UNIVERSIDAD DE CASTILLA - LA MANCHA
GUÍA DOCENTE

1. General information

Course: GERIATRIC NURSIG
Type: CORE COURSE
Degree: 391 - UNDERGRADUATE DEGREE PROGRAMME IN NURSING (TA)
Center: 16 - FACULTY OF SCIENCES OF THE HEALTH OF TALAVERA
Year: 3
Main language: Spanish
Use of additional languages:
Web site:

Code: 15316
ECTS credits: 6
Academic year: 2021-22
Group(s): 61 60
Duration: First semester
Second language: English
English Friendly: Y
Bilingual: N

Lecturer: BEATRIZ RODRIGUEZ MARTIN - Group(s): **60 61**

Building/Office	Department	Phone number	Email	Office hours
1.6	ENFERMERÍA, FISIOTERAPIA Y TERAPIA OCUP.	+34926051418	beatriz.rmartin@uclm.es	

2. Pre-Requisites

Not established. Student must be able to handle Moodle platform. In this platform will be available the materials for follow-up and development of the suject and all information about the course.

3. Justification in the curriculum, relation to other subjects and to the profession

The aim of this subject is to prepare students to provide nursing care in any action field (Hospital setting, outpatients, at home and socio-sanitary), to adults and elderly people with health problems based on principles of bioethics and human sciences, integrating knowledge, skills and attitudes related to promotion, prevention, treatment, recovery, rehabilitation, projecting the attention to the individual and the family.

4. Degree competences achieved in this course

Course competences

Code	Description
A02	To know the use and indication of health products linked to nursing care.
A04	To know the use of medicines, evaluating the expected benefits and the associated risks and/or effects derived from their administration and consumption.
A05	To know and assess the nutritional needs of healthy people and people with health problems throughout the life cycle, promoting and reinforcing patterns of healthy eating behavior. To identify the nutrients and foods in which they are found. To identify the most prevalent nutritional problems and select the appropriate dietary recommendations.
A06	To apply the information and communication technologies in systems of health care.
A07	To know the physiopathological processes, their manifestations and the risk factors that determine the health and disease states in the different stages of the life cycle.
A10	To know and to identify psychological and physical problems derived from gender violence to train students in the prevention, early detection, assistance, and rehabilitation of victims of this form of violence.
A13	To apply the nursing process to provide and guarantee the well-being, quality and safety of the people served.
A14	To know and apply the principles that support comprehensive nursing care.
A15	To direct, evaluate and provide comprehensive nursing care to the individual, the family and the community.
A17	To know the health alterations of the adult, identifying the manifestations that appear in their different phases. To identify the care needs derived from health problems. To analyze the data collected in the assessment, prioritizing the problems of the adult patient, establishing and executing the care plan and perform its evaluation. To perform nursing care techniques and procedures, establishing a therapeutic relationship with patients and family members. To select interventions aimed at treating or preventing problems derived from health deviations. To have a cooperative attitude with the different members of the team.
A20	To understand the changes associated with the aging process and its impact on health. To identify the structural, functional, psychological and lifestyle modifications associated with the aging process.
A21	To know the most frequent health problems in the elderly. To select care interventions aimed at treating or preventing health problems and their adaptation to daily life through resources of proximity and support for the elderly.
A24	To know the most relevant mental health problems in the different stages of the life cycle, providing comprehensive and effective care in the field of nursing.
B01	To have proficiency in a second foreign language, preferably English, at the level of the Common European Framework of Reference for Languages.
B02	To master the Information and Communication Technologies (ICT).
B03	To demonstrate a correct oral and written communication.
B04	To demonstrate ethical commitment and professional deontology.
C01	Learning to learn.
C02	To solve complex problems effectively in the nursing field.

C03	To apply critical, logical and creative thinking, demonstrating innovation skills.
C04	To work autonomously with responsibility and initiative.
C05	To work in a team in a collaborative way and shared responsibility.
C06	To communicate information, ideas, problems and solutions clearly and effectively in a specific public or technical field.
C07	To show sensitization in environmental issues.

5. Objectives or Learning Outcomes

Course learning outcomes

Description

Know the health alterations and their manifestations in the adult and elderly.

Identify the structural, functional, psychological and lifestyle modifications associated with the aging process.

Use the nursing care process holistically and ethically as a work tool, performing the assessment, identifying problems and prioritizing interventions in the adult and the elderly.

Use the different groups of drugs knowing their benefits and possible risks.

Communicate with clarity concepts related to care and use of technical terminology in another language, if necessary.

Know which are the most relevant mental health problems in the general population and in the different stages of the life cycle.

Collaborate in the realization of techniques and procedures in an interdisciplinary way.

Understand the changes associated with the aging process and its impact on health.

