

## **UNIVERSIDAD DE CASTILLA - LA MANCHA**

# **GUÍA DOCENTE**

#### 1. General information

Cou	Irse: MASTER'S THESIS			<b>Code:</b> 310978				
Т	ype: PROJECT		ECTS credits: 6					
Degree: 2353 - MASTER DEGREE PROGRAMME IN LONG TERM NURSIN CARE				ING Academic year: 2019-20				
Cer	nter: 302 - FACULTY OF NUR	SING OF (	CUENCA	Group(s): 30				
Y	/ear: 1			Duration: SD				
Main langu	age: Spanish			Second language: English				
Use of additi langua				English Friendly: Y				
Web	site:			Bilingual: Y				
Lecturer: ALBEF	TO GONZALEZ GARCIA - Gr	oup(s): 30	)					
Building/Office	Department	Phone number	Email	Office hours				
3.07	ENFERMERÍA, FISIOTERAPIA Y TERAPIA OCUP.	4641	lalberto gonzalez@uclm.es	PRIMER SEMESTRE: Martes: 9-12 horas. Miércoles: 9-12 horas. SEGUNDO SEMESTRE: SEMANAS DE TEORÍA: Martes: 9-11 horas Miércoles: 11-13 horas Jueves: 11-13 horas SEMANAS DE SEMINARIOS: Martes: 9-12 horas. Miércoles: 9-12 horas.				

#### 2. Pre-Requisites

The Academic Comission of the Master will assign to the student a mentor who will be a doctor with teaching in the Master program. The Master's thesis will be evaluated once the student has passed all the remaining lectures of the Master program and therefore has all the necessary ECTS to obtain the Master's degree, except those corresponding to the Master's thesis itself.

The Master's thesis may be presented and defended either in English or in Spanish.

### 3. Justification in the curriculum, relation to other subjects and to the profession

The Master's thesis implies the realization by the student of a project, memory or original study and individually, under the supervision of a mentor, in which the knowledge acquired in the Master's degree is integrated and developed. This Master's thesis will allow to assess the knowledge and skills acquired by the student, taking into account the specialized nature of the degree and its professional orientation. Through the completion of the Master's thesis, the student has the opportunity to deepen the study of a topic of interest.

The Master's thesis must be oriented to train for the search, management, organization and interpretation of relevant data in their subject of study, to issue judgments and reflections on relevant aspects of social, scientific, technological or ethical, and facilitate the development of a thought and judgment critical, logical and creative according to the master level.

### 4. Degree competences achieved in this course

Course competences	
Code	Description
CB06	Possess and understand knowledge that provides a basis or opportunity to be original in the development and / or application of ideas, often in a research context.
CB07	Apply the achieved knowledge and ability to solve problems in new or unfamiliar environments within broader (or multidisciplinary) contexts related to the area of study
CB08	Be able to integrate knowledge and face the complexity of making judgments based on information that, being incomplete or limited, includes reflections on social and ethical responsibilities linked to the application of knowledge and judgments
CB09	Know how to communicate the conclusions and their supported knowledge and ultimate reasons to specialized and non-specialized audiences in a clear and unambiguous way
CB10	Have the learning skills which allow to continue studying in a self-directed or autonomous way
CE01	To know the applicable legislation, concepts and legal principles in situations of disability, dependency and long-term care.
	To conduct comprehensive and systematic assessments in changing situations of health, suffering, disability or dependence of the
CE02	person using the appropriate tools and frameworks, taking into account the most relevant physical, social, cultural, psychological, spiritual and environmental factors.
CE03	To understand the basic management tools of the health sector and the functions of health and social coordination and continuity of care of the population in need of long-term care.
CE04	To understand current health systems, their management policies at different levels of care, and the programming and evaluation instruments of health organizations.
CE05	To know the main psychological aspects of patient care in need of long-term care and family members.
CE06	To detect and manage basic and complex emotional processes, psychosocial problems and situations of emotional risk (chronic illness, death, grief), family members and of the professionals themselves, as well as identify the need for specialized intervention and make an appropriate referral to other professionals.
CE07	To establish an effective communication with patients and families using appropriate counseling skills, emotion management and coping strategies for self-control and effectiveness in situations of marked emotional impact.
CE10	To know how to apply the most appropriate multivariate statistical procedure to complex data in the health and social care field.
CE11	To know how to prepare a pertinent, rigorous and feasible research proposal that responds to a priority research problem in the health

CE12	and social care field. To know the main situations of disability, dependency and the need for long-term care based on the main stages of the individual's development: childhood and adolescence, adulthood and old age, as appropriate.
CE13	To identify the main difficulties in the treatment and care of patients with disabilities and dependency, facilitating changes in lifestyle.
CE14	To solve problems related to chronic and dependency processes by guaranteeing, through methodologies and instruments within the health field, the dignity and security, privacy, autonomy and cultural diversity of people.
CE15	To plan care, apply specific nursing techniques and evaluate the results for the promotion of well-being, comfort and quality of life for people with disabilities, dependency and need for long-term care according to the needs of the patient (adult and/or paediatric), primary caregiver, family, community, and other health and social agents.
CE16	To acquire communication skills and approaches to families in order to establish recommendations to improve the situation in which the child is.
CE17	To integrate nursing care both in the institutionalized and in the home settings of patients with mental health problems and people with cognitive impairment, for its prevention, treatment and rehabilitation.
CE18	To know the therapeutic potential of physical activity in the prevention of situations of disability and dependency and in the maintenance of functionality and personal autonomy, especially in older people.
CE19	To acquire knowledge, skills and attitudes necessary for nursing care oriented to the sick and their families in advanced and/or end of life situations that contribute to an increase in their quality of life and better coping with the death process.
CE20	To know the bioethical principles and their implication in decisions at the end of life.
CE21	To acquire skills to develop roles as trainer of formal and/or informal caregivers of people with disabilities, dependency, and in need of long-term care.
CE25	To design, develop, write, expose and defend a master's thesis related to the chosen research line.

