.
B04	To demonstrate ethical commitment and professional deontology.
C01	Learning to learn.
C02	To solve complex problems effectively in the nursing field.
C03	To apply critical, logical and creative thinking, demonstrating innovation skills.
C04	To work autonomously with responsibility and initiative.
C05	To work in a team in a collaborative way and shared responsibility.
C06	To communicate information, ideas, problems and solutions clearly and effectively in a specific public or technical field.

## 5. Objectives or Learning Outcomes

### Course learning outcomes

#### Description

Perform the assessment of the individual with mental health disorders, establish nursing diagnoses and plan nursing care.

Know the health alterations and their manifestations in the adult and elderly.

Use the nursing care process holistically and ethically as a work tool, performing the assessment, identifying problems and prioritizing interventions in the adult and the elderly.

Use the different groups of drugs knowing their benefits and possible risks.

Use information and communication systems and technologies in health care.

Perform nursing techniques and procedures correctly.

Recognize situations of vital risk and know how to manage taking the necessary measures.

Select care interventions aimed at treating or preventing health problems and their adaptation to daily life through resources of proximity and support for the elderly.

Communicate with clarity concepts related to care and use of technical terminology in another language, if necessary.

Know which are the most relevant mental health problems in the general population and in the different stages of the life cycle.

Collaborate in the realization of techniques and procedures in an interdisciplinary way.

Understand the changes associated with the aging process and its impact on health.

Identify the most frequent health problems in the elderly.

Identify the physical problems arising from gender-based violence and act before them.

Identify the most prevalent nutritional problems, knowing the adequate dietary recommendations in the different health problems.

Identify and use health products linked to nursing care.

Identify the structural, functional, psychological and lifestyle modifications associated with the aging process.

## 6. Units / Contents

Unit 1:

Unit 2:

Unit 3:

Unit 4:

Unit 5:

Unit 6:

## 7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24	1.44	36	N	-	
Workshops or seminars [ON-SITE]	Guided or supervised work	A02 A04 A10 A13 A14 A15 A17 A20 A21 B03 B04 C01 C02 C03 C04 C05 C06 C07	0.6	15	Y	N	
Group tutoring sessions [ON-SITE]	Group Work	A13 A14 B02 B03 B04 C01 C03 C05 C06	0.2	5	Y	N	
Final test [ON-SITE]	Assessment tests	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B03 C02 C03	0.16	4	Y	Y	
Writing of reports or projects [OFF-SITE]	Group Work	B02 B03 B04 C01 C02 C03 C04 C05 C06 C07	0.8	20	Y	N	
Analysis of articles and reviews [OFF-SITE]	Self-study	B01 B02 B03 B04	0.4	10	Y	N	
Study and Exam Preparation [OFF-SITE]	Self-study	A13 A14 A15 A17 B03 B04 C01 C03	2.4	60	Y	N	
<b>Total:</b>			<b>6</b>	<b>150</b>			
<b>Total credits of in-class work: 2.4</b>			<b>Total class time hours: 60</b>				
<b>Total credits of out of class work: 3.6</b>			<b>Total hours of out of class work: 90</b>				

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

## 8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non- continuous evaluation*	Description
Laboratory sessions	10.00%	0.00%	
Final test	70.00%	100.00%	
Fieldwork assessment	20.00%	0.00%	
<b>Total:</b>	<b>100.00%</b>	<b>100.00%</b>	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject, an ordinary and an extraordinary one (evaluating 100% of

the competences).

9. Assignments, course calendar and important dates	
Not related to the syllabus/contents	
Hours	hours
Unit 1 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	12
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	1
Analysis of articles and reviews [AUTÓNOMA][Self-study]	1
Study and Exam Preparation [AUTÓNOMA][Self-study]	20
Group 10:	
Initial date: 13-09-2021	End date: 24-09-2021
Unit 2 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	11
Workshops or seminars [PRESENCIAL][Guided or supervised work]	3
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	5
Analysis of articles and reviews [AUTÓNOMA][Self-study]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	15
Group 10:	
Initial date: 27-09-2021	End date: 15-10-2021
Unit 3 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	5
Workshops or seminars [PRESENCIAL][Guided or supervised work]	3
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	5
Analysis of articles and reviews [AUTÓNOMA][Self-study]	1
Study and Exam Preparation [AUTÓNOMA][Self-study]	7
Group 10:	
Initial date: 18-10-2021	End date: 29-10-2021
Unit 4 (de 6):	
Activities	Hours
Class Attendance (theory) [PRESENCIAL][Lectures]	8
Workshops or seminars [PRESENCIAL][Guided or supervised work]	3
Group tutoring sessions [PRESENCIAL][Group Work]	1
Writing of reports or projects [AUTÓNOMA][Group Work]	4
Analysis of articles and reviews [AUTÓNOMA][Self-study]	2
Study and Exam Preparation [AUTÓNOMA][Self-study]	9
Group 10:	
Initial date: 22-11-2021	End date: 10-12-2021
Unit 5 (de 6):	
Activities	Hours
Workshops or seminars [PRESENCIAL][Guided or supervised work]	6
Group tutoring sessions [PRESENCIAL][Group Work]	1
Final test [PRESENCIAL][Assessment tests]	4
Writing of reports or projects [AUTÓNOMA][Group Work]	5
Analysis of articles and reviews [AUTÓNOMA][Self-study]	4
Study and Exam Preparation [AUTÓNOMA][Self-study]	9
Group 10:	
Initial date: 13-12-2021	End date: 22-12-2021
Global activity	
Activities	hours
Final test [PRESENCIAL][Assessment tests]	4
Writing of reports or projects [AUTÓNOMA][Group Work]	20
Class Attendance (theory) [PRESENCIAL][Lectures]	36
Group tutoring sessions [PRESENCIAL][Group Work]	5
Workshops or seminars [PRESENCIAL][Guided or supervised work]	15
Analysis of articles and reviews [AUTÓNOMA][Self-study]	10
Study and Exam Preparation [AUTÓNOMA][Self-study]	60
Total horas: 150	

10. Bibliography and Sources					
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year Description
Abizanda-Soler P, Rodríguez-	Tratado de medicina geriátrica: Fundamentos de la atención	Elsevier	Barcelona	9788491132981	2020

Mañas L	sanitaria a los mayores, 2edición				
García Hernández M	Enfermería y envejecimiento	Elsevier	Barcelona	978-84-45821-17-6	2012
Tabloski, Patricia A.	Enfermería gerontológica	Prentice Hall		978-84-8322-643-8	2010
Delicado Useros MV (Coord)	Sin respiro. Cuidadores familiares: calidad de vida, repercusión de los cuidados y apoyos recibidos	Talasa	Madrid	978-84-96266-36-0	2011
Candel Parra E					
García López MV, Rojas Ocaña MJ	Enfermería del anciano	Difusión Avances de Enfermería (DAE)	Madrid	978-84-92815-99-9	2017
Abizanda Soler P, Rodríguez Mañas L	Tratado de medicina geriátrica. Fundamentos de la atención sanitaria a mayores	Elsevier	Barcelona	978-84-90221-20-4	2015
Eliopoulos C	Enfermería gerontológica	Wolters Kluwer Health/Lippincott Williams & Wilkin		978-1-4511-7277-5	2014
Abizanda-Soler P, Cano-Gutiérrez C	Medicina Geriátrica. Una Aproximación Basada en Problemas 2ª edición	Elsevier	Barcelona	9788491135234	2021