Use information and communication systems and technologies in health care.

Perform nursing techniques and procedures correctly.

Recognize situations of vital risk and know how to manage taking the necessary measures.

Select care interventions aimed at treating or preventing health problems and their adaptation to daily life through resources of proximity and support for the elderly.

Identify the most frequent health problems in the elderly.

Identify the physical problems arising from gender-based violence and act before them.

Identify the most prevalent nutritional problems, knowing the adequate dietary recommendations in the different health problems.

Identify and use health products linked to nursing care.

Perform the assessment of the individual with mental health disorders, establish nursing diagnoses and plan nursing care.

6. Units / Contents

Unit 1:
    Unit 1.1
    Unit 1.2
    Unit 1.3
Unit 2:
    Unit 2.1
    Unit 2.2
    Unit 2.3
    Unit 2.4
    Unit 2.5
    Unit 2.6
Unit 3:
    Unit 3.1
    Unit 3.2
    Unit 3.3
    Unit 3.4
Unit 4:
    Unit 4.1
    Unit 4.2
    Unit 4.3
    Unit 4.4
    Unit 4.5
    Unit 4.6
    Unit 4.7
Unit 5:
    Unit 5.1
    Unit 5.2
    Unit 5.3
Unit 6:

7. Activities, Units/Modules and Methodology

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	Description
Class Attendance (theory) [ON-SITE]	Lectures	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07	1.44	36	Y	N	
		A02 A04 A05 A06 A07 A10					

Workshops or seminars [ON-SITE]	Cooperative / Collaborative Learning	A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06	0.6	15	Y	Y	
Individual tutoring sessions [ON-SITE]	Guided or supervised work	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24	0.24	6	Y	N	
Final test [ON-SITE]	Assessment tests	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07	0.12	3	Y	Y	
Writing of reports or projects [OFF-SITE]	Group Work	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07	0.8	20	Y	N	
Analysis of articles and reviews [OFF-SITE]	Self-study	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04	0.4	10	Y	N	
Study and Exam Preparation [OFF-SITE]	Self-study	A02 A04 A05 A06 A07 A10 A13 A14 A15 A17 A20 A21 A24 B01 B02 B03 B04 C01 C02 C03 C04 C05 C06 C07	2.4	60	Y	N	
Total:			**6**	**150**			
Total credits of in-class work: 2.4					**Total class time hours: 60**		
Total credits of out of class work: 3.6					**Total hours of out of class work: 90**		

As: Assessable training activity

Com: Training activity of compulsory overcoming (It will be essential to overcome both continuous and non-continuous assessment).

8. Evaluation criteria and Grading System

Evaluation System	Continuous assessment	Non-continuous evaluation*	Description
Assessment of problem solving and/or case studies	10.00%	10.00%	
Other methods of assessment	20.00%	20.00%	
Final test	70.00%	70.00%	
Total:	**100.00%**	**100.00%**	

According to art. 4 of the UCLM Student Evaluation Regulations, it must be provided to students who cannot regularly attend face-to-face training activities the passing of the subject, having the right (art. 12.2) to be globally graded, in 2 annual calls per subject , an ordinary and an extraordinary one (evaluating 100% of the competences).

Evaluation criteria for the final exam:

Continuous assessment:

The final grade is obtained by adding the points earned, when applicable, with the elaboration of reports or work, the resolution of cases and / or problems to the qualification obtained in the final exam.

Non-continuous evaluation:

Evaluation criteria not defined

Specifications for the resit/retake exam:

The evaluation will have the same characteristics as the ordinary call.

Specifications for the second resit / retake exam:

The evaluation will have the same characteristics as the ordinary call.

9. Assignments, course calendar and important dates

Not related to the syllabus/contents

Hours	hours

10. Bibliography and Sources

Author(s)	Title/Link	Publishing house City	ISBN	Year	Description
Eliopoulos, Charlotte	Enfermería gerontológica /	Wolters Kluwer Health/Lippincott Williams & Wilkin	978-1-4511-7277-5	2014	
García Hernández, Misericordia	Enfermería geriátrica /	Masson,	9788445813966	2006	
Julia Gallos Estrada; Juan Gómez Salgado; Misericordia García Hernández	Enfermería Geriátrica y Gerontológica	Fuden	978-84-96690-23-3	2008	Colección Líneas de Especialización de Enfermería
Mauk, Kristen L.	Enfermería geriátrica: competencias asistenciales	Mcgraw-Hill	978-84-481-6396-9	2008	
Tabloski, Patricia A.	Enfermería gerontológica	Prentice Hall	978-84-8322-643-8	2010	
	Enfermería geriátrica : aspectos médico-legales /	Díaz de Santos,	978-84-9969-925-7	2015	