### 5. Objectives or Learning Outcomes

## Course learning outcomes

### Description

The student must be able to work autonomously with tutored support.

The student must be able to apply the competences developed in the master program in a global way.

The student must be able to carry out a final master's thesis of professional orientation or research with scientific rigor.

The student must be able to show a correct oral and written exposition, and show ability to debate and defend arguments in an academic-scientific context.

### 6. Units / Contents

Unit 1: Development, public presentation and defense of a Master's thesis in the field of long-term nursing care.

Training Activity	Methodology	Related Competences (only degrees before RD 822/2021)	ECTS	Hours	As	Com	R	Description	
Writing of reports or projects [OFF- SITE]	Self-study	CB06 CB07 CB08 CB09 CB10 CE01 CE02 CE03 CE04 CE05 CE06 CE07 CE10 CE11 CE12 CE13 CE14 CE15 CE16 CE17 CE18 CE19 CE20 CE21 CE25	5.1	127.5	Y	Y	Y	Selection of the Master's thesis topic and preliminary collection c information to determine the problem or object of study. Design of the work, preparation and final writing of the Master's thesis.	
Individual tutoring sessions [ON- SITE]	Guided or supervised work	CB07 CB08 CB09	0.8	20	N	-	-	Individual meetings with the mentor for following-up and advising the Master's thesis. Exchange of opinion, debate, reflection, critical discussion between the student and his/her mentor.	
Project or Topic Presentations [ON- SITE]	Assessment tests	CB06 CB07 CB08 CB09 CB10 CE01 CE02 CE03 CE04 CE05 CE06 CE07 CE10 CE11 CE12 CE13 CE14 CE15 CE16 CE17 CE18 CE19 CE20 CE21 CE25	0.1	2.5	Y	Y		Public presentation and defense of the Master's thesis before a Tribunal.	
		Total:		150					
Total credits of in-class work: 0.9 Total credits of out of class work: 5.1					Total class time hours: 22.5 Total hours of out of class work: 127.5				

Com: Training activity of compulsory overcoming

R: Rescheduling training activity

8. Evaluation criteria and Grading System							
	Grading	System					
Evaluation System	Face-to-Face	Self-Study Student	Description				
Final test	100.00%	0.00%	Evaluation of Master's thesis public presentation and defense before the Tribunal according to the criteria of scientific quality, written and oral expository clarity, capacity for debating and argument defense.				

Total:	100.00%	0.00%	

### Evaluation criteria for the final exam:

The final numerical mark will be between 0 and 10, according to the current Spanish legislation in force. The Master¿s thesis will be evaluated by a Tribunal in accordance with the Regulations on the elaboration and defense of Master's Final Dissertations of the University of Castilla-La Mancha. The Tribunal will take into account the criteria of scientific quality, written and oral expository clarity, capacity for debating and argument defense.

# Specifications for the resit/retake exam:

The same as for the ordinary call.

Specifications for the second resit / retake exam:

The same as for the ordinary call.

9. Assignments, course calendar and important dates				
Not related to the syllabus/contents				
Hours hours				
Unit 1 (de 1): Development, public presentation and defense of a Master's thesis in the field	of long-term nursing care.			
Activities	Hours			
Writing of reports or projects [AUTÓNOMA][Self-study]	127.5			
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	20			
Project or Topic Presentations [PRESENCIAL][Assessment tests]	2.5			
Teaching period: Second semester				
Global activity				
Activities	hours			
Project or Topic Presentations [PRESENCIAL][Assessment tests]	2.5			
Writing of reports or projects [AUTÓNOMA][Self-study]	127.5			
Individual tutoring sessions [PRESENCIAL][Guided or supervised work]	20			
	Total horas: 150			

10. Bibliography and Sources						
Author(s)	Title/Link	Publishing house	Citv	ISBN	Year	Description
Huth, Edward J.	Cómo escribir y publicar trabajos en ciencias de la salud	Masson	Barcelona	84-458-0044-2	1992	
Argimón Pallás, JM; Jiménez Villa, J	Métodos de investigación clínica y epidemiológica	Elsevier	Barcelona	978-84-8086-941-6	2014	
Faus Gabande, F.; Santaainés Borredá, E	Búsquedas bibliográficas en bases de datos + StudentConsult	Elsevier	Barcelona	978-84-9022-113-6	2013	
Clanchy, John; Ballard, Brigid	Cómo se hace un trabajo académico. Guía práctica para estudiantes universitarios	Prensas Universitarias de Zaragoza	Zaragoza	84-7733-436-6	2000	
Eco, Umberto	Cómo se hace una tesis	Gedisa	Barcelona	84-7432-896-9	2006	
Contandriopoulos, AP	Preparar un proyecto de investigación	SG	Barcelona	84-87621-06-6	1991	
Polit, Denise F.; Hungler, Bernadette	Investigación científica en ciencias de la salud: principios y métodos	McGraw Hill	Madrid	970-10-2690-X	2000	
Gerrish, Kate; Lacey, Anne	Investigación en enfermería	McGraw Hill	Madrid	978-84-481-6390-7	2008	
Cervera Rodríguez, Ángel; Salas Parrilla, Miguel	Cómo se hace un trabajo escrito	Ediciones Laberinto	Madrid	84-87482-34-1	1998	
Pérez Martín, Santos	Normas de presentación de tesis, tesinas y proyectos	Universidad Pontificia Comillas	Madrid	978-84-87840-49-4	2